



Fremont Bulletin

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The Legend

By Arlene Yopez and Julissa Abonce Nieto

Growing up, Mr. Crowell had a rough childhood. His mother died when he was young. He became a teacher because he loves history and government. He says that helping a kid remember at least one thing is an amazing feeling. One piece of advice he would give to his students



is "always have a good attitude and get along with everyone." He also owns a real estate company and sells wholesale products online. If he were to change one thing about the

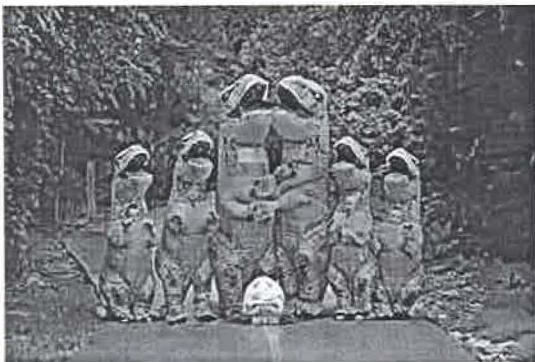
school it would be nothing because we have "great administrations and amazing teachers".

During his free time, he likes to spend time with his family and also likes to play sports, such as golf and basketball. The reason he is called "The Legend" is because 20 years ago he would challenge his students to beat him in running a mile in under 5 minutes. No one ever beat him, so he ran it backwards while grading papers and still no one has beaten him yet. Mr. Fernandez was even allegedly a witness to all this and so was the one who started to call Mr. Crowell "The Legend."

Viral Soon To Be Mother

By Julisa Abonce Nieto

A soon to be mother in Aubrey, Texas named Nicole Berkley went viral after posting a picture saying she was pregnant. The picture consisted of her four kids and her



husband with them in orange T-Rex costumes with a dinosaur egg in between her and her husband. She got this idea because her whole family are huge fans of

"Jurassic World," and she's always loved dinosaurs since she was a little girl. When she found out she was pregnant, she immediately thought of dinosaurs, so she went online and ordered orange T-Rex costumes. When she introduced the idea to her family, everyone thought she was crazy; her kids told her "but it's not even Halloween yet, mom." It took them quite some time in agreeing with the idea. It was the day of the photo shoot and everyone was having a great time laughing at each other. When she posted the picture on Facebook, she started noticing it was getting a lot of shares and likes, she then realized she was going viral nationally. She is extremely excited and can't wait for her baby next April.

Earthquake Do's and Don'ts

By Orion Gross, Ayumi Anderson, and Maya Lopez

What to do:

- Find cover under a sturdy structure that will protect your neck, back, head, shoulders, and face.
- Stay calm and remain in cover until told otherwise.
- Make sure to place your hands around your head and neck
- Avoid standing under a doorway and don't try to run outside in open space
- Wait for further instructions
- Move away from buildings and street lights
- Try to feel when the shaking stops

What not to do

- Panic and scream making a fuss
- Stress out other people
- Do not prioritize yourself over others
- (If outside) Do not stand near a building or tall trees
- **Do not attempt the triangle of life**
- Try to call others on the phone to see how they are



How Fast Can A Human Run?

By: Angelica Gonzales

According to Newsela, the fastest person currently recorded is the sensational, Jamaican athlete Usain Bolt. In the 2008 Summer Olympics in Beijing, China, he ran a 100 meter run in a whopping 9.58 seconds. And amazingly at one point of the race he managed 40 ft per second, which can also be equivalent to 24.3 mph.

The fastest runners tend to use less energy per step, which creates this lasting endurance and increased speed. And the ability to do this is usually inherited from parents, gender, or genetics, and distribution of muscles.

The fastest men in marathons are usually the young men ranging in ages between 25-29. Currently the three fastest male runners are Usain Bolt, Tyson Gay, and Asafa Powell; the three fastest females are Florence Griffith-Joyner, Carmelita Jeter, and Marion Jones. All three of these females are American.

Dennis Kimetto completed a 26.2 mile race in a world record of 2 hours, 2 minutes, and 57 seconds. Tirunesh Dibaba finished the same race in 2:17:56. Paula Radcliffe beat that, with a time of 2:15:25.



