



Fremont Bulletin

May 2021

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Q & A with Mr. Mendez

By Karolin

Q: Who inspired you to be a PE teacher there are other subjects such as math, science, and social studies. Why did you specifically choose PE?

A: I decided to choose PE because when i was a little kid i liked running and things like that. I liked activities that made me active so I decided to stick with what I liked since I was a little kid.



Q: How do you motivate students who don't usually workout or do an activity?

A: One biggest thing you can do or I try to do is get to know the students a little better because the more I know about my students the more I find more ways to motivate them. For some grades some it's a call

home for some it's finding their personal physical health they might have.

Q: What do you think is the most important thing in PE and why?

A: Finding an activity or something that you really enjoy doing that involves some physical movements is something that you can carry on for the rest of your life thats my whole goal in PE just to find an activity to really really enjoy.

Q: What do you think students like about PE and what do they not like?

A: They like to be with their friends and socialize more and find new activities I think that's what a lot of students really enjoy.

Memorial Day

By Isabella L. and Alicia H

Memorial Day is a day that we get to honor those that were lost in wars. Memorial Day is the last Monday in May and creates a three-day weekend for all federal employees. Cities and towns across the United States host Memorial Day parades each year Some of the largest parades take place in Chicago, New York and Washington, D.C. Americans also observe Memorial Day by visiting cemeteries and memorials. Some people wear a red poppy in remembrance of those fallen in the war, a tradition that began with World War I.



Q and A with Cruz Macias

By Bryan J

Q: How do you feel about Fremont?

A: It's nice. I like the teachers there. They are nice and respectful.

Q: Did you like distance learning?

A: No because it was very difficult. When teachers sent me links, I would get mixed up and I would press the wrong links and turn in the wrong assignment.

Q: How do you like your teachers?

A: They're nice, and they explain things to me properly.

Q: Would you prefer to go back to school normal again?

A: Yes, it would be better because the mask distracts you."

Q: Do you know your way around Fremont?

A: Majority.. half.. kinda.. a little bit.



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YEARBOOK

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History of Cinco De Mayo

By Sophia S, Alyssa C, and Jennifer R.

According to History.com, May 5 is when Cinco De Mayo is held. Cinco De Mayo is not just about celebrating Mexican independence, 'instead it commemorates a single battle' celebrated because in 1862 there was a battle between Puebla and the French Empire.

Charles Latrille de Lorencez was the general that led 6,000 French troops to attack Puebla De Los Angeles town in East-Central Mexico. Juárez only had about 2,000 troops to defend their city and they were easily



outnumbered.

After a terrible and bloody battle, the French finally retreated after losing nearly 500 soldiers. About 100 Mexicans had been killed in the clash as well.

May 5 represents a great symbolic victory for the Mexican government and bolstered the resistance movement. Puebla de Los Angeles was renamed for General Zaragoza, who later died of typhoid fever months after his historic triumph there.

In Mexico, they celebrate by throwing military parades, recreations of the Battle of Puebla and other festive events. However, it is not a federal holiday, so offices, banks and stores remain open.

In the 1960s, Chicano activists in the US raised awareness of the holidays because they wanna be known by the victory of the Indigenous Mexicans. Today we celebrate Cinco De Mayo with parades, parties, mariachi music, Mexican folk dancing and traditional foods such as tacos and mole poblano. You will find the largest festivals are held in Los Angeles, Chicago, and Houston.

Fun fact: Mexican independence was also already declared 50 years before the Battle of Puebla.

California Plans to Set Open on June 15

By Naomi M. and Jacqueline C.

Gavin Newsom stated on Tuesday that California is planning to reopen its economy by June 15 if people get enough Covid-19 vaccinations for everyone and for hospitals to remain stable. "...It is time to turn the page on our tier system and begin looking to fully reopen



California's economy," stated Gavin Newsom. There will be less restrictions on businesses and workplaces if certain conditions are met. The four-tiered,

color-coded system that is used to determine risk levels will be put to an end by the state as well.

