



NORWALK - LA MIRADA UNIFIED SCHOOL DISTRICT Preschool Program (All Sites) May Menu 2024



Monday	Tuesday	Wednesday	Thursday	Friday	
MENU SUBJECT TO CHANGE					
All Grain Products are Whole-Grain Rich. Nonfat & 1% milk offered at breakfast and lunch.					
BREAKFAST (AM and FD classes)					
5/6, 5/20	Assorted Cereal Bowl Applesauce	Mini Muffin Banana	4oz Danimal Yogurt Banana	½ Bagel & Cream Cheese Tangerine	Whole Grain Waffle Canned Peaches
5/13, 5/28	Assorted Cereal Bowl Applesauce	1/2 Bagel & Cream Cheese Banana	French Toast Banana	Mini Muffin Tangerine	Breakfast Bean & Cheese Burrito Canned Peaches
Chavez Columbia Huerta Only	Assorted Cereal Bowl Applesauce	4oz Danimal Yogurt Banana	½ Bagel & Cream Cheese Banana	Mini Muffin Tangerine	Buttery Maple Waffle Canned Peaches
LUNCH (All classes)					
		1 Cheese Pull Aparts w/Marinara Sauce	2 Chicken Tamale String Cheese	3 Grilled Cheese Sandwich	
6 Chicken Teriyaki Rice	7 Chicken Tenders w/ Ketchup	8 Cheese Pull Aparts w/Marinara Sauce	9 Mac & Cheese *Veg= Celery Sticks	10 Turkey Taco Nada	
13 Orange Chicken & Rice	14 Breaded Drumstick *Veg= Tater Tots	15 Cheese Pull Aparts w/Marinara Sauce	16 Chicken Tamale String Cheese	17 Beef Meatballs & Pasta	
20 Chicken Teriyaki Rice	21 Chicken Smackers w/ Ketchup	22 Cheese Pull Aparts w/Marinara Sauce	23 Beef & Cheese Soft Taco	24 Mini Cheeseburger Twins	
27 Memorial Day No Class	28 Bean & Cheese Burrito	29 Cheese Pull Aparts w/Marinara Sauce	30 Chicken Tamale String Cheese	31 LAST DAY OF SCHOOL Bistro Box: Turkey, WG Crackers, Fruit, Veggie	
Fruit & Veggie with Lunch					
Canned Peaches Carrot Sticks w/Ranch	Honey Citrus Fruit Salad Jicama Sticks w/Lemon	Fresh Strawberries Green Salad w/ Shredded Carrots, Croutons, Ranch	Apple Slices Refried Beans	Orange Wedges Cucumbers w/ Lