

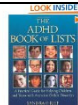
Parent Mentor Resource Library

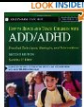
Available August 1, 2020-May 1 each year.

Books will be loaned **one at-a- time** to students, families, educators, and agencies of **Champaign County** for a 21 day period, DVD's are loaned for a 7 day period.

To borrow a material, call or email Jacqueline Howley at 937-484-1557 Ext. 108 or jacqueline.howley@mccesc.org

ADHD/ Impulse Control

Title	Author	Keyword-Subjects	Number
ADD-Friendly Ways to Organize Your Life	 Judith Kolberg, Kathleen Nadeau	This book focuses on the challenges of adults with ADHD. Provides organizational skills for life, allowing energy to be focused on strengths, through the use of humor and compassion. Helpful and entertaining.	ADHD 1
ADHD: 102 Practical Strategies for Reducing the Deficit- for multiple and single students.	 Kim "Tip" Frand, Susan Smith-Rex	ADHD: 102 Practical Strategies for Reducing the Deficit was written with parents of children with ADHD and professionals working with ADHD children in mind.	ADHD 2
ADHD Book of Lists A practical Guide for Helping Children and Teens with Attention Deficit Disorders	 Sandra F. Rief	<i>The ADHD Book of Lists</i> is a comprehensive, reliable source of answers, practical strategies, and tools written in a convenient list format.	ADHD 3
Answers to Distraction	 Edward M. Hallowell John J. Ratey	An reference that covers every aspect of ADHD: from identifying symptoms & diagnosis, to treatment options, as well as day-to-day advice on how you or a loved one can live a normal life with ADHD	ADHD 4
Creative Coaching— A support group for children with ADHD with curriculum-based activities.	 Nancy McDougall Janet Roper	Provides you with activities, games and hints on how to lead a support group for children with attention disorders. This motivational resource offers a vast collection of fresh ideas, useful to anyone working with ADD or ADHD youth.	ADHD 5
Delivered from Distraction : Getting the Most Out of Life with Attention Deficit Disorder	 Edward Hallowell John Ratey	The authors survey the medical landscape concerning ADHD, combining their own observations with research to paint a complex and, positive picture of the condition than has generally been presented.	ADHD 6
Driven to Distraction Recognizing and Coping with Attention Deficit Disorder (Revised):	 Edward M. Hallowell John J. Ratey	Explores the varied forms ADHD takes. Dispels myths, offers coping tools, & gives an accounting of treatment options & tips for dealing with a diagnosed child, partner, or family member.	ADHD 7

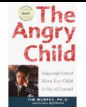
Forms for Helping the ADHD Child	 Lawrence Shapiro,	45 easy to use forms for helping children with ADHD. Forms, charts & checklists for coaching children with ADHD Covers a wide range of approaches.	ADHD 8
The Gift of ADHD Activity Book 101 ways to turn your child's problems into strengths.	 Lara Honos-Webb,	Organized by strengths that can be developed in a child. Offers simple activities that parents do with their child-often in just a few minutes-to help develop them.	ADHD 9
How to Reach and Teach Children with ADD/ADHD Practical Techniques, strategies and interventions	 Sandra F. Rief	Offers myriad real-life case studies, interviews, and student intervention plans for children with ADD/ADHD. The book contains best teaching practices and countless strategies for enhancing classroom performance for all types of student.	ADHD 10
Meeting the Challenge	 Jim Fay	Will help develop attention skills, gain teaching time by delaying the consequence, and learn techniques to gain cooperation at home and school.	ADHD 12
Parenting Children with ADHD: 10 lessons that Medicine cannot teach.	 J. Vincent Monastra	Gives parents a framework for building a successful parenting program at home. Vincent Monastra presents a series of ten lessons that are essential for promoting the success of kids with ADHD.	ADHD 13
SCOPE – Student Centered Outcome Plan and Evaluation	 Joyce Kubik	Teaches students to empower their lives with education. Support students with AD/HD and write the least restrictive education plan.	ADHD 14
Stop and Think-Impulse Control — More than 120 activities & reproducible worksheets to help children learn how to be the boss over their impulses (Grades 1-5)	 Tonia Caseman	This book provides activities and reproducible worksheets to help students think about and practice strategies to become more reflective (vs. impulsive).	ADHD 15
Taking Charge of ADHD: The Complete, Authoritative Guide for Parents Third Edition	 Russell Barkley	Resource gives information you about ADHD & its treatment. 8-step behavior management plan specifically designed for 6-18-year-olds with ADHD. The 3rd edition includes facts about medications and about what causes ADHD.	ADHD 16
Understanding Girls With ADHD- Recognize and help girls with ADHD.	 Kathleen Nadeau	Educational & treatment needs of girls discussed in a solution-oriented fashion. The needs & issues of girls with attentional problems: why they are often undiagnosed, how they are different from boys, & what are their special needs.	ADHD 17

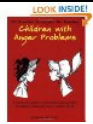
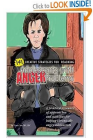
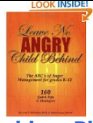
Unraveling ADHD: How I turned my greatest deficit into my greatest asset	 Joyce Kubik	How to turn a deficit into an asset, how to become successful, graduate from high school or even college.	ADHD 18

Advocacy/ Self Advocacy

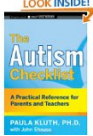
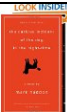
Title	Author	Keyword-Subjects	Number
Listening to the Experts- Students with Disabilities Speak Out	 Elizabeth Keefe, Veronica Moore, Frances Duff	Advocacy, biography, inclusion, IDEIA, NCLB, What's the best way to find out what really works-and doesn't work- in education for students with disabilities? Listen to the experts: the students themselves!	ADV 1
The School Savvy Parent 365 Insider Tips to Help you help your child	 Rosemarie Clark Donna Hawkins, Beth Vashon,	Positive, practical tips to make you a savvy supporter of your child's education. Tips on starting the school year, health & safety, talking with teachers, volunteering at your child's school, & much more.	ADV 2
Self-Advocacy Skills for Students with Learning Disabilities	 Henry B. Reiff, Ph.D.	Filled with strategies, and resources, & research about successful adults with learning disabilities, to promote self-advocacy. Useful and practical information	ADV 3 ADV 4
Wrightslaw: From Emotions to Advocacy The Special Education Survival Guide	 Peter W.D. Wright Pamela Darr Wright	Learn your child's educational needs, how to create a method for organizing your child's file & develop a plan for your child's special education. Understand parent-school conflict, & effective letter writing. Book includes dozens of worksheets, forms and sample letters.	ADV 5

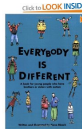
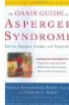
Anger Management/Control

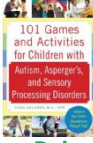
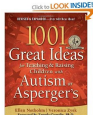
Title	Author	Keyword-Subjects	Number
The Angry Child- Regaining Control When Your Child is Out of Control	 Timothy Murphy, Loriann Hoff Oberlin	When a child's anger threatens to jeopardize his school and social life and introduces an element of strain into the family dynamics that affects every member, it's time for a parent to ask: When is angry too angry?	ANG 1

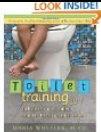
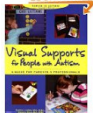
131 Creative Strategies : for reaching Children with Anger Problems (K-8)	 Tom Carr	Resource of approaches & activities for helping chronically angry children. Guide of strategies & activities for helping angry children, provides teachers, counselors and parents with numerous strategies for dealing with the challenges they face attempting to reach and help these students.	ANG 2
141 Creative Strategies for reaching Adolescents with Anger Problems	 Tom Carr	A practical resource for approaches and activities for helping chronically angry adolescents (grades 6-12) –reproducible student worksheets you can use to help chronically angry adolescents!	ANG 3
Leave No Angry Child Behind— The ABC's of Anger Management for grades K-12—160 quick tips and strategies	 Anna McFadden, Ph.D. Kathy Cooper, M.S.W	Anger management tips and strategies for teachers, administrators, counselors, resource officers, social workers, psychologists & parents. Anger related behavior is often unplanned and unintentional, related to delays in development and problems with skills of flexibility & the ability to tolerate frustration.	ANG 4

Autism Spectrum Disorders

Title	Author	Keyword-Subjects	Number
Activity Schedules for Children With Autism: Teaching Independent Behavior Second Edition	 Lynn E. McClannahan Patricia Krantz	Activity schedules that cue a child to follow a sequence of steps. Learners are taught using a system of graduated guidance--physical prompts systematically faded as performance increases. Once the individual has mastered their use, he or she can independently follow a schedule to engage in activities.	AUT 1
Asperger's Syndrome- A guide for Parents and pros	 Tony Attwood	<i>The Complete Guide to Asperger's Syndrome</i> is the definitive handbook for anyone affected by Asperger's syndrome (AS). It brings together a wealth of information on all aspects of the syndrome.	AUT 2
The Autism Checklist: A Practical Reference for Parents and Teachers	 <u>Paula Kluth</u> John Shouse	Guide offers a better understanding of children on the autism spectrum & provides the kinds of support and & intervention they need. Written in a checklist format, the book is filled with advice, & resources on a range of topics. Covers 5 areas: basic information, checklists for parents, & checklists for teachers, effective support strategies, and resources.	AUT 3
The Curious Incident of the Dog in the Night-time		Novel—Christopher Boone has no understanding of human emotions. He can't stand to be touched. This improbable story of Christopher's quest to investigate the death of a neighbor's	AUT 4