Advisor: Ms. Sweet, Journalism Members: Julisa Abonce Nieto, Donovan Aguilar, Joshua Alcantar, Ayumi Anderson, Maiah Callanan, Sonya Campo, John Chavolla, Brendan Estes, James Ferguson, Erick Garcia, Sandra Gastelum, Victor Godoy, Carlos Gomez, Angelica Gonzales, Orion Gross, Micah Hanegan, Andrew Huynh, Ashton Legaspi, Maya Lopez, Faith Luna, Jesus Lupian, Joshua Montes, Andrea Munoz, Carolyn Nguyen, Eliana Padilla, Lucas Power, Felicity Resendiz, HeavenLee Reyna, Jacqueline Ullrich, Gelina Valdez, Emma Watanabe, Kayla Young, Arlene Yopez

Do Video Games Cause Aggression?

By Joshua Montes, Sonya Campo, and Angelica Gonzales

Do video games actually cause aggression? That's been a question that has been asked for a long time now and this is what we think.

Before writing this editorial, we did a bit of research; meaning we just read one article and we found out that in that in 1972 the surgeon general issued a similar warning for violent television shows/movies. And now people are testing to see if video games that are violent cause aggression. Surprisingly, we found that they do cause aggression. Apparently they tested this theory by observing how kids who play a game with violent content react to the game. They found out that the kids who play these games do get aggressive when things don't go their way in the game while kids who weren't into these kinds of games didn't get as aggressive.



Now in our opinion, this happens because of the type of person they are; not if the game is necessarily violent. If you're a person who likes to play video games that don't have you shoot or fight, then of course, you won't get mad at the game you're playing. We conducted our own survey where we ask if people think video games made them violent. We found out that half of the people here at Fremont Middle School agree that video games cause aggression and the other half don't think so.

Tackle Football Suicide

By Sonya Campo

According to CNN, everything was looking normal for James Ransom, but after a game at West Covina High School, an opposite player hit James on the side of his head giving him a concussion.

Many days later after the incident James had been showing signs of obsessive-compulsive disorder and he seemed to get meaner and meaner. As days went by, his mom saw him in his room just staring at the ceiling. She came up to him and told him "Everything will be okay"

"No, it won't!" James said, and at that moment his mother knew that her own son wanted

to take his own life. She kept watching him every day and caught him every time he attempted to end his own life.

Weeks later, when it seem to have calmed down in the household, James went downstairs to get a drink of water and asked his mom about her day and what projects she was working on. After a while both talked about the incident which caused his brain injury. "I love you," his mom told James. "I love you too" he replied and hurried upstairs. This was the last time his mom ever heard his voice.



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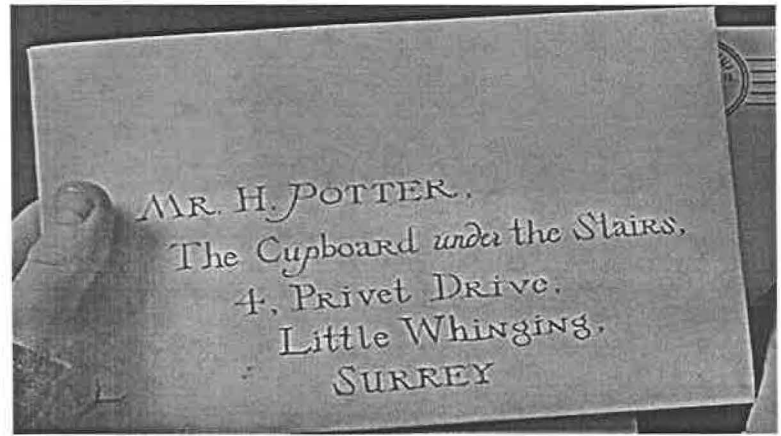
PURCHASE ONLINE OR
AT STUDENT STORE

CODE IS:
12366219

(Spoiler and Trigger Warning)

Harry Potter Sorcerer's Stone Review

By James Ferguson and Micah Hanegan



I solemnly swear I am very sorry Potterheads Club for spoilers. Let's start off with the origin of Harry Potter. One night, Harry Potter's parents were killed by Tom Marvolo Riddle, a.k.a. Voldemort, who gave Harry a lightning-shaped scar. Afterwards, the headmaster of Hogwarts drops him off at his abusive aunt and uncle's house, who for years punished him by having to live in the cupboard under the stairs, until one day when a mysterious letter arrives addressed to Harry Potter. After his Uncle Vernon had had enough of these mysterious letters, he had them go to an island where a mysterious Hagrid, who works for Hogwarts arrived, told Harry "You're a wizard, Harry."