Newsom's announcement came a little after a year of California shut down due to its unhealthy pandemic. Texas also decided to lift COVID restrictions and mask mandates, and allowed businesses to reopen, as well as welcoming a sporting event with more than 38,000 fans sitting side by side, despite CDC warnings. "We will need to remain vigilant and continue the practices that got us here – wearing masks and getting vaccinated – but the light at the end of this tunnel has never been brighter."

Community Fridges Among The Pandemic

By Katherine Bautista

According to Erika Page, ever since the pandemic has started many households and people have had a problem with hunger and food insecurity. People around the country began setting up community fridges around the blocks of many places for people who need it. Community fridges are fridges that are on a sidewalk or even in a neighborhood where people could give or take any food they need for free. There are about more than 160 community fridges all throughout the country. In Boulder, Colorado Taylor Stack and her friends brought a fridge to a Denver, Colorado sidewalk, so that people around the neighborhood could get free food from the fridge if they needed it.

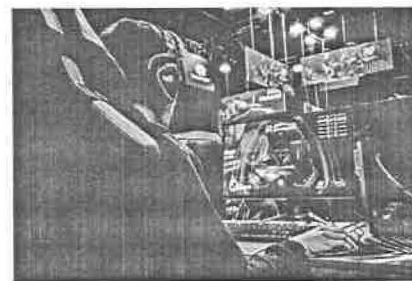


Some fridges have been shut down because of city health codes and permit requirements, but Mark Bucher and the Department of Parks and recreation agreed to have a partnership with Bucher's program Feed the Fridge. There are now 19 fridges all around Washington D.C. Donations that go to the program go to local restaurants while those restaurants provide meals for the fridges.

Benefits of playing video games

By Alyssa Castillo

Many People may say that video games are just a waste of time. But people that play video games have better eyesight and can see things when others can't. They can see multiple moving things. When you play video games you are also making your brain flexible. People that



play video games tend to make better strategies than others. When you play video games it can help you in the real world. It can teach you to never give up no matter how hard and to always to work hard. And when you play video games,

you don't just work hard, you also have to think smart to win. You can also make new friends. In my opinion, I think that video games are useful and can help you in the real world.

Sports News

By Omar and Christian

Brian Hartline is the wide receiver from the Miami Dolphins. Hartline was drafted in the fourth round (108th overall) in 2009 NFL. On October 4,



2009 he caught his first touchdown in his career. Hartline finished his rookie season with 31 receptions and 506 receiving yards. In the 2010 season he only played 12 games even though he did better statistically. He broke the franchise record for the Miami Dolphins with 253 receiving yards. He named the record "bittersweet" only because they lost that game. During

the off season Hartline stayed and signed a contract for 5 years, \$31 million, with \$12.5 million guaranteed. He suffered a torn PCL in the last regular season game against the New York Jets in 2014 so it forced him to end his season early. He led the team in receptions with 76, which is also a career-high, and finished his second consecutive year with over 1,000 receiving yards.

By Laphis

10. Rogue One

Not one of the greatest, but still really good, It shows how the rebels got the Death Star plans and it has one of the best space battles in the series.



9. Star Wars. Clone Wars

Split into two volumes, with excellent animation and action scenes, and introducing many iconic characters such as General Grievous and Durge, this is considered one of the first good Star Wars series.



8. The Mandalorian

As of now, the best new Star Wars content, the story and effects are great and it introduces many new and old characters.



7. Return of the Jedi

The final film of the original trilogy, it's nowhere near as good as its predecessors but it still concludes the trilogy on a high note.



6. Revenge of the Sith

Considered the best of the prequels, despite having a few flaws such as some bad acting and CGI, it concludes the prequels on a high note, showing Anakin's fall to the dark side, Order 66, the rise of the Empire, and having some of the best lightsaber and space battles in Star Wars

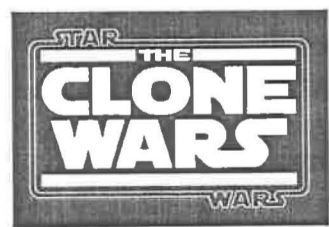


5. Knights of the Old Republic

One of the greatest video games ever made, Knights of the Old Republic, developed by BioWare, takes place almost 4,000 years before the rise of the Galactic Empire during the Jedi Civil War. Knights of the Old Republic has great gameplay and characters, one of the greatest plot twists, great worldbuilding, and it introduced Darth Revan and HK47

4. Knights of the Old Republic II- The Sith Lords

Just as good as the first, Knights of the Old Republic II, developed by Obsidian, starts five years after the events of the first game, follows the story of The Jedi Exile. Since the previous game, the Jedi Order has been almost completely wiped out by the Sith. It has a much darker and grey story and tone, improved combat, even better worldbuilding, and has probably the greatest villains in Star Wars besides Darth Vader and The Emperor.