	Mark Haddon	dog makes for an unusual novel.	
Developing Talents: Careers for Individuals with Asperger Syndrome and High-Functioning Autism	 Temple Grandin and Kate Duffy,	How to choose a career and succeed with high functioning autism. Lots of great tips to prepare for the post-secondary life.	AUT 5
Everybody is Different- A Book for young people who have brothers or sisters with autism.	 Fiona Bleach	This book gives answers to the many questions brothers and sisters of young people on the autism spectrum have about their siblings.	AUT 6
The Everything Parent's Guide to Children with Autism: Expert, reassuring advice to help your child at home, at school, and at play	 Adelle Jameson Tilton	Children with autism require special strategies, & parents must learn how to think <i>with</i> their child. Full of information, expert advice, & positive techniques, this guide is the tool you & your family need to make the most of every day--one interaction at a time	AUT 7
Look Me In the Eye, My Life with Asperger's	 John Elder Robinson	The Author 40 when he was diagnosed with Asperger's syndrome. That understanding transformed the way he saw himself. Robison has written a moving, funny memoir.	AUT 8
Meaningful Exchanges for People with Autism -An introduction to augmentative and alternative communication	 Joanne M Cagier	This resource introduces parents and practitioners to ways they can make interactive communication as easy and meaningful as possible for people with ASDs, young and old.	AUT 9
The Oasis Guide to Asperger's Syndrome	 Patricia Romano ski Bashed M.S. Ed., & Barbara Kirby	Advice, support, insight and inspiration includes new information on diagnosis and evaluation, medication and therapies, social skills development, completely revised and updated	AUT 10
OCALI's Parents Guide to Children on the Autism Spectrum	OCALI Can also be accessed on ocali.org	This manual provides an overview of the world of autism spectrum disorders (ASD). It was developed by Ohio parents of individuals with ASD who have a broad range of experience with interventions, resources, and services.	AUT 11
Rice Krispies with Ketchup: A Comedians Journey with an autistic child	 Kirby Smith	An honest account of a family's struggle with loving a child with special needs. The lessons learned are equal parts heartbreaking, hilarious, and uplifting. Smith finds a way to come to peace with his son's challenges, motivates and	AUT 12

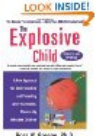
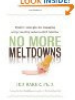
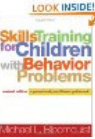
		provides hope.	
Simple Strategies That Work - Helpful Hints for all educators of students with Asperger's syndrome, high-functioning autism and related disabilities.	 Brenda Smith Myles, Diane Darion, Dena Gitlitz	This book provides effective strategies that teachers can take to help their student with AS/HFA. The book discusses problems that may arise in the inclusion classroom and how educators can make adjustments to accommodate their students with autism, not interfering with standard classroom routines.	AUT 13
Strategies at Hand: Quick and Handy Strategies for Working with Students on the Autism Spectrum	 Robin Brewer Tracey Mueller	Easy-to-implement strategies that can be used in all types of educational settings and situations. This tool is broken down into five color-coded sections that are easy to locate and use.	AUT 14
Ten Things Every Child with Autism Wishes You Knew	 Ellen Notbohm	Written for parents, teacher's social workers, therapists and physicians, this book uses the child's voice to explain their perspective on living with Autism.	AUT 15
Ten Things Your Student with Autism Wishes You Knew	 Ellen Notbohm, Veronica Zysk	The unique perspective of a child's voice to help us understand the thinking patterns that guide an autistic child's actions, shape and environment conducive to their learning style and communicate with them in meaningful ways.	AUT 16
101 Games and Activities for Children With Autism, Asperger's and Sensory Processing Disorders	 Tara Delaney	Children improve their motor skills, language skills, and social skills by moving their bodies and interacting with their environment. This book shows you how to teach your children by moving their bodies through play. These interactive games are quick to learn but will provide hours of fun and learning for your child.	AUT 17
1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders	 Ellen Notbohm Veronica Zysk	The first edition of <i>1001 Great Ideas</i> has been a treasured resource in the autism community since 2004. Now, in this expanded edition, Ellen Notbohm and Veronica Zysk present parents and educators with over 1800 ideas try-it-now tips, eye-opening advice, and grassroots strategies.	AUT 18
Thinking in Pictures My Life with Autism Expanded Edition	 Temple Grandin	The author lectures widely on autism--because she is autistic, a woman who thinks, feels, and experiences the world in ways that are incomprehensible to the rest of us.	AUT 19

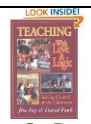
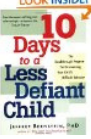
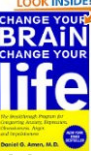
Toilet Training for Individuals with Autism or Other Developmental Issues 2nd Edition	 Maria Wheeler	Individuals with autism can be one of the most difficult populations to toilet train. This book offers strategies that take the child's physical & emotional sensitivities into account. Bulleted lists offer more than 200 do's and don'ts, along with over 50 real-life examples, to help make the process more of a lesson and less of a battle for all involved.	AUT 20
Understanding Autism for Dummies	 Stephen Shore, MA and Linda Rastelli, MA	Guide explains the differences between various types of autism. Features autism success stories, a directory of autism treatment facilities & other resources.	AUT 21
The Unwritten Rules of Social Relationships	 Temple Grandin, Sean Barron	Decoding Social Mysteries Through the Unique Perspectives of Autism. Dr. Temple Grandin and Sean Barron use their colorful life stories to explain the unwritten rules and patterns of social relationships.	AUT 22
Visual Supports for People with Autism: A Guide for Parents and Professionals	 Marlene J Cohen, Donna L. Sloan	Visual supports are beneficial to people with autism because they help make abstract concepts concrete & capitalize on the user's inherent visual learning strengths. Book shows how incorporating these aids can improve academic performance, behavior, interaction with others, and self-help skills.	AUT 23
The Way to A: Empowering Children with Autism Spectrum and Other Neurological Disorders to Monitor and Replace Aggression and Tantrum Behavior	 Hunter Manasco	The Way to A, designed for children ages 3 to 9 years old, presents a simple, logical, and systematic strategy that clarifies and sequentially teaches the child how to manage his behavior by engaging in forethought and self-analysis before acting out.	AUT 24 AUT 25

Behavior Challenges/ Changes

Title	Author	Keyword-Subjects	Number
Beyond Consequences, Logic, and Control -Vol. 1	 Heather Forbes	Easy to understand and easy to grasp format for anyone working with or parenting children with severe behaviors due to attachment disorders and childhood trauma.	BEH 1
Beyond Consequences, Logic, and Control- Vol. 2	 Heather Forbes & B. Bryan Post	Effective solutions research based, with professional & personal experience. Format for anyone working with or parenting children with difficult behavior. Explanations of the science behind trauma and negative early life experiences.	BEH 2

Born for Love: Why Empathy is Essential – and Endangered	 Bruce D. Perry & Maia Szalavitz	Babies’ bodies and brains seek an intimate connection—a bond made possible by empathy, the remarkable ability to love and to share the feelings of others. Authors explain how empathy develops, why it is essential both to human happiness and for a functional society.	BEH 3
My Book Full of Feelings How to Control and React to the Size of Your Emotions	 Amy Jaffe Luci Gardner	This workbook is a way to help teach children to identify, access the intensity of, & respond appropriately to emotions. By using a dry-erase marker, unique situations & solutions can be added & changed as the child masters a skill and grows.	BEH 4
The Boy Who Was Raised as a Dog: and Other Stories from a Child Psychiatrist’s Notebook— What Traumatized Children Can Teach Us about Loss	 Bruce D. Perry Maia Szalavitz	Child psychiatrist Bruce Perry has treated children faced with unimaginable horror: genocide survivors, witnesses, children raised in closets and cages, and victims of family violence. Here he tells their stories of trauma and transformation.	BEH 5 BEH 26
Classroom Management for Students with Emotional and Behavioral Disorders	 Roger Pierangelo, & George Giuliani	Guide covers typical emotional & behavioral disorder, effective instructional interventions, positive reinforcement techniques, promoting healthy interactions, & classroom management strategies. These effective & sensitive techniques help teachers understand & distinguish typical behavior for the symptoms, problems & characteristics of ED.	BEH 6
The Defiant Child: A Parent’s Guide to Oppositional Defiant Disorder	 Douglas Riley	Explains how children with ODD view the world, Dr. Riley helps parents make sense of their child’s often upsetting behavior and teaches strategies for modifying the behavior.	BEH 7
Defying The Defiance: 51 Insights, Strategies, Lessons and Activities for Helping Students with ODD, Grades K-12	 Tip Frank , Mike Paget Jerry Wilde	Will help the teacher find effective ways to avoid disruption & increase cooperation from the most resistant students. Understanding the underlying causes and dynamics of opposition, you will be able to develop strategies that will lead to increased classroom success for the defiant student and the teacher!	BEH 8
Easy to Love but Hard To Raise: Real Parents, Challenging Kids, True Stories	 Kay Marner, Adrienne Alert Batista	Anthology of personal essays written by parents of children with ADD, ADHD, OCD, PDD, ASDs, SPD, PBD &/or other diagnoses that takes the difficult job of parenting & adds to the challenge. These essays focus on honest feelings, lessons learned, commonplace and extraordinary experiences.	BEH 9