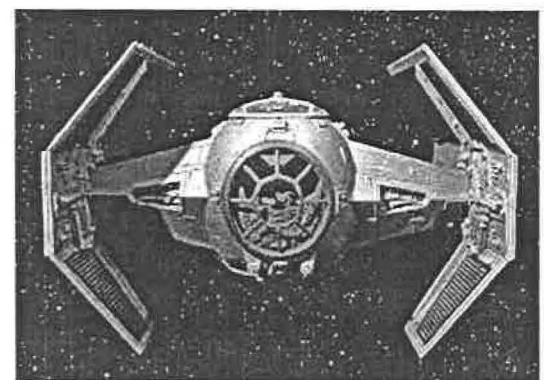
Harry gets dropped off at platform 9 ¾ and meets his soon-to-be best friend Ronald Weasley on the train. They meet a very smart and stuck up girl named Hermione Granger. Upon arrival to Hogwarts, Harry is chosen to be in the Gryffindor House. In the process, he met his later-to-be rival Draco Malfoy, a rich snob. In Hogwarts, his scar begins to hurt and Harry feels the presence of his eternal rival Voldemort. After getting through different puzzles, he opened a door and saw his teacher who revealed to have Voldemort on the back of his head. I think you know what happens next, well obviously Harry beats Voldemort, for now...

Star Wars Slowdown

By Carlos Gomez, Victor Godoy, and Erick Garcia

Disney CEO Bob Iger recently stated the Star Wars franchise "May have been a little too much in so little time." Disney's newest installment to the saga 'Solo: A Star Wars Story' failed critically in box office numbers. It accumulated 103 million dollars in its opening weekend compared to 'The Force Awakens' whopping 2 billion dollars. In December, 'The Last Jedi' received harsh reviews, and is now the lowest rated Star Wars film in the new trilogy.

From 1977 to 2005, a total of 6 films have been released, while in three years four motion pictures were introduced. Bob Iger did not say if it would impact any upcoming projects. "You can expect to have some slowdown, but that doesn't mean we're not going to make



films," Iger states. Earlier this year, director of "The Last Jedi," Ru Johnson and Game Of Thrones creators alike will write and produce a new trilogy of films. "But I think we're going to be a little bit more careful about volume and timing. And the buck stops here on that." Iger added that he "takes the blame." 'Solo: A Star Wars Story' had suffered from a rapid pace only 6 months after 'The Last Jedi.'

Racket On The Tennis Court

By Carolynn Nguyen

According to ESPN, Serena Williams vs. Naomi Osaka was the tennis match that made history, but the true heated match isn't even between them. It's between Carlos Ramos, the umpire, and Serena Williams. In the first place, the umpire gave Serena a series of fines due to name-calling such as thief, liar and sexist. Those names might not be entirely wrong. Some men tennis players have done 10x worse than Serena Williams, and did they get any violations? No. Also, instead of giving her a warning, Carlos went straight to giving her a game violation, the game violation that cost her the game and cost the crowd a possible third match. In the end, Serena Williams had to pay for a \$17,000 fine for her actions.



There are two sides to every story. And, Carlos Ramos has an interesting story to tell. First of all, when Serena Williams' coach looked like he was making hand signals to her, which is called coaching. Then, Carlos Ramos penalized her because coaching during a tennis match was against the rules. Serena Williams started calling him a liar and made a racket. Carlos Ramos was just following the rules by the book called ITF Grand Slam Rulebook. A later interview with Serena Williams' coach concluded that he was actually coaching her. Also, Serena seemed to have a bit over the top. She seems to have yelled at Carlos Ramos over and over again, which is considered verbal abuse. And due to her actions, Carlos Ramos had to take points away from her which made her tremendously furious. Then, she slammed her racket on the ground, which is considered tennis abuse and lost another point from this violation. Of course other men have done these same things too and didn't get violated, but it doesn't make what she did right. She still broke the rules in the end. There is only good and wrong, there is nothing in between. To wrap things up, this heated debate will be remembered in tennis history. Who do you think is in the wrong?