3. Star Wars: The Clone Wars

An animated series set between Attack of the Clones and Revenge of the Sith during the Clone Wars. It gave characters from the films way more character development, introduced many

new characters and worlds, and explained a bunch of unexplained things from the prequels. Despite the first few seasons having lackluster animation and were honestly boring. The later seasons were great, with massive story arcs and excellent animation.



2. Star Wars

The first film, it's nearly perfect. It introduced everything.



1.The Empire Strikes Back

It had better special effects, more character development, more characters, and a better story

By Isabella Lopez

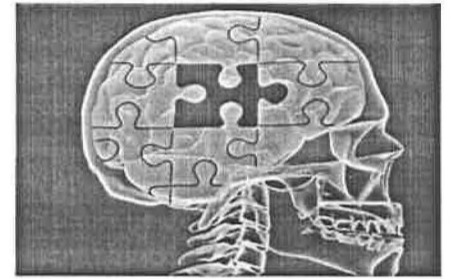
Is gaming good for kids? No. In my opinion, gaming is not good for kids and there are many reasons wh., For example kids could be playing video games with people they don't know and chances are they might be 7 years older than them. I'm not saying don't play video games, I'm just saying be careful with who you play with and don't play



with people you don't know. By the way this is all coming from a 13 year old girl that plays video games too. I love video games

too, and it's just something that I like to do when I have time, but I have experienced some things such as playing with people that are 15 years older than me and it's scary sometimes because if you think about it they can hack your account and figure out where you live and stuff like that. So in my advice be careful with who you play with.

On the other side of this debate, video games can be helpful. Did you know that some doctors use video games to warm up before a big surgery helps their brain? Research has shown that people who play video games such as Fortnite or Rocket League have higher visual acuity which means that they can see things in the fog or rain that other people can't see. Playing video games can teach you critical thinking skills. Think about how you can get bored playing a game in the easiest setting and how it suddenly becomes more fun again when you increase the difficulty. For some reason life can be more rewarding than video games. So yes video games are good for you... if you are cautious with who you play with.



Battle Royale Of the Joshes

By Jaden G.

Here's the latest in weird news...There was a pool noodle battle in Nebraska with people only with the name of Josh. One guy named Josh made a group chat with a bunch of other Joshes and was suggesting they should fight for the name Josh



as a joke. There were screenshots taken of the chat and the internet made memes out of it and the war began for the name. They started the fighting with the swainbowl, then followed with the noodle battle. Other people, no matter what name they had, joined the fight too. The "Josh fight" helped to raise \$10,000 for the Children's Hospital and Medical Center Foundation for Children across Nebraska. In the end, a little 5 year old, named Josh of course, won the title Josh.

Did you check Student Connect yet? Report Cards coming soon!!!

Poetry Terms Word Search

a h p b p t g t s i m i l e j
 e i b c o h v e v k h c k h g
 l m e d e e y l l n t c i h h
 x a h o m m t p o z y h f g f
 z l n t p e h u e m h b v r y
 x m o g y o b o o r r a e r z
 m m m d u r t c b o b e e o s
 a e m i f a t a h f a o k o t
 r p t k w o g p m h p r l g a
 q x y e n t a e j o d f w e n
 p x o e r t b d s e n i l a z
 c z l r e p e t i t i o n v a
 t o i m f e z b k n e s r e v
 p e r s o n i f i c a t i o n
 n o i t a r e t i l l a p e i