The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children	 Ross Greene	An explosive child's behavior-severe noncompliance, temper outburst and verbal or physical aggression is explained. Provides a sensitive, practical approach to helping children at home and at school.	BEH 10
Honorable Intentions	 Dixie Jordan	A parents' guide to educational planning for children with emotional or behavioral disorders	BEH 11
How to Handle a Hard-to-Handle Kid	 C. Drew Edwards	A parent' guide to understanding and changing problem behaviors- tantrums, arguments, acting out, attitude, disruptions, disobedience, stress are all addressed.	BEH 12
No More Meltdowns Positive strategies for managing and preventing out of control behavior	 Jed Baker	Dr. Baker offers parents and teachers strategies for preventing and managing meltdowns. Dr. Baker offers an easy-to-follow, 4-step model that will improve your everyday relationships with the children in your life.	BEH 13
Oppositional Defiant Disorder and Conduct Disorder in Children	 Walter Matthys, John Lochman	A concise and accessible exploration of newest literature of the risk factors contributing to the development of ODD and CD, primarily in pre-school and primary children.	BEH 14
Parenting Teens with Love & Logic Preparing adolescents for responsible adulthood	 Foster Cline & Jim Fay	This book empowers parents with the skills to set limits, teach important skills, & encourage decision-making in their teenagers. Covering a wide range of real-life issues teens' face this book gives you the tools to help your teens find their identity and grow in maturity.	BEH 15
Post-Traumatic Stress Disorder For Dummies	 Mark Goulston	There is a path out of PTSD, and this reassuring guide presents the latest on effective treatments that help to combat fear, stop stress in its tracks, and bring joy back to life.	BEH 16
Skills Training for Children with Behavior Problems- A parent and practitioner guidebook revised edition	 Michael Bloomquist	This guide addresses an array of behavior & adjustment difficulties. Tools are provided to build self-control in struggling children & teens; get social, emotional, and academic development back on track; and reduce family stress.	BEH 17

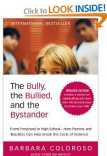
Strategies at Hand: Quick and Handy Positive Behavior Support Strategies	 Robin Brewer & Tracy Mueller	Contains a wide range of behavioral supports divided into Primary, Secondary, & Tertiary Interventions, in keeping with the Response to Intervention continuum. Provides an overview of how to conduct a functional behavioral assessment, collect data and much more.	BEH 18
The Teacher's Guide to Student Mental Health Norton Books in Education	 William Dikel	By understanding child and adolescent mental health issues, general education and special education teachers have additional tools to provide the most successful educational environment for their students. This is a comprehensive, teacher-focused guide to student mental health.	BEH 19
Teaching with Love and Logic: Taking Control of the Classroom	 Jim Fay, & David Funk	Classroom management using the Love and Logic approach, to reduce teachers stress levels and bring back the enjoyment of teaching.	BEH 20
10 Days to a Less Defiant Child: The Breakthrough Program for Overcoming Your Child's Difficult Behavior	 Jeffery Bernstein	Program to help parents regain control over a defiant child or teen, including those with Oppositional Defiant Disorder.	BEH 21
Think Good-Feel Good: A Cognitive Behavior Therapy Workbook for Children	 Paul Stallard	Resource for undertaking Cognitive Behavior Therapy with children& young people. Practical series of exercises and worksheets introduce concepts that can be applied to each set of problems.	BEH 22
Transforming the Difficult Child: The Nurtured Heart Approach	 Howard Glasser, Jennifer Easley	Approach gives parents & teachers an understanding of how a challenging child responds to normal ways of parenting and why traditional methods actually make the situation worse.— strategies are included.	BEH 23
Your Defiant Child - Eight Steps to better behavior	 Russell A. Barkley Christine M. Benton	Explains what causes defiance, & how it can be resolved. 8-step program stresses consistency & cooperation, promoting changes. Strategies for establishing patterns of discipline, communicating with children, and reducing family stress.	BEH 24
Change Your Brain, Change Your Life: The Breakthrough Program for Conquering Anxiety, Depression, Obsessiveness, Anger, and Impulsiveness	 Daniel G. Amen	Scientific evidence that anxiety, depression, anger, obsessiveness, or impulsiveness could be related to how specific structures in the brain works. Dr. Daniel Amen's surprising--and effective--"brain prescriptions" that can help heal your brain and change your life.	BEH 25

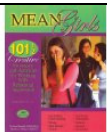
The Mindfulness Toolbox: 50 Practical Tips, Tools and Handouts for Anxiety, Depression, Stress and Pain	 Donald Altman, M.A., LPE	Mindfulness tools that deliver strategies along with research and evidence-based information. Offer participants a means of reappraising & observing negative & anxious thoughts, habits, pain, & stress in ways that produce insight, positive change, & a sense of hope.	BEH 27
---	--	--	-------------------

Bipolar Disorder

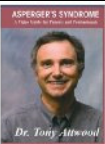
Title	Author	Keyword-Subjects	Number
The Bipolar Child	 Dimitri & Janice Papolos	Guide to childhood's most misunderstood disorder- covers advances in drug therapies and research with important coping strategies for parents.	BIP 1
Bipolar Disorder for Dummies	 Candida Fink, Joe Kraynak	Reveals causes & consequences of bipolar disorder, crisis survival strategies, and describes ways that friends and family members can support loved ones who have the disease. Thorough and accessible	BIP 2
The Bipolar Disorder Survival Guide	 David Miklowitz	Will help you come to terms with the diagnosis, recognize early signs of manic or depressive episodes, cope with triggers of mood swings, resolve medication problems& more.	BIP 3
Bipolar not ADHD— unrecognized epidemic of manic depressive illness in children	 George Isaac MD,	How Bipolar Disorder is misunderstood & misdiagnosed as ADHD, Conduct Disorder, & other related behavioral disorders. Discussion of treatment & social ramifications of the illness.	BIP 4
The Bipolar Teen: What You Can Do to Help Your Child and Your Family	 David J. Miklowitz Ph.D., Elizabeth L. George Ph.D.	<i>The Bipolar Teen</i> provides tools you can use to make home life manageable. You'll learn to spot the differences between normal teenage behavior and the telltale symptoms of mania and depression.	BIP 5
If Your Child is Bipolar- A parent to parent guide to living with and loving a bipolar child	 Cindy Singer, Sheryl Gurrentz	This guide empowers parents as they struggle with a child who may be bipolar. Topics included: finding a mental healthcare professional that can make a diagnosis; understanding the diagnosis; parenting strategies to control a child's behavior at home, at school, & in social situations.	BIP 6

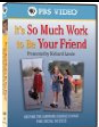
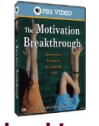
Bullying

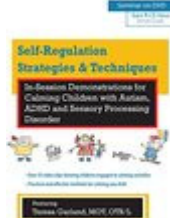
Title	Author	Keyword-Subjects	Number
Bullied? Only If I Let Her!	 Linda S. Locke	Stephanie is fighting a difficult problem. She is being bullied by another student from her school! Stephanie meets with her guidance counselor. Will she stand up to the bully? Find out when you read this book.	BUL1
The Bully, the Bullied, and the Bystander: From Preschool to High School—How Parents and Teachers Can Help break the Cycle of Violence	 Barbara Coloroso	Helpful book that parents & teachers can use to deal with bullying, Starting with the assumption that "bullying is a learned behavior," Coloroso explains the roles of the bully, bullied and the bystander.	BUL2
Bully in Disguise: A Look Behind the Mask	 Linda S. Locke Riley Johnson	Jenny finds strength in looking behind the mask of a bully & learns that there is power in believing in herself. Included: 10 tips for parents & teachers to use to help kids effectively with dealing with difficult people.	BUL3
The Complete Guide to Understanding, Controlling, and Stopping Bullies and Bullying- A complete guide for teachers & parents	 Margaret R. Kohut	In this book, you will learn why bullying occurs, why some children are victimized and why others are vicious, how to develop an anti-bullying policy, how students, parents, and teachers can work together to stop it before it goes too far.	BUL4
Girl Grudges: Learning how to forgive and live, insights, strategies, activities, reproducible worksheets	 Cheryl Dellasega Shileste Overton Morris	Activities to help girls in middle & high school one-on-one or in groups. Based on the ERA model (Educate, Relate, and Integrate) that exposes girls to new information, helps them apply this to their situations, & encourages internalization of healthier relationship alternatives	BUL5
How to Handle Bullies, Teasers and Other Meanies: A Book That Takes the Nuisance Out of Name Calling and Other Nonsense	 Kate Cohen-Posey	A parent-child resource book, covers annoying name calling, vicious prejudice, explosive anger, dangerous situations, and causes of difficult behavior. It contains strategies for melting meanness.	BUL6

Mean Girls —101½ Creative Strategies and Activities for Working with Relational Aggression 2nd edition	 Kaye Randall, Allyson Bowen	For working with girls who are Relationally Aggressive (RA) & young people who have been victimized by this type of bullying. Strategies in this book are designed to increase awareness of Relational Aggression (RA), encourage empathy & tolerance, & improve self-control & coping skills.	BUL 7
Stick Up for Yourself: Every Kid's Guide to Personal Power and Positive Self-Esteem	 Gershen Kaufman	Guide to positive thinking, high self-esteem, & responsible personal power. The premise is that all young people can and should be taught skills necessary to face common issues, such as making choices, liking themselves, & solving problems.	BUL 8

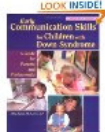
Disability Sensitivity and Awareness/ VHS & DVD's