How Dangerous Is Cheerleading. Really?

By Andrea Muñoz

Many people underestimate the sport of cheerleading. Cheerleaders are most likely to get permanent disabilities due to a fall when cheerleading. Cheerleading is the most dangerous sport for women and is more life threatening than football. 66% percent of sports, leading to permanent medical conditions, belongs to cheerleading because, of the high falls, flips, kicks, and hair wips. About 30,000 cheerleaders have to be hospitalized and there is an average of 3 deaths a year. Most of the cheerleading injuries are to the head, neck, and spine. Before you even start cheerleading you need to sign a waiver so the company, school, organization, etc. doesn't have to pay for your recovery and medical costs.



Lots of others are always saying that cheerleading is easy, well its not. Plenty of girls and boys tryout and never make the team. You have to be flexible and be able to do toe-touches, herkies, splits, cartwheels, and be athletic. Cheerleading can also lead to sprained ankles, hands, wrists, arm, finger, leg, etc. You can also end up with bruises, broken bones, and permanent medical disabilities. In the end, cheerleading is considered one of the most dangerous sports for females.

Football Interview

By John Chavolla, James Ferguson and Donovan Aguilar



We interviewed two players on our own football team, Xavier Mendoza and Matthew Oseguera. Here's what we found out:

Q: When do you play?

A: Both: Tuesdays.

Q: What's the team like?

A: Xavier: Energetic.

Matthew: (Okay Sign)

Q: When do you practice?

A: Both: Mondays, Thursdays, Fridays.

Q: Why do you play football?

A: Xavier: Because It's fun.

Matthew: To be honest, I've always liked it. Plus, I like running, and the adrenaline rush of the game.

Q: How many wins and losses?

A: Both: 1 win, 3 loses.

Quidditch Becomes Real in the Muggle World

By Maiah Callanan

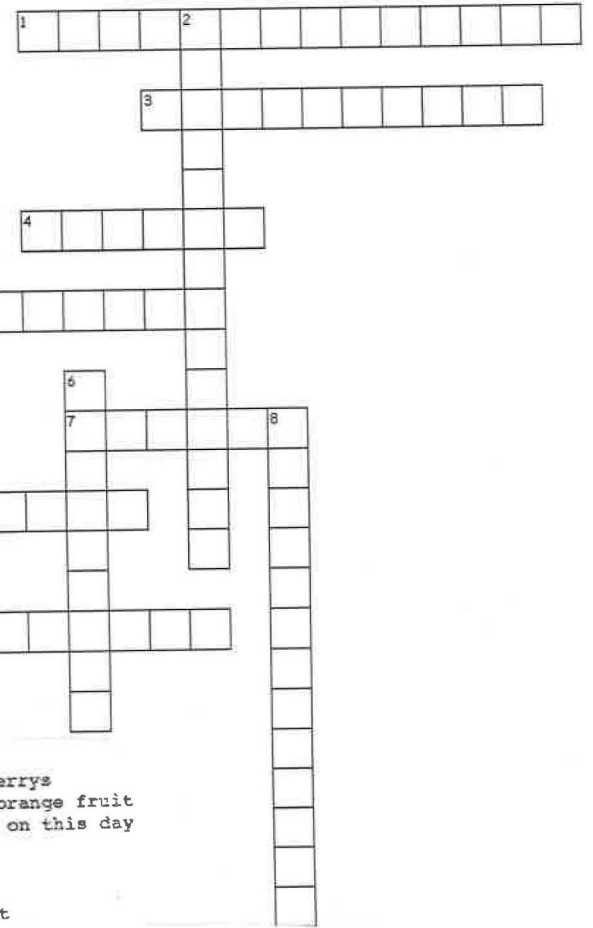
The game of Quidditch originates from the Harry Potter books by J.K. Rowling. Quidditch is played on Broomsticks, with three goal posts. There are three types of balls used in the game, the quaffle, the bludgers and the golden snitch and there are seven players, three chasers, one keeper, two beaters and one seeker. The chasers job is to get the quaffle and score it in one of the three goal posts and the keepers job is to protect those goal posts. The bludgers are balls that fly around and try to knock players off their broomstick, while the beaters job is to keep the bludgers away from their team members. The snitch is a tiny golden ball that when caught by the seeker, automatically gives their team 150 points, but because of how tiny the snitch is, it is very hard to find. The game ends only when the snitch is caught.

People across the globe have read Harry Potter and dreamed of making it a reality.

Since 2005, Middlebury College in Vermont, has been playing the "muggle version" of Quidditch. It is a mix of



dodgeball, rugby, hockey and basketball. The sport started getting more and more popular, and now hundreds of colleges have teams as well. There is even a 16-team pro league, major league quidditch and international competitions. In "muggle quidditch," they still have the quaffle, the bludgers and the snitch. Unfortunately, the snitch doesn't fly like it does in wizard quidditch. They have a player put a tennis ball on their waistband and the seeker has to grab it, just like they would have to in wizard quidditch. Instead of trying to knock players off of their brooms with bludgers, they try to hit the players and when hit, the player has to run to their side of the field, touch one of the three hoops and "remount" their broom. Besides from a few differences, real life quidditch is definitely very close to the quidditch made up by J.K. Rowling.



Q & A With Drama Club's Vice President,

Maiah Callanan

By Gelina Valdez, Carolynn Nguyen,
and Ashton Legaspi

Q: What do you do in Drama Club?

A: We do many things in Drama Club, such as acting, script writing, directing, hair styling, costume designing and musicals.

Q: What motivated you to join Drama Club?

A: I enjoy doing anything theatre related and I've learned a lot from my outside of school theater group. I thought it would be fun to teach other kids about theatre and I could possibly learn more from them.

Q: Who are the leaders of Drama Club?

A: There are many talented people in Drama Club, such as Mike Escobell (President), Myself (Vice president), Rosa Balderas (Secretary), Erick Garcia (Treasurer), Sabrina Vazquez (7th Grade Representative), Jake Machiel (6th Grade Representative), and Ms. Moore (Advisor). For more information, ask any of Drama Club's officers.

Q: When is Drama Club?

A: Drama club is on Mondays, from 3 to 4pm after school in Room 806.

Across

- 1. sauce that comes from cranberries
- 3. a orange pie made of a big orange fruit
- 4. the bird that you might eat on this day
- 5. a food that is a root
- 7. when you cut them you cry
- 9. green becolored beans
- 10. a pie made from a red fruit

Down

- 2. a tiny cabbage looking thing that most kids would not like
- 6. bread made of corn
- 8. a food from a root that is sweet

APOLLO
CYCLONE
DROID
GURU
HOVER
KINGHENRY
PORKCHOP
QUEENALEXA
QUEST
ROCKETMAN
SPACEGATOR
UNO

Q U E S T P H C S F O V R E A
K N U T G K O Z P B C O G N A
Q J H U L H V H A I C E X O X
P U R D R Z E P C K T G X L Z
N U E T O V R O E K V Z A C C
E C L E V E V T G C R M T Y O
U A N M N R M Q A E P O Q C G
C R A I I A S T T S R L P N V
B C J H N F L O O J H N U Q Y
F D U F R K E E R K E X X Y O
D S R P J G B W X J W R V L I
Y R N E H G N I K A R J L S C
N P O Y V F Z O N U M O G Y D
I C U I U C U S A I P M U Y O
C I L W D Y U J R A I M R R P



Congratulations for Awesome CAASPP Scores!

Ambrosio, Mia	Green, Brian	Rosas, Alizsa	Fernandez, Nathaly	Estes, Brendan	Legaspi, Ashton Noah	Moreno, Melissa
Camarillo Gaona, Raymond	Hanone, Louie	Segundo Garcia, Angeles	Fuentes, Joshua	Flores, Deja	Lopez, Lizeth	Quiroz, Aiondra
Castillo, Maria	Lopez, Mariah	Tresleras, Brooke	Gallegos, Isabella	Olejniczak, Kerry	Munoz, Andrea	White, Dennis
De La Torre, Kiera	Martin Del Campo, Kevin	Vazquez, Mathew	Garcia, Carlos	Anderson, Ayumi	Nguyen, Carolynn	Simmons, Taylor
Durdin, Brooklyn	Quiroz, Ashley	Villanueva, Helen	Garcia, Christopher	Arreola, Dalsy	Olaso, Gabrielle	
Espinoza, Makaila	Wedemeyer, Isabella	Myers, Jonathan	Gomez, Carlos	Diosdado, Silvia	Ramirez, Alberto	
Estrada, Andrey	Barba, Ian	Hueramo, Karla	Gonzalez, Itzel	Ramos, Ethan	Swank, Hannah	
Galicia, Elizabeth	Perez, Orlando	Mendoza, Adrien	Gross, Orion	Salinas, Jordan	Ullrich, Jacqueline	
Hurtado, Jessica	Gabbard, Rylan	Ramos, Miguel	Hernandez, Amaya	Santos, Brycen	Roque, Robert	
Irianda, Ana	Goetz, Gianah	Reyes Castro, Ian	Ignacio Esquivel, Rafaela	Valdez, Liliانا	Alvarado, Luis	
Kott, Matthew	London, Abigail	Santodomingo, Jaiden	Jimenez, Eduardo	Aguilar, Donovan	Ferguson, James Cameron	
Martinez, Elijah	Magana, Alyssa	Terada, Brent	Lee, Aaliyah	Alcantar, Joshua	Huynh, Andrew	
Miranda, Jayryl	Mawas, Jean Pierre	Cruz, Brianna	Lee, Soleil	Bianco, Yshi Ludibelle	Lopez, Aranza	
Romero, Yunuen	Pirtle, Cayden James	Henriquez, Sergio	Manriquez, Jacqueline	Lansangan, Viela Sophia	Prendergast-White, Delenah	
Searfus Rios, Alondra	Romero Garcia, Jorge	Moreno, Miguel	Munoz, Brianna	Olaso, Connor	Vargas, Yasir	
Carmona, Nicholas	Garnes, Samira	Orozco, Paloma	Niwa, Giselle	Ramirez Zepeda, Minneli	Peralta, Maryjhane	
Garcia, Nicole	Cabanillas, Vianey	Partida, Alexandra	Osborne, Evana	Spurlock, Kason	Watanabe, Emma	
Baulista, Katherine	Davey, Jasmine	Pirtle, Sophia Angelina	Rodriguez, Kimberly	Toch, Alexander	Martinez, Elias	
Camarena, Daniela	Esparza, Alixa	Andres, Alexis	Ruiz, Jaylene	Alvarez, Gabriel	Solano, Alexandro	
Chavira, Jacqueline	Estrada, Nia	Bui, Emma	Salcido, Genesis	Atashbar, Navid	Abarca, Evelyn	
Duvall, Ava	Garcia, Destiny	Callanan, Maiah	Santoyo, Diana	Barrera, Jessica	Albavera, Matthew	
Hernandez Gonzalez, Fatima	Hernandez, Veronica	Carbajal, Jonathan	Giron, Aaron Miguel	Gamez, Ethan	Arenas, Isabei	
Huynh, Lillian	Lupian, Jesus	Espinosa, Audrey	Abad, Aldred	Garcia, Uriel	Campo, Sonya	
Montes, Ethan	Monreal, Ashlee	Fierro Ortega, Nestor	Banaga Vasquez, Melinda	Hernandez, Alexandro	Cuara Franco, Perla	
	Resendiz De La O, Miguel	Fuentes, Danielle	Bravo, Jose	Luna, Faith	Escobell, Mike	



SPECIAL REPORT



Crowell On The National Debt

By Brendan Estes, Power, Angelica Gonzales, and Faith Luna

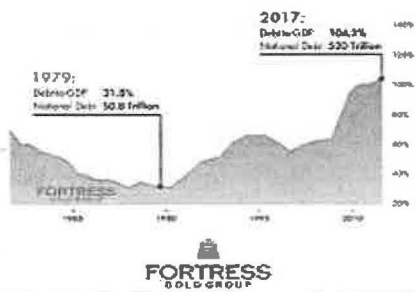
Has anyone been paying attention? Trump raised the national debt after he promised to lower it. When elected only a year ago the national debt was 19 trillion dollars, now it's 21 trillion and it doesn't seem like it's going to get lower anytime soon. Fremont, like many schools, is making matters worse. The government spends tons of money a year for free food at schools who apply for this grant. Half of the food is eaten by students and the other half is tossed onto the floor because students are forced to take items they won't eat! Mr Crowell, an Honors History teacher here at Fremont, states that the free and reduced lunches, even though it's a great program, causes tons of waste. And since the government pays for it all, we are wasting the government's money, worsening the debt by trillions.