- Alliteration
- hyperbole
- Metaphor
- personification
- rhythm
- stanza
- verse
- Couplet
- language
- meter
- poem
- rythme
- theme
- free
- lines
- onomatopoeia
- repetition
- Simile
- tone

Top 10 Fremont Favorite Movies

By Elijah Martinez

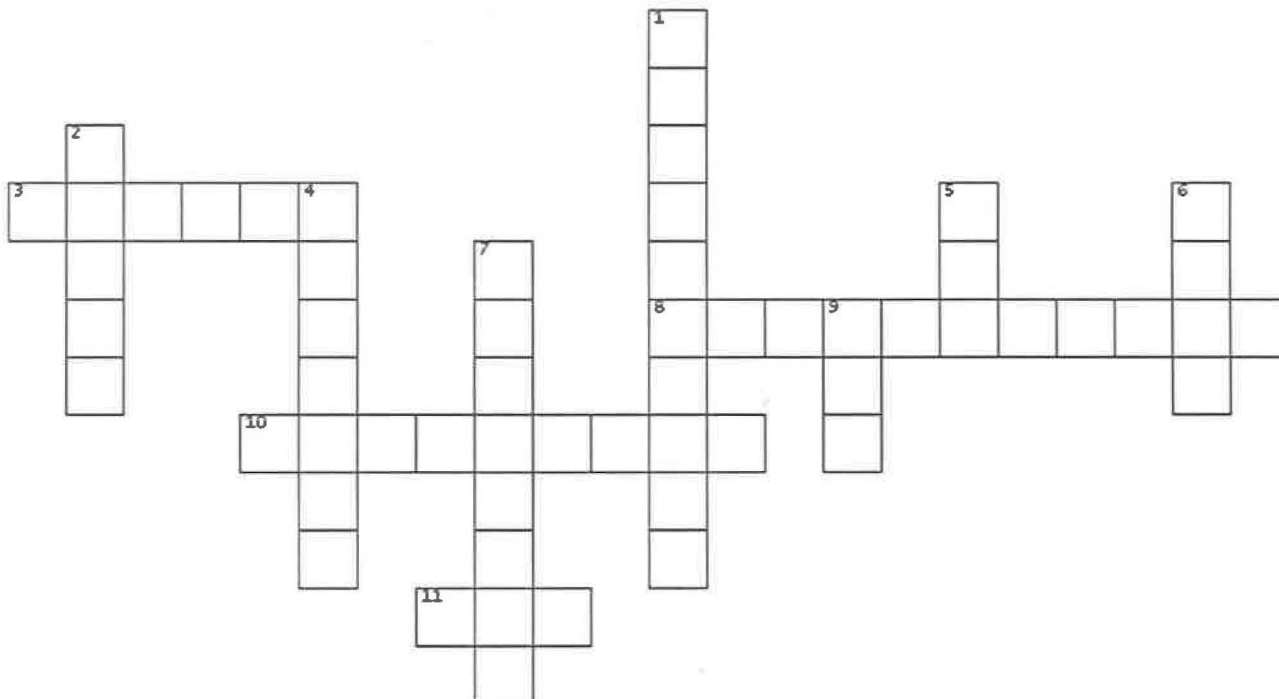
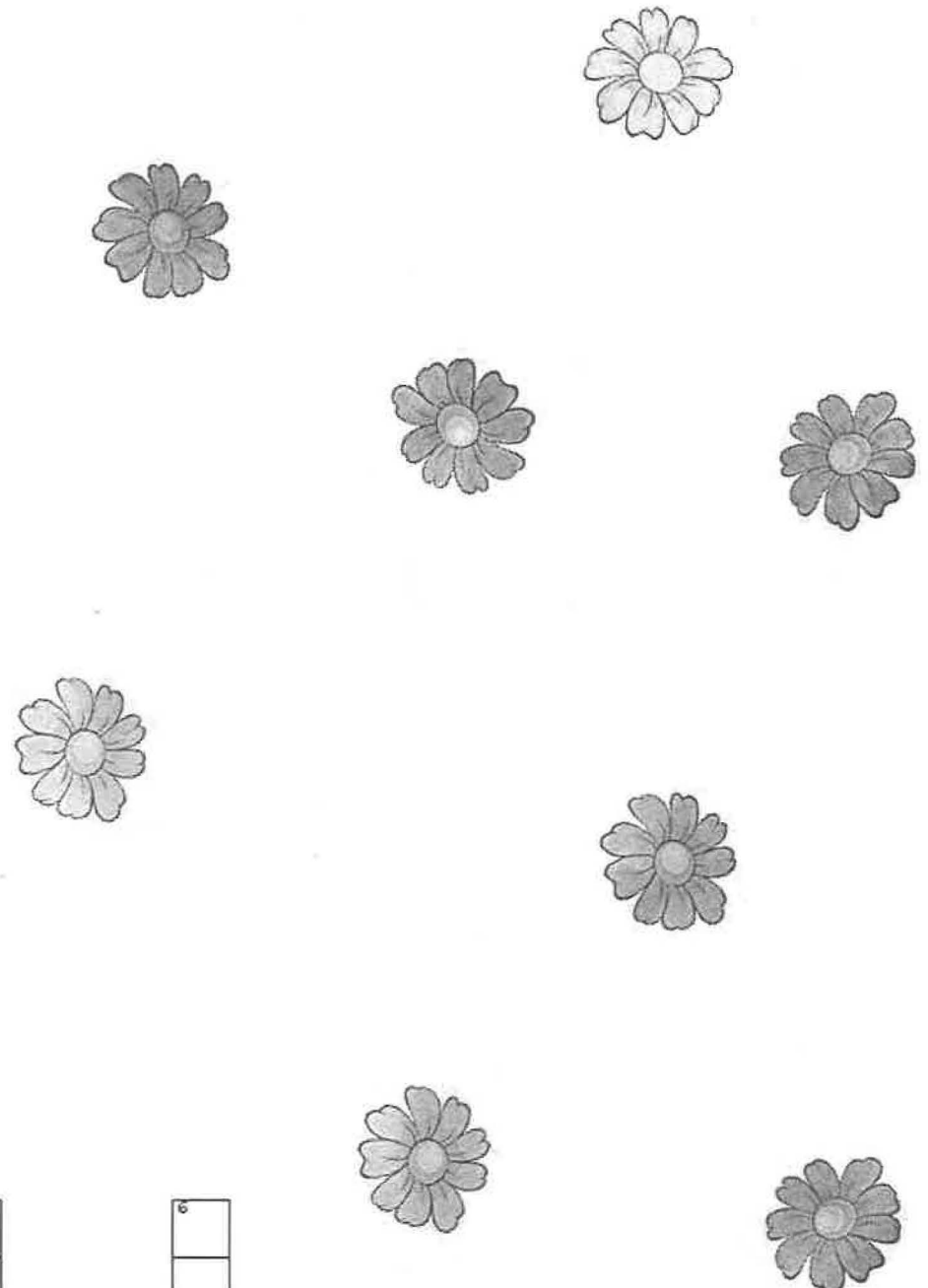
10. The Goonies
9. The Conjuring
8. It
7. Godzilla vs Kong
6. Back to the Future
5. Harry Potter and the Seven Deathly Hallows
4. Ghostbusters
3. Jurassic World
2. Halloween
1. Avengers Endgame



Earth Day

By: Abigail, Natalia, and Mariah

Earth Day is celebrated on April 22nd every year to raise awareness about pollution and to celebrate our planet. In 1970, Senator Gaylord Nelson created Earth Day as a way to get environmental issues onto the national agenda. Earth Day started as an activist organization to help the Earth, since then more than 193 countries and over 1 billion people each year do something to celebrate Earth Day. Anyone can celebrate Earth Day, a few ways participate is by cleaning up your neighborhood, planting a plant, finding ways to recycle your trash, and etc.



ACROSS

3. on trees
8. a bird that can fly backwards
10. an insect with colorful wings
11. an insect that collects pollen and makes honey

DOWN

1. a rodent that is native to western South America
2. an animal that has black and white stripes
4. a bird that you always see at the beach
5. shines bright in the sky during the day
6. the planet after Earth
7. a flower that is purple and can induce sleep
9. the fifth month of the year