Title	Author	Keyword-Subjects	Number
ADHD: Out of Control Kids	 	Filmed in New Zealand; the program shows the reality of dealing with children so difficult they can barely interact with their peers and family members. The film features adult sufferers who live with the disorder, undiagnosed for much of their lives and the different methods of dealing with ADHD.	DVD 1
Asperger's Syndrome: A Guide for Parents and Professionals with Dr. Tony Attwood	 Dr. Tony Attwood	Case examples & offers strategies that work for people with Asperger's. In hour 1, Tony provides a diagnostic description of a person with Asperger's. In the hour 2, he offers a social curriculum that includes ideas and activities. The third hour focuses on emotion management.	VHS 2
Autistic-Like: Graham's Story	 	Family portrait showing one dad's quest to find therapies, doctors, & the right words to describe his son. Illuminates the medical, social & public health issues when children have no clear diagnosis, & are offered no specific treatment.	DVD 3
Beyond FAT City DSAT- Video	 Richard Lavoie	Follow up to FAT City, Lavoie's discussion is filled with insights & strategies on coaching & teaching, building self-esteem, creating individualized education plans, imparting accountability, home schooling, & much more.	VID 4
Beyond FAT City: A Look Back, A Look Ahead DVD	 Richard Lavoie	Follow up to FAT City, Lavoie's discussion is filled with insights & strategies on coaching & teaching, building self-esteem, creating individualized education plans, imparting accountability, home schooling, & much more.	DVD 5
How Difficult Can This Be? The FAT City Workshop: Understanding Learning	 	Frustration, anxiety, and tension faced by children with learning disabilities. Presents a series of simulations emulating daily experience of children with LD. Teachers, social workers, & parents, workshop reflect upon how the	DVD 6

Disabilities DVD	Richard Lavoie	workshop changed their approach to children with LD.	
It's So Much Work Being Your Friend	 Richard Lavoie	Strategies for teaching friendship skills in the classroom, at home, & in the community. Causes & consequences of "social incompetence." Help children work through daily social struggles & go from being picked on & isolated to being accepted and involved.	DVD 7
Journey Into Dyslexia	 Richard Lavoie	<i>Journey into Dyslexia</i> has interviews with dyslexics, young students grappling with issues in the classroom; a professor at Johns Hopkins, whose son is also dyslexic; famed consumer advocate Erin Brockovich and others.	DVD 8
Last One Picked First One Picked On Learning Disabilities and Social Skills	 Richard Lavoie	Kids with learning disabilities are often isolated & rejected; sometimes have a hard time making & keeping friends. This DVD explains why this happens - and what parents or teachers can do to help children improve their social skills.	DVD 9
The Motivation Breakthrough- Secrets to Turning On the Tuned-Out Child	 Richard Lavoie	Motivation is the key to learning. Offers an arsenal of techniques with empathy & understanding, Rick Lavoie give parents & teachers the key to unlock any child's enthusiasm and responsiveness.	DVD 10
When the Chips Are Down... Strategies for Improving Children's Behavior	 Richard Lavoie	This program offers practical advice on dealing with behavioral problems effectively. Preventive discipline that can anticipate many problems before they start. Explains how teachers and parents can create a stable, predictable environment in which children with can flourish.	DVD 11
Chaos to Healing Therapeutic Parenting 101	 Billy Kaplan Kristine Moers	Billy Kaplan, a Clinical social Worker and Christine Moers, a therapeutic parent, sit down to talk about some very practical way to implement therapeutic parenting when you are in the thick of things.	DVD 12
I Can't Do This But I Can Do That: A Film for Families About Learning Differences	 HBO Documentary	Looks at a group of young people with a spectrum of learning disabilities & offers a portrait of the ways they overcome their challenges. Using strengths & working with parents & teachers helping children discover ways they learn best, they have risen above learning differences & low self-esteem & have found their unique voices.	DVD 13
Kids with Down Syndrome: Staying Healthy and Making Friends	 Will Schermerhorn	Film explores milestones of childhood with Down syndrome: walking, talking, reading, friendships, going to school, & the blossoming of personality & independence. Guide to the years when kids learn to walk to just before adolescence.	DVD 14

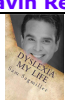
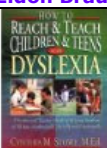
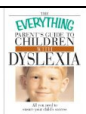
Self-Regulation, Strategies and Techniques: In-Session Demonstrations for Calming Children with Autism, ADHD and Sensory Processing Disorder	 Teresa Garland, MOT, OTR/L	Learn self-regulation strategies through live demonstrations. Collection of interventions that can be used to help any child get calm and stay calm. Included are self-regulating techniques for children of any age with autism, ADHD & sensory processing disorder to be used in clinic, school & home. Watch how techniques are used with children & how they react before & after calming scenarios. Over 35 effective interventions. CEU's are available	DVD 15
Talk to Me: A Documentary Film about Children with Autism	 Vanessa Kaneshiro	Lives at home & at school, & profiles the efforts of parents & teachers to help children reach their maximum potential. Families struggle to obtain services for their children, & the film shows that such resources are not always distributed fairly.	DVD 16
Through the Eyes of Autism	 Erica Jean	Shows an autistic child's world through visual imagery, music, sound effects, & text, through the child's point of view & uses typical childhood settings like school, the playground, & home to show their world	DVD 17

Down Syndrome

Title	Author	Keyword-Subjects	Number
Babies with Down Syndrome -A New Parent's Guide for the first 5 years of life.	 Susan J. Skallerup	Covering the best practices for raising and caring for children with Down syndrome through age five, this book is invaluable to new parents who have welcomed a baby with Down syndrome into their lives.	DOW 1
Early Communication Skills for Children with Down Syndrome A Guide for Parents and Professionals	 Libby Kumin	Offers comprehensive, authoritative, and practical advice based on nearly 25 years of firsthand experience with kids with Down syndrome.	DOW 2
Gifts: Mothers Reflect on How Children with Down Syndrome Enrich Their Lives	 Kathryn Lynard Soper, Martha Sears	Mothers describe the gifts of respect, strength, delight, perspective, & love, which their child with Down syndrome has brought into their lives. The life of a child with Down syndrome is something to celebrate.	DOW 3
Road Map to Holland, How I Found My Way Through My Son's First Two Years with Down Syndrome	 Jennifer Graf Groneberg	The journey of one mother through diagnosis, the grief cycle, coping, triumphs, tears and joy of parenting a special needs child.	DOW 4

Teaching Reading to Children with Down Syndrome -A guide for parents and teachers	 Patricia Logan Oelwein	The lessons are easy to follow. The many pictures and flash cards included appeal to visual learners and are easy to photocopy! Includes refreshed Resources and a CD-ROM of Appendices. Print out these visual supports-picture and word cards, lotto games, charts, and more--as often as you want!	DOW 5

Dyslexia

Dyslexia: A Complete Guide for Parents	 Gavin Reid	Strategies to use at home to complement work at school & how to work with professionals & what are their responsibilities.	DYS 1
Dyslexia My Life	 Girard J "Sam" Sagmiller	The author discusses his struggles to overcome dyslexia, to succeed in school (getting his MBA), business & life. The book is packed full of emotion, drama, helpful tips, & inspiration.	DYS 2
The Gift of Dyslexia Strategies for Coping with Dyslexia	 Ronald Davis, Eldon Braun	Program with a high success rate in helping dyslexics learn to read & overcome other difficulties associated. Includes teaching techniques & info on research, studies, & contacts.	DYS 3
How to Reach and Teach Children and Teens with Dyslexia: A Parent & Teacher Guide to Helping Students of All Ages Academically, Socially & Emotionally	 Cynthia Stowe	Resource gives educators at all levels essential information, techniques, and tools for understanding dyslexia and adapting teaching methods in all subject areas to meet the learning style, social, and emotional needs of students who have dyslexia. Special features include over 50 full-page activity sheets that can be photocopied for immediate use.	DYS 4
(The Everything) Parents' Guide to Children With Dyslexia	 <u>Jody Swarbrick ,</u> <u>Abigail Marshall</u>	Gives understanding of what dyslexia is, how to identify the signs, & what to do to help your child. Seeks to alert parents to the special needs associated with this learning disability. A first step in facing the challenges of dyslexia with a positive attitude.	DYS 5 DYS 6

Early Literacy

Alphabet Art: With A-Z Animal Art and Fingerplays	 Judy Press , Sue Dennen	Alphabet fun for even the most reluctant learner. Over 80 imaginative ABC experiences; making an alphabet zoo, puzzles, picture hunts, color relays, and silly poems.	ELIT 1
---	---	---	---------------

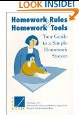
Early Literacy Intervention Activities, Grades PK-K	 Sherrill B. Flora M.S.	Facilitate literacy in special-ed learners in pre-kindergarten-kindergarten using Early Literacy Intervention Activities. Provides teachers with activities that boost literacy skills & intervention strategies. Discusses 4 interventions, covering early and special-education literacy in great detail.	ELIT 2
Early Reading Instruction and Intervention: A Sourcebook for PreK-2	 Cindy Middendorf	Strategies supporting all students during whole-class lessons, tools that foster success with independent tasks, targeted interventions for different learning styles, & engaging lessons, activities, and interventions.	ELIT 3
I Love Letters: More Than 200 Quick & Easy Activities to Introduce Young Children to Letters and Literacy	 Jean Feldman Holly Karapetkova	More than 200 activities, games, & songs to introduce the alphabet. Children will love learning their letters as they play the Name Game, sew their own letters, create Puzzle Pairs, and more!	ELIT 4
Learning Resources Parent Involvement Activities: 120 Parent involvement letters in English and Spanish for Grades K-3	 Parent Involvement Activities	Easy-to-use resource provides over 300 literacy activities and games that parents can do at home with their children. Aligned with NCTM Standards. Helps you partner with parents to differentiate instruction for mainstream education, intervention, special needs and ELLs. Organized by grade and skill, with spiral binding for easy photocopying.	ELIT 5

Hearing and /or Visual Impairment

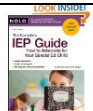
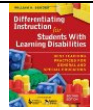
Title	Author	Keyword-Subjects	Number
Children With Visual Impairments: A Guide for Parents	 M. Cay Holbrook	Children with Visual Impairments is an essential resource for parents of children who are blind, legally blind, or have low vision. Jargon-free, compassionate information and advice on raising children with visual impairments from birth - 7.	HVI 1
Deafness and Hearing Impairment (Perspectives on Diseases and Disorders)	 Clay Farris Naff	Provides clear, careful explanations that offer readers insight into what these conditions are, what causes them, how people live with them and treatment options and prevention.	HVI 2
A Different Way of Seeing	 Patti Souder	Different visual disorders, what can cause them, & resources to help deal with challenges visual impairments can bring. Resources & adaptive devices to help youth with blindness or vision impairment.	HVI 3
Taking Hearing Impairment to School	 Elaine Ernst Schneider	Through Jacob's story, learn about sign language, interpreters, hearing aids and speech therapy for kids with hearing impairments.	HVI 4

Taking Visual Impairment to School	 Rita Whitman Steingold	Lisa, who is visually impaired, explains how she finds her way around school, knows where her clothes are in her closet, and even plays baseball!	HVI 5
---	---	---	--------------

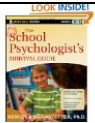
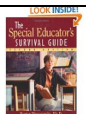
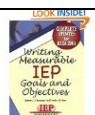
Homework/ Study Strategies

Title	Author	Keyword-Subjects	Number
Homework Rules, Homework Tools Guide to a simple homework system	 Acalagic Inc	Homework help written for parents & educators. Simple, "8-point" system that will limit problems associated with homework in the classroom & at home. This book defines the roles of parent, teacher and student.	HOM 1
How to Do Homework without Throwing Up	 Trevor Romain	Funny cartoons & witty insights teach important truths about homework & strategies for getting it done. Tongue-in-cheek approach to a serious subject, this book makes homework more palatable--and kids less resistant	HOM 2
How to Help Your Child with Homework	 Jeanne Shay Schumm	The complete guide to encouraging good study habits and ending the homework wars—updated and revised award-winning guide for parents	HOM 3
7 Steps to Homework Success	 Sydney Zentall Sam Goldstein	A family guide for solving common homework problems—skill building, problem solving and effective strategies to improve home-school communication.	HOM 4
Study Strategies made Easy— A practical plan for school success	 Leslie Davis Sandi Sirotowitz Harvey Parker	Addresses organization, learning style, reading comprehension, communication, note-taking, homework, stress management, memorization, and test-taking.	HOM 5

Inclusion/ IDEA/ IEP's/ Partnership

Title	Author	Keyword-Subjects	Number
The Complete IEP Guide	 Lawrence M. Siegel	Information, strategies, & encouragement needed to secure your child's education. Guide is your outline for an effective educational experience for your child.	INC 1
Differentiating Instruction for Students with Learning Disabilities Best Teaching practices for	 Arlyn Roffman	Aligned with changes prescribed by IDEIA and federal regulations, this edition provides additional information on brain research, universal design for learning, graphic organizers, and much more. 2 nd edition	INC 2

general and special educators,			
Don't We Already Do Inclusion?	 Paula Kluth Allison Fiutak	How-to book on creating inclusion. The focus is on teachers, staff, principals, and district & community members. Practical ideas and examples presented.	INC 3
From Disability to Possibility: The Power of Inclusive Classrooms	 Patrick Schwarz	Illustrates how teachers can work with all involved in a student's learning to make special ed work. Inspiring look at diverse learners, their instruction, & support in the classroom, the curriculum, & the social world of school from a new perspective: the <i>possibility of disability</i> .	INC 4
From Tutor Scripts to Talking Sticks: 100 Ways to Differentiate Instruction in K-12 Inclusive Classrooms	 Paula Kluth Ph.D.,	Differentiated instruction engages students of all abilities as active learners, decision-makers, and problem solvers—making educational experiences more meaningful for all. 100 teacher-designed strategies to meet the needs of all students in inclusive classroom.	INC 5
IEP and Inclusion Tips for Parents and Teachers Handout Version	 Anne Eason, Kathleen Whitbread	Promotes inclusion success for students, teachers and parents. Features 127 tips focusing on IEP and inclusion processes.	INC 6 INC 7
Including Students with Severe and Multiple Disabilities in Typical Classrooms, Practical Strategies for Teachers	 June Downing, Ph.D.	Second Edition Practical strategies for teachers Inclusion, IDEIA, --alternate assessment, innovative strategies for inclusive classrooms, case studies, inclusion in middle and high school	INC 8
Joyful Learning: Active and Collaborative Learning in Inclusive Classrooms	 Alice Udvari-Solner Paula M. Kluth, David Chao	Strategies for engaging students in discussion, debate, creative thinking, questioning, & teamwork. Promote relationship building & interdependence; help students teach one another, preparing for assessments, assisting students who need personalized instruction.	INC 9
Leadership Bloopers and Blunders: How to Dodge Legal Minefields	 Hope M. Jordan, Henry I., Jr. Willett, Dr. George W. Selig, Andrea P. Beam Peter W. D. Wright	Identify leadership mistakes. Stories based on court cases or events that made news, while others were compiled from events shared by colleagues. Each case is followed by discussion questions to facilitate discussion to enhance leadership development. Chapters highlight legal & good-sense commentary on how to avoid leadership mishaps.	INC 10

Parents & Teachers Working Together Strategies for Teachers	 Carol Davis Alice Yang	Topics include: working with diverse family cultures, starting the year off positively, involving parents who can't make it to school, problem solving with parents.	INC 11
The School Psychologist's Survival Guide (J-B Ed: Survival Guides)	 Rebecca Branstetter	Offers help for school psychologists who travel to multiple sites, work with students with severe disabilities, meet with parents, & manage school crises. Advice, strategies, & tools, with reproducible forms, letters, & checklists.	INC 12
The Six Success Factors for Children with Learning Disabilities: Ready-to-Use Activities to Help Kids with LD Succeed in School and in Life	 Frostig Center, Richard Lavoie	Resource for teachers & parents of children with learning disabilities. Six attributes that lead to long-term success for individuals with LD. Helps teachers identify & encourage growth of characteristics that will help students thrive in the classroom, at home, & in social situations. Offers an array of engaging activities—that has been proven to foster the "success attributes" in children.	INC 13
The Special Educator's Survival Guide- 2 nd Edition	 Roger Pierangelo	Guide to every facet of the special education teacher's job. Step by step through the stages required to understand referral, evaluation, interpretation, diagnosis, placement, IEP's, classroom management, medication, educational law, and more.	INC 14
UDL Now!- A Teacher's Monday-Morning Guide to Implementing Common Core Standards Using Universal Design for Learning	 by Katie Novak	Insights & strategies for helping all learners meet high standards using Universal Design for Learning. UDL is a framework for inclusive education that aims to lower barriers to learning & optimize opportunity to learn. UDL Now! A fun and effective Monday-morning playbook for great teaching.	INC 15
Wrightslaw: All About IEP's	 Peter W.D. Wright & Pamela Darr Wright	Clear, concise answers to FAQ's about IEP's. Learn what the law says about IEP Teams and IEP Meetings, Parental Rights and Consent, Steps in Developing the IEP, Placement, Transition, and Strategies to Resolve Disagreements.	INC 16
Wrightslaw: Special Education Law 2 nd edition	 Peter W.D. Wright & Pamela Darr Wright	Provides roadmap to the laws & how to get better services for children with disabilities. This publication is an invaluable resource for parents, advocates, educators, and attorneys.	INC 17
Writing Measurable IEP Goals and Objectives- Complete updates for IDEA 2004.	 Barbara Bateman & Cynthia M. Herr	Guide to quick, effective writing of accurate & measurable IEP goals & objectives. Written by special educators and IEP legal experts are designed to bring you up to speed.	INC 18

You're Welcome: 30 Innovative Ideas for the Inclusive Classroom	 Patrick Schwarz & Paula Kluth	All the information to start making inclusion work effectively. <i>You're Welcome</i> presents the thinking you'll need to open your classrooms to all students	INC 19
--	--	---	-------------------

Inspiration/Biography

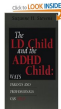
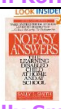
Title	Author	Keyword-Subjects	Number
Chicken Soup for the Soul, Children with Special Needs	 Jack Canfield Mark Victor Hansen, Heather McNamara, Karen Simmons	Stories provide insight, comfort, and connection with others who have walked this powerful and transformational journey. Through the stories, you will be guided with the wisdom of fellow parents, caregivers, and those with special needs to help you be the very best parent or caregiver you can be.	INS 1
The Elephant in the Playroom	 Denise Brodey	Ordinary Parents Write Intimately and honestly about the extraordinary highs and heartbreaking lows of raising kids with special needs	INS 2
More Than a Mom, Living a Full and Balanced Life When Your Child has Special Needs.	 Amy Baskin Heather Fawcett	Addressed: your needs, physical and mental health, finding quality child care, nurturing your marriage, making and keeping friends, home-based business.	INS 3
The Power of the Powerless: A Brother's Legacy of Love	 Christopher DeVinck	Oliver deVinck was born severely handicapped—blind, mute, crippled, helpless. Despite the doctors' bleak prognosis, his loving parents took him home, where they and their children cared for him.	INS 4
You Will Dream New Dreams	 Stanley Klein PHD, & Kim Schive	Each year, 40,000 babies with disabilities are born, and another 80,000 children will develop a major developmental disability by the age of 10. Offers emotional support to disabled children's families & help educators and health-care professionals better understand parent perspectives.	INS 5

Juvenile Diabetes

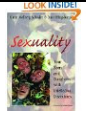
487 Really Cool Tips for Kids with Diabetes	 Bo Lov , Spike Lov	Tips from kids of all ages as well as parents and doctors, how to fine-tune your diabetes on injections and on the pump. A "going on the pump" journal is included.	JUD 1
--	--	---	------------------

The Everything Parent's Guide To Children With Juvenile Diabetes: Reassuring Advice for Managing Symptoms and Raising a Happy, Healthy Child	 <u>Moira McCarthy</u> <u>Jake Kushner</u>	<i>The Everything Parent's Guide to Children with Juvenile Diabetes</i> helps cope with the challenges of helping children live happy, healthy lives while controlling the disease. <i>The Everything Parent's Guide to Children with Juvenile Diabetes</i> helps parents deal with the challenges you and your child face when living with diabetes--one day at a time.	JUD 2
--	--	---	-------------------------

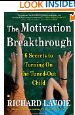
Learning Disabled Student

Title	Author	Keyword-Subjects	Number
The Complete Learning Disabilities Handbook Ready-to-use Strategies and activities for teaching students with Learning Disabilities-	 Joan M. Harwell, Rebecca Williams- Jackson	Comprehensive source of information, strategies, & activities for working with learning disabled students. Offers special educators, classroom teachers, & parents proven suggestions and ready-to-use materials for helping LD students of all ages learn and perform at their fullest potential.	LDS 1
The LD Child and the ADHD Child: Ways Parents and Professionals Can Help	 Suzanne H. Stevens	Upbeat, realistic look at what learning disabilities are and what problems children with LD and parents face at home and school	LDS 2
Learning Disabilities: A to Z	 Corinne Smith Lisa Strick	Parent's complete guide to Learning disabilities from preschool to adulthood.	LDS 3 LDS 4
Guiding Teens with Learning Disabilities Navigating the transition from High School to adulthood.	 Arlyn Roffman	Covers issues like defining learning disabilities properly, getting eligibility for various educational benefits, understanding disability laws and protections, dealing with mental health issues, & much more.	LDS 5
No Easy Answers	 Sally Smith	Identify a learning disability, parents & teachers working together, how to use television, the arts & other innovative approaches as teaching tools.	LDS 6
The Survival Guide for Kids with LD	 Gary Fisher Rhoda Cummings	Learning Differences –revised and updated a book about learning disabilities for children with learning disabilities.	LDS 7

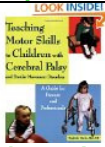
Miscellaneous Topics / Rare Disorders

Title	Author	Keyword-Subjects	Number
Assistive Technology in the Classroom	 Amy Dell, Deborah Newton,& Jerry Petroff	Enhancing the School experiences of student with disabilities	MISC 1
Computer Resources for People with Disabilities	 The Alliance for Technology Access	A guide to Assistive Technologies, tools and resources for people of all ages	MISC 2
Computer and Web Resources for People with Disabilities	 The Alliance for Technology Access	A guide to exploring today's Assistive Technology	MISC 3
80 Creative Strategies for Working with Challenging Parents	 Jerry Wilde	Book provides 80 easy-to-follow strategies for dealing with challenges educators face when attempting to communicate and work with parents. Included are Insights to help understand why some parents may seem particularly challenging to professional educators.	MISC 4
Helping Your Child with Selective Mutism	 Angela McHolm, Charles Cunningham, Melanie Vanier,	Practical steps to overcome a fear of speaking—comfortable and supportive ways to encourage your child to speak.	MISC 5
The Joy of Conflict Resolution	 Gary Harper	Transforming Victims, villains and heroes in the workplace and at home.	MISC 6
The Retention/ Promotion Checklist	 Jim Grant, Irv Richardson	A systematic approach that takes the guesswork out of the question of retention/ promotion.	MISC 7
Sexuality- Your Sons and Daughters with Intellectual Disabilities	 Karin Melberg Schwier, Dave Hingsburger	In this sensitive book, you'll learn how to interact with your children - no matter their age or ability - in a way that increases self-esteem, encourages appropriate behavior, empowers them to recognize and respond to abuse, and enables them to develop lifelong relationships.	MISC 8
Students with Traumatic Brain Injury	Ohio Legal Rights Service	A guide for parents and school working together to improve special education services for students with TBI.	MISC 9

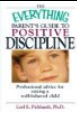
Motivation Challenges

The Motivation Breakthrough 6 Secrets for Turning on the Tuned Out Child	 Richard Lavoie	Change the way teachers & parents inspire kids with learning disabilities to succeed & achieve! Advice for motivating children with learning disabilities. Outlines parents' & teachers' roles, ways in which they can work together to encourage any child to reach their potential.	MOT 1
The Myth of Laziness	 Mel Levine	Children dismissed as "lazy" may suffer from "output failure" - a neurodevelopmental dysfunction that can cause difficulties into adulthood.	MOT 2
101 Creative Strategies for Reaching Unmotivated Student Learners (grades 2-8)	 Susan Smith Rex Ed.D. James Rex Ph.D.	A practical resource designed to assist teachers, counselors, parents and other professionals who strive to assist unmotivated learners. The research based array of techniques, activities, strategies, and materials that are designed to make a positive difference for unmotivated learners.	MOT 3
The Unmotivated Child: Helping Your Underachiever Become a Successful Student	 Natalie Rathvon	Presents 5 methods for communicating, 7 strategies for overcoming the "homework trap," 7 techniques for working with teachers, & guidelines for supporting the student through the change process.	MOT 4

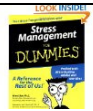
Movement Disorders

Title	Author	Keyword-Subjects	Number
Children With Cerebral Palsy: A Parents' Guide-- 2 nd Edition	 Elaine Geralis	Provides complete spectrum of information & advice about CP & its effect on development & education. Covers: Diagnosis, Medical Issues, Family Life, Legal Rights, Early Intervention, Coping, Therapies, Treatment, Development, Advocacy, Special Education, and Daily Care.	MOV 1
Stuck In Neutral	 Terry Trueman	Novel-Raises ethical issues about euthanasia through the relationship between 14-year-old Shawn McDaniel, who suffers from cerebral palsy, and his father.	MOV 2
Teaching Motor Skills to Children with Cerebral Palsy and Similar Movement Disorders - Guide for parents and professionals	 Sieglinde Martin, MS, PT	This guide provides parents with an understanding of how the physical characteristics of CP & similar conditions affect a child's ability to sit, crawl, stand, and walk. Increases more knowledge about the child's unique set of strengths and weaknesses.	MOV 3

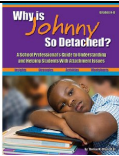
Parenting/ Coping Skills

Title	Author	Keyword-Subjects	Number
Courageous Love: Instructions for Creating Healing Circles for Children of Trauma for Grandparents Raising Grandchildren	 Laura Montané Bailey	Offers encouragement & tips to advocate for grandchildren they are raising. Explores the impact of trauma to brain development & function, & provides instructions for helping children to experience Post Traumatic Growth rather than PTSD.	PAR 1
Breakthrough Parenting for Children with Special Needs	 Judy Winter	This book helps parents 'raise the bar of expectations' for their children with special needs and is written by a parent of a child with special needs.	PAR 2
CrazyBusy: Overstretched, Overbooked and About to Snap!	 Edward Hallowell MD	If you feel busier than you've ever been and wonder how this happened and how you can keep up the pace much longer, you are hardly alone. If you feel you have more to do and less time to do it in, this is the book for you.	PAR 3
The Everything Parent's Guide To Positive Discipline: Professional Advice for Raising a Well-Behaved Child	 Carl E. Pickhardt	A handy introduction to discipline for parents of children of all ages shares professional advice on how to set priorities, promote communication, establish the link between choice and consequence, enforce consequences, change disciplinary style to reflect a child's age, and more.	PAR 4
Grandparents As Parents: A Survival Guide To Raising A Second Family:	 <u>Deborah Edler Brown</u> <u>De Toledo</u>	Grandparents, who are caregivers for their grandchildren, have found their lives changed, their finances challenged, & their parenting techniques antiquated with an often traumatized, generation. Book for grandparents and family members, offers compassion, encouragement, and advice.	PAR 5
Grandparents as Parents, Second Edition: A Survival Guide for Raising a 2nd Family	 <u>Sylvie de Toledo LCSW</u> <u>Deborah Edler Brown</u>	Learn effective strategies to help you cope with the stresses of parenting the second time around, care for vulnerable grandkids and set boundaries with their often-troubled parents, and navigate the maze of government aid, court proceedings, and special education. The 2nd edition features discussions of kids' technology use and other timely issues.	PAR 6
Helicopters, Drill Sergeants and Consultants - Parenting Styles and the Messages They Send	 Jim Fay	Humorous book that helps you identify your parenting style, then shares practical, stress-free techniques for becoming a better parent. Funny and thought provoking.	PAR 7 PAR 8

