

SUMMER MENU

MONDAY

LUNCH

Creamed Sweetcorn
soup with Artisan Breads

Chorizo and Prawn Pasta
Bake

Chicken Shawarma

Roast Vegetable
Shawarma (V)(F)

Roast Chick Pea Cous
Cous, Houmous, Mint
and Cucumber Yogurt,
Pickled Red Cabbage,
Skinny Fries

Baked Potato, Baked
Beans

Iced Chocolate Cake,
Fresh Fruit, Fruit Salad,
Assorted Jellies

TUESDAY

LUNCH

Spiced Cauliflower Soup
Soup with Artisan Breads

Lasagne al Forno

Vegan Mince Lasagne

Tuna and Cheese Ciabatta

Cajun Wedges, Garlic
Bread, Mixed Olives,
Green Salad, Parmesan,
Charred Broccoli

Baked Potato, Baked
Beans, Penne Pasta
Neapolitan

Tiramisu, Fresh Fruit, Fruit
Salad, Assorted Jellies

WEDNESDAY

LUNCH

Classic Minestrone Soup
with Artisan Breads

Macaroni Cheese with,
Crispy Smoked Bacon,
Smoked Sausage or Garlic
Mushrooms.

Mushroom and Parmesan
Risotto (V)(F)

Jerk Chicken Legs.

Roast Potatoes, Buttered
Cabbage, Roasted Roots

Baked Potato, Baked
Beans

Steamed Sultana Sponge
with Custard, Fresh Fruit,
Fruit Salad, Assorted
Jellies

THURSDAY

LUNCH

Sweet Potato and Carrot
Soup with Artisan Breads

Breaded Chicken Katsu
Sauce/Sweet and Sour
Sauce with Egg Fried Rice,
Spring Rolls, Ginger & Soy
Green Beans

Peppered Mackerel with
Beetroot Salad

Vegetable Goulash With
Steamed Rice.

Herb New Potatoes

Baked Potato, Baked
Beans,, Fusilli Pasta with
Chorizo and Peppers

Ice Cream Bar with Sauces
and Toppings, Fresh Fruit,
Fruit Salad, Assorted
Jellies

FRIDAY

LUNCH

Cream of Mushroom Soup
with Artisan Breads

Breaded Haddock, Lemon
Sole Goujons served with
Lemon & Tartare Sauce

Battered Jumbo

Fish Tales!!

Vegan Piri Piri Bean
Burger (homemade)

Chips, Garden Peas,
Mushy Peas, Baked Beans

Baked Potato, Baked
Beans, Spaghetti &
Tomato sauce

Peach and Rhubarb
Crumble with Custard,
Fresh Fruit, Fruit Salad,
Assorted Jellies

SATURDAY

LUNCH

Vietnamese Coconut Soup
with Artisan Breads

BAGUETTES

Honey Roast Gammon,
Beef and Onion, Cajun
Chicken Strips, Cajun
Vegan fillets.

Crushed New Potato
Salad, Creamed
Sweetcorn Mixed Salad
and Sauces

Baked Potato, Baked
Beans

Raspberry and Lemon
Crumble Cake, Fresh Fruit,
Fruit Salad, Assorted
Jellies

SUNDAY