As a society he says we can lower the debt by doing multiple things. We can lower the debt by being more cost effective. Crowell has seen schools waste iPads by throwing them out instead of refurbishing them. He also said that if we won't eat it, then don't take it. Another thing as a society we can do is pick up trash if we see it. He also said if once or twice a week everyone went out and picked up trash the school would be cleaned up in no time.

"We have millions and billions of starving people, said Crowell, "yet we will get about 2 or 3 packets of food and eat only one; then throw the rest away. The students are required to take so many items, but if they aren't gonna eat them why take it? It's just a travesty. We see kids litter thirty to forty times a day in the quad! He tells kids to pick it up. That's something we all need to change here at Fremont and in our nation. There's too much wastefulness.

Theoretically, if we all were to pick up trash at least 10 minutes at the beginning of the day, trash would be taken care of, and if we stop taking food we won't eat, we would potentially save the government trillions of dollars.

US NATIONAL DEBT HITS A RECORD \$20 TRILLION



FORTRESS GOLD GROUP

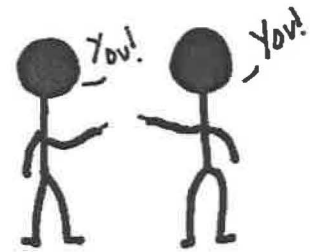
The Schoolwide Taste Test

By Andrea Munoz and Emma Watanabe

On Wednesday October 17, 2018 the students here at our school attended a school wide taste test in the cafeteria lounge. Many kids tried new foods and really liked them. One student, Alise, said that she tried the humus and pleasantly enjoyed it because of the great taste. Another student said, "Wow! I never really tried anything new on the menu, but after this, I will come here more often." After the taste test, many of the students liked almost everything on the menu.

About 25 kids went and all of them enjoyed the food that was served. The Director of Child Nutrition, Suzanne Lugotoff, went to this taste test and talked about how much time and effort it took to prepare food for more than 1,000 students here at Fremont. "The taste teste went very well and we might even replace a few of the old items."

Our school participates in CEP, which stands for Community, Eligibility, Provision. This program offers food to all the students for free. But please, don't litter on our campus and don't take this program for granted.



Have you noticed that the "Grab 'N' Go" is gone? It is gone because the students on campus continue to litter. Not pointing fingers or anything, but students should not be stepping on orange juice cartons. Don't forget to treat the campus nicely. Let's keep it clean!

What it Takes

By Emma Watanabe, Andrea Munoz, Sandra Y. Gastelum, and HeavenLee Reyna

The cafeteria staff begins arriving here at Fremont by 6:00 a.m every morning Monday through Friday just to prepare all the breakfast and lunches for all the students on our campus. Did you know there are 1,065 students on our campus?



Can you imagine that most of the food they prepare for all our students goes to waste? Well that's what our lunch staff deal with everyday because of the students wasting their food or just through the line for one specific item and throwing the rest on the ground or leaving it on random tables. I mean, just think, you put hard work into something like preparing healthy meals and then it's just wasted. Most work 8 hours at this school each day and they often stay to help clean up without getting paid.

Did you know there are about 100,000 food items that goes to waste worldwide each day and 1.3 billion tons wasted each year? Here at Fremont, we can put a stop to waste!

How about our wildlife? Our wasted food is eaten by the seagulls and that causes the birds to poop all over our campus. You may think it's not fair that we can't eat outside, but one of the reasons is the birds poop all over the quad and trash attracts rats! Yuck!

Recycle Day



Tuesdays

During Advisory

Better Earth, Better Life, Better Future



Saving Our Oceans from Environmental Ruin?