Married with Special-Needs Children - a couples guide to keeping connected coping, marriage, stress management, support	 Laura Marshak Fran Pollick Prezant	Guide speaks to parents about how to work on marital issues while juggling the demands of raising a child with special needs. For parents looking for ways to strengthen their marriage, prevent future strife, or resolve or move on from relationship difficulties, this guide offers guidance & expertise for taking the next step	PAR 9
New Skills for Frazzled Parents	 Daniel Amen MD	The instruction manual that should have come with your child—includes 135 best things you can do for your child.	PAR 10
Parenting Children With Health Issues	 Foster W. Cline, Lisa Greene	Tools, tips and tactics for raising kids with chronic illness, medical conditions and special health concerns	PAR 11
Raising Your Children's Children: Help for Grandparents Raising Grandkids	 Martha Evans Sparks	This book offers fast, accurate answers to questions from the world of child neglect and abuse, court proceedings, custody arrangements, and drug addiction grandparents never knew existed.	PAR 12
Scream free Parenting: The Revolutionary Approach to Raising Your Kids by Keeping Your Cool	 Hal Edward Runkel	Will help parents become calming authorities in their homes, bring peace to their families today, and give kids what they need to grow into caring, self-directed adults tomorrow.	PAR 13
The 7 Worst Things (Good) Parents Do	 John Friel, Linda Friel,	A book that explores some of the mistakes we can make as parents, and guides us through examples and ideas on how change can be effected immediately.	PAR 14
Shut Up About... Your Perfect Kid! The Movement of "Imperfection"	 Gina Gallagher and Patricia Konjoian	Humorous stories from parents of "imperfect" children. Narrated by 2 mothers of children with special needs, the book is a compilation of stories that demonstrate the humor in raising imperfect children in a perfection-preoccupied world.	PAR 15
SOS Help for Parents	 Lynn Clark,	SOS Help For Parents improves the behavior and emotional adjustment of children, age's two to twelve. You learn the best methods for improving your child's behavior and for reducing stress in your life...	PAR 16

Stress Management for Dummies	 Allen Elkin,	Packed with stress-busting advice and exercises-stress-free guide to stress relief.	PAR 17
Tickets To Success	 Jim Fay	The proper tools to tune up your relationship with your children. In Tickets To Success Jim helps you use the basic Love and Logic principles to recharge your family life.	PAR 18

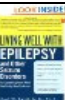
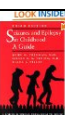
Reactive Attachment Disorder

Title	Author	Keyword-Subjects	Number
Attachment-Focused Parenting: Effective Strategies to Care for Children	 Daniel A. Hughes	Guide for parents & a resource for mental health clinicians searching for ways to effectively love, discipline, & communicate with children. Presents techniques fundamental to child development and family functioning.	RAD 1
99 Ways to Drive Your Child Sane	 Brita St. Clair	Parents living with a child diagnosed with RAD restore the fun to parenting. 99 suggestions for when you have run out of ideas. Full of humor.	RAD 2
Parenting Other People's Children Understanding and repairing RAD	 John L. Stoller	A practical guide for parents and professionals working with children with Reactive Attachment Disorder. (RAD)	RAD 3
When Love is Not Enough A guide to parenting children with RAD-Reactive Attachment Disorder	 Nancy Thomas	This book is packed with parenting techniques for guiding children with RAD. Includes understanding RAD, its causes and symptoms and offers strategies.	RAD 4
Why is Johnny so Detached? A school professional's guide to understanding and helping students with RAD	 Thomas Ottavi, Ph.D.	Detached students come with varying degrees of past home disruption, placements in foster care, adoptive homes, residential placements, or emergency shelter placements. Full of strategies and skill-building intervention school professionals can use this guide to help students.	RAD 5

Self-Harm/Cutting

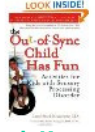
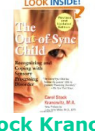
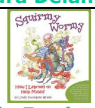
Title	Author	Keyword-Subjects	Number
Cutting Understanding and overcoming self-mutilation	 Steven Levenkron	Explains self-mutilation. Presents psychological experience of the person who seeks relief from mental pain and anguish in self-inflicted physical pain.	SEH 1
When Your Child Is Cutting: A Parent's Guide to Helping Children Overcome Self-injury	 Sony Khemlani-Patel PhD Merry McVey-Noble PhD	Learn why self-injury happens, how to identify it, & how to address this topic with calm & confidence. Connect with professional help. Compassionate & clinically sound book to give you hope.	SEH 2

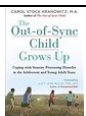
Seizure Disorders

Title	Author	Keyword-Subjects	Number
Children with Seizures A guide for parents, teachers, and other professionals	 Martin L. Kutscher MD	Provides the information to approach seizures. Discusses types & causes of seizures, & what to do during a seizure. Covers some of the common epilepsy syndromes in detail.	SEIZ 1
Living Well with Epilepsy and Other Seizure Disorders: An Expert Explains What You Really Need to Know	 Carl W. Bazil	Treatment options, lifestyle strategies, & emotional support. Epilepsy, little information can be found on bookshelves regarding this common & complex neurological disease. Until now!	SEIZ 2
Seizures and Epilepsy in Childhood - A Guide 3rd edition	 John Freeman Eileen Vining, & Diana Pillas	Comprehensive medical information about children with epilepsy. Diagnosis & treatment of epilepsy including the use of the ketogenic diet as treatment for children who either do not respond to traditional therapy & more.	SEIZ 3

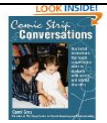
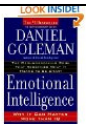
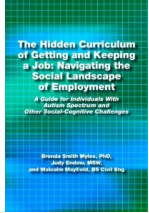
Sensory Processing Disorder

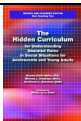
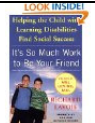
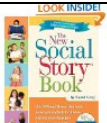
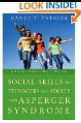
Title	Author	Keyword-Subjects	Number
Answers to Questions Teachers Ask about Sensory Integration - Forms, Checklists, and practical tools for teachers and parents	 Jane Koomar	This book presents an extensive and easy-to-use set of checklists and other tools that will be invaluable to every teacher and parent who has children with sensory integration challenges.	SIPD 1

The Everything Parent's Guide to Sensory Integration Disorder –Get the right diagnosis, understand treatments, and advocate for your child.	 Terri Mauro Sharon Cermak, Ed.D., OTR/L, FAOTA	This guide provides a definition of Sensory Integration Disorder and explains its effects, highlights occupational therapy treatments and explains techniques you can use at home to calm your child. Includes helpful advice for teaching children how to deal with this disorder at school, home, and play, from childhood through adulthood	SIPD 2
The Out-of Sync Child Has Fun-Activities for Kids with Sensory Processing Disorder-	 Carol Stock Kranowitz, MA	Includes activities that parents of kids with Sensory Processing Disorder can do at home with their child, along with information on which activities are most appropriate for children with coexisting conditions such as autism, and more.	SIPD 3
The Out-of –Sync Child Recognizing, coping, sensory integration processing disorder	 Carol Stock Kranowitz, MA	Explains Sensory Processing Disorder. Features additional information from research on vision and hearing deficits, motor skill problems, nutrition and picky eaters, ADHD, autism, and other related disorders.	SIPD 4
Sensory Integration and the Child: 25th Anniversary Edition	 A. Jean Ayres	Explains sensory integrative dysfunction, how to recognize it, & what to do about it. Tips, checklists, Q-&-A sections, & parent resources make the edition informative & useful.	SIPD 5
The Sensory Processing Disorder Answer Book: Practical Answers to the Top 250 Questions Parents Ask	 Tara Delaney	10% of children deal with some form of sensory processing disorder (SPD). SPD can lead to academic struggles, behavioral problems, difficulties with coordination, & other issues. This book is a reference, providing sound advice & answers to your most pressing questions about SPD.	SIPD 6
Squirmy Wormy: How I Learned to Help Myself	 Lynda Farrington Wilson	The reader learns about SPD (Sensory Processing Disorder) , and what easy therapies he can do by himself to feel better, teaching children self-regulation coping skills	SIPD 7
Too Loud, Too Bright, Too Fast, Too Tight –What to do if you are sensory defensive in an over stimulating world	 Sharon Heller, Ph. D	Discusses sensory defensiveness, a common but often misdiagnosed condition that results from adverse reactions to what most people consider harmless sensations.	SIPD 8

Understanding Your Child's Sensory Signals: A Practical Daily Use Handbook for Parents and Teachers	 Angie Voss OTR	Handbook is helping parents, teachers, and caregivers to understand sensory signals from a child. Geared for daily use & as a sensory reference guide designed to work with ASensoryLife.com, where you can find free printable handouts, sensory how-to videos, sensory tools and more!	SIPD 9
The Out-of Sync Child Grows Up: Coping with Sensory Processing Disorder in the Adolescent and Young Adult Years	 Carol Stock Kranowitz, MA	For parents whose children, already diagnosed with SPD, are entering adolescence, as well as those who do not have a diagnosis & are struggling to meet the challenges of daily life. Advice on living with SPD, covering challenges as well as social & emotional issues.	SIPD 10

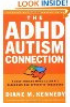
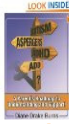
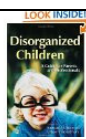
Social Skills

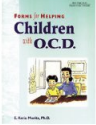
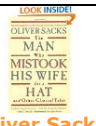
Title	Author	Keyword-Subjects	Number
Comic Strip Conversations	 Carol Gray	Combines stick-figures with "conversation symbols" to illustrate what people say & think during conversations. Showing what people are thinking reinforces that others have independent thoughts - a concept spectrum children don't intuitively understand.	SS 1
Emotional Intelligence- 10 th Anniversary edition	 Daniel Goleman	Insight into our "two minds"—the rational & the emotional—and how they shape our destiny. "Emotional literacy" is not fixed early in life. Everyone interested in a more civil society, has a stake in this compelling vision of human possibility.	SS 2
The Hidden Curriculum of Getting and Keeping a Job: Navigating the Social Landscape of Employment A Guide for Individuals With Autism Spectrum and Other Social-Cognitive Challenges	 Judy Endow Malcolm Mayfield, Brenda Smith Myles.	Adults on the spectrum often have difficulty getting and keeping a job that is unrelated to their job skills. This book provides necessary yet often untaught information on a variety of topics related to getting a job, finding a mentor, networking, using agencies, interviewing, talking with supervisors, dealing with on-the-job-frustrations, understanding the social rules at work and many other topics. Authored by two individuals on the spectrum who have extensive experience in helping others become employed, as well as Brenda Smith Myles, an internationally speaker on autism spectrum disorders.	SS 3 SS 16

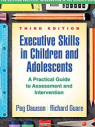
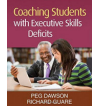
The Hidden Curriculum for Understanding Unstated Rules in Social Situations for Adolescents and Young Adults	 Brenda Smith Myles, Melissa L. Trautman, Rhonda L. Schelvan	Issues common to adolescents & young adults. Instructional strategies provided that can be used to teach the hidden curriculum. Instructional aids - charts, forms, & templates designed to make the job of teaching and learning the hidden curriculum more effective.	SS 4 SS 17
It's So Much Work to Be Your Friend Helping the Child with Learning Disabilities Find Social Success	 Richard Lavoie	Strategies for teaching friendship skills in the classroom, at home, & in the community. Explore causes & consequences of "social incompetence. "Advice on how to help children work through social struggles & go from being picked on & isolated to becoming accepted and involved.	SS 5
The New Social Story Book- over 150 social stories that teach everyday social skills to children 10 th anniversary edition,	 Carol Gray	Offers over 150 of the most requested Social Stories. It teaches how to write Social Stories. Comes with a CD containing each Social Story in ready-to-print PDFs & easy-to-edit Word files! With the CD, customize story content and insert images relevant to the student.	SS 6
Playing It Right! -Social Skills Activities for Parents and Teachers of Young Children with Autism Spectrum Disorders	 Rachael Bareket	Activities designed to help children on the autism spectrum develop basic social skills by focusing on elements of social interaction in a variety of settings home, preschool, kindergarten & elementary school. Intended for use by those working with young children of varying ages.	SS 8
Social Intelligence - Beyond IQ, Beyond emotional intelligence	 Daniel Goleman	Synthesis of findings in biology & brain science, revealing that we are "wired to connect" & the surprising impact of our relationships on every aspect of our lives.	SS 9
Social Rules for Kids -The Top 100 Social Rules Kids Need to Succeed	 Susan Diamond	Improve communication between parent & child by addressing social rules for home, school, & community. Book aims to make students' lives successful by outlining ways to interact with others.	SS 10
Social Skills Activities for Special Children -Including 142 ready-to-use lessons with reproducible activity sheets.	 Darlene and Tim Mannix	This resource book provides ready-to-use lessons--complete with reproducible worksheets--to help children become aware of acceptable social behavior and develop proficiency in acquiring basic social skills.	SS 11
Social Skills for Teenagers and Adults with Asperger Syndrome	 Nancy J. Patrick	A practical Guide to help teens and adults struggling with social skills, friendships & relationships. Provides strategies for helping teenagers and adults with ASD to navigate social skills, friendships & relationships.	SS 12

The Social Skills Picture Book Teaching Play, Emotion and Communication to Children with Autism	 Jed Baker	Teaching tool that engages the attention & motivation of students who need a little extra help learning appropriate social skills by using pictures of children mastering skills such as communication, play, emotion, and empathy.	SS 13
The Hidden Curriculum and Other Everyday Challenges for Elementary-Age Children with High -Functioning Autism	 Haley Morgan Myles Annellise Kolar	Authors give simple, advice on how to handle everyday occurrences that can be challenging for children on the autism spectrum. Provides social rules that help children with peer relationships, school & everyday activities. Tips, on Internet safety, provide children social rules for succeeding in an interactive world.	SS 15

Syndrome Mix kids /Neuro-developmental /Executive Functioning

Title	Author	Keyword-Subjects	Number
The ADHD Autism Connection -A step toward more accurate diagnosis and effective treatment—explores similarities and differences of ADHD and Autism	 Diane Kennedy, Rebecca Banks, Paul Elliott & Carl Daisy,	ADHD is one of the most rapidly growing diagnoses of our generation and often the diagnosis fails to provide real help, leaving patients, doctors, and families at a loss to know what to do next. Insights into the overwhelming number of similarities between Autism and ADHD are giving those with ADHD answers.	SYNX 1
Autism? Asperger's? ADHD? ADD? - A parent's roadmap to understanding and support!	 Diane Drake Burns	Will help navigate those early stages of a child's life when a diagnosis is nowhere in sight. Written by a mother of a child with special needs, this book humorously and gently prods parents into action.	SYNX 2
Children with Tourette's Syndrome – -A parent's guide, 2nd edition	 Tracy Lynn Marsh	Offers information & advice for families. Information on research & medical developments, & sections on education, legal rights, family life, daily care, & emotional issues are thoroughly revised. Essential reading for educators.	SYNX 3
The Disorganized Child – A guide for parents and professionals to children with mild Neuro-developmental problems.	 Samuel Stein Uttom Chowdhury	'Disorganized children' may display a range of behaviors, but they often fail to meet all the criteria for a clear diagnosis. Neurodevelopment specialists present a range of behavioral & psychological strategies to help disorganized children improve concentration & performance in the classroom & deal with behavior & social interaction difficulties.	SYNX 4

Forms for Helping Children with OCD - Forms for therapists, parents, counselor working with children with OCD.	 E. Katia Moritz	Reproducible forms to be used with children with OCD Focuses on parent & child psychoeducation, targeting OCD symptoms. All forms and activities include a brief description of their therapeutic value.	SYNX 5
Kids in the Syndrome Mix of ADHD, LD, Asperger's, and Tourette's, Bipolar, and More! The one stop guide for parents teachers and other professionals	 Martin Kutscher Tony Attwood Robert Wolff	This book is an up-to-date guide to the range of often co-existing behavioral disorders in children - ADHD, OCD, and bipolar disorder, to autistic spectrum disorders, sensory integration problems, and executive dysfunction. Provides information on symptoms, co morbid conditions and treatments. Presents strategies for children who display these disorders at home, at school, or in other settings along with practical tips.	SYNX 6
The Man Who Mistook His Wife for a Hat -Clinical Tales of neurological disorder	 Oliver Sacks	Book recounts the case histories of patients lost in the bizarre, apparently inescapable world of neurological disorders. Tells the stories of individuals afflicted with perceptual and intellectual aberrations.	SYNX 7
101 Creative Strategies for Helping Children with High Stress Levels (PK-8)	 Donna Forrest Brandie Rodgers	Approaches, activities & reproducible worksheets designed to use to help highly stressed/anxious children to: learn about normal anxious feelings, explore how to cope with stressors, identify & express specific fears, learn & practice appropriate coping skills.	SYNX 8
102 Creative Strategies for Working with Depressed Children and Adolescents	 Kaye Randall Donna Strom Susan Bowman	Resource for teachers, counselors, & parents. Strategies include: Relaxation, creative arts, cognitive and behavioral, adventure-based games, exercise, and tips for parents.	SYNX 9
Tics and Tourette Syndrome - A handbook for Parents and Professionals	 Uttom Chowdhury, Isobel Heyman	Guide tackles adjusting to the diagnosis, siblings & classroom difficulties. Offers advice on how to manage symptoms. Presents strategies for dealing with associated difficulties, like low self-esteem, anger-management & bullying.	SYNX 10
Smart But Scattered The Revolutionary "Executive Skills" Approach to Helping Kids Reach Their Potential	 Peg Dawson, EdD Richard Guare, PhD	Learn easy-to-follow steps to identify your child's strengths and weaknesses, use activities and techniques proven to boost specific skills and problem-solve daily routines.	SYNX 11

The Smart but Scattered Guide to Success How to Use Your Brain's Executive Skills to Keep Up, Stay Calm, and Get Organized at Work and at Home	 Peg Dawson, EdD Richard Guare, PhD	Map your own executive skills profile and take steps to boost organizational skills, time management, emotional control, and nine other essential capacities. Packed with strategies and examples, plus tools for creating a personalized action plan. Whether on the job or at home, you can get more done with less stress.	SYNX 12
Smart but Scattered Teens: The "Executive Skills" Program for Helping Teens Reach Their Potential	 Peg Dawson, EdD Richard Guare, PhD Colin Guare	Program for promoting independence by building executive skills-- abilities needed to get organized, stay focused, & control impulses & emotions. Strategies to help teens live up to their potential--while making your relationship stronger. Helpful worksheets and forms can be downloaded and printed.	SYNX 13
Executive Skills in Children and Adolescents, Third Edition: A Practical Guide to Assessment and Intervention	 Peg Dawson, EdD Richard Guare, PhD	Presents ways to assess students' strengths & weaknesses, create supportive environments, & promote specific skills, such as organization, time management, sustained attention, & emotional control. Strategies for individualized and classwide intervention examples and sample scripts.	SYNX 14
Coaching Students with Executive Skills Deficits	 Peg Dawson, EdD Richard Guare, PhD	Coaching model for helping students whose academic performance is due to deficits in executive skills. Guidelines for incorporating coaching into a RTI framework, identifying students who can benefit, conducting each session, & monitoring progress.	SYNX 15
Executive Functioning Workbook for Kids 40 Fun Activities to build Memory, Flexible Thinking, and Self-Control Skills at Home, in School, and beyond for ages 6 to 9	 Sharon Grand , PhD BCN	Help kids grow their executive functioning skills with activities Executive functioning is the name for the skills we use to pay attention, complete tasks, and remember important things. The Executive Functioning Workbook for Kids helps them train their brain. Kids will explore 40 hands-on activities to help them conquer executive functioning skills at home, at school.	SYNX 16