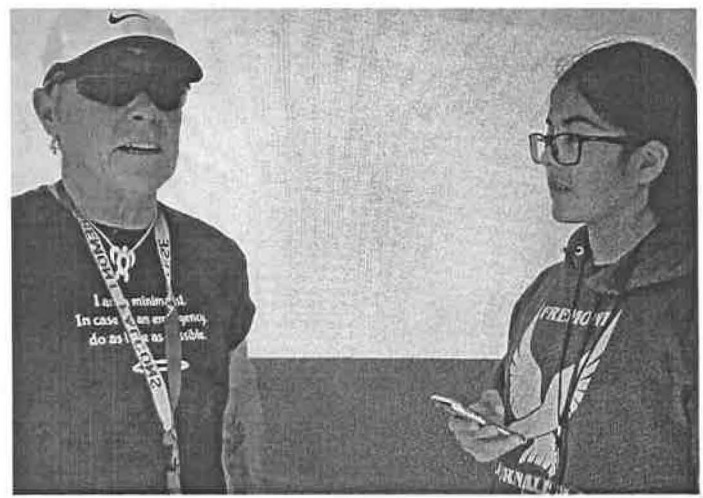
By Angelica Gonzales

Kieron Marks of CNN wrote an article titled "Plastic Plague: Can Our Ocean Be Saved from Environmental Ruin?" He begins to talk about The Great Pacific Garbage Patch, which is the hotspot of marine waste. It has 750,000 of microplastic pieces per square kilometer. He claims that the trash is insidious and only continues to increase. The 311 million tons of plastic produced in 2014 will double within the time span of 20 years. And plastic is a very durable source so it is not biodegradable (which is another detrimental thing about plastic) however it does photodegrade under sunlight. We should definitely do something about this. If we address more people on a larger scale, we can prevent the disappearance of certain species. They want to create a new sort of plastic that is biodegradable, which I can agree with. But the best thing to do here. I think, is to completely get rid of the plastic culture, and stop using it as a whole. After all, only 9% of the plastic in the U.S is recycled.

This article lists very good facts and convinced me to want to do something myself as a mere thirteen year old female. In other places in the country they have strict recycling quotas that must be met, or you can risk being fined. So why can we do that in the United States? What is so different about our situation? It will only continue to get filthier and more filthy as we let it continue. People carelessly litter and leave stuff by sewer drains that lead to the ocean. And when 10 dead chicks were cut open they were filled with plastic. Tuvalu was once a nice place till it lacked the disposal of trash. Out of the 30 islanders features in the film, 5 ended up having cancer and two dead in the past 18 months. It's truly saddening how lazy our world is becoming. There is only one Earth. The plastic is becoming us, in our air, in our soil, in our literal animal kingdom, and in ourselves.

This article has many strengths, much more than it has weaknesses. I found it to be an eye opening experience, as many would say. It told us where this thing was going on, and how soon it could get worse. I thought it should've featured some links, or locations for us to help the cause though. When I reacted to this I was overwhelmed with shock at just how much plastic was produced, and just how soon it could double in my own life time. I want this to have greater public awareness among the world to help our planet. We must get this addiction under control.

To finally conclude my response to "The Plastic Plague," I believe we should do more about this since we haven't even scratched the surface to fix all the damage we've done. Plastic is even found in our fish which can give animals tumors according to a lab. This slight awareness has brought initiatives all over the world, discarded fishing nets now being made into tiles, the beginning of creating new forms of biodegradable plastic, and strict laws in the world being made. This is a great start but for all the damage already made, but this is not yet going to be enough. The fact that we had this much trash in the beginning is utterly disgusting.



Trash Talk With Vettese

By Angelica Gonzales and Faith Luna

Ms. Vettese is a teacher here at Fremont. She's been working for 25 years here, but has been a teacher for 30 years. She started teaching Special Education, and where she earned her credentials, then she was a social studies teacher, and now she teaches Fremont PE.

In her opinion, she believes the trash issue here at Fremont has gotten out of hand, and has been getting progressively worse this year. "The trash this year in particular has gotten worse due to the fact that we have free food," she says. It's as if students don't value what they're getting, so they just decide to toss it on the floor like that.

We asked if she had any stories about this issue on campus, and she said she had seen the Opportunity Class taking this issue into their own hands by picking up trash for us. Props to them for taking responsibility!

"The staff should be out here putting a positive image," says Vettese. We can all improve as students and staff by addressing this issue head on. We can take responsibility and improve our school. "Every student on this campus is perfectly capable of bending over and picking up trash; it does not matter if it's yours, or somebody else's or where it came from. If you see it on the ground, it and needs to go in the trash, pick it up."

Students, we need to take pride in our school, this is indeed where we live for seven hours a day! Would you treat your own room like this? Your house? Why would you? Let's keep Fremont clean once and for all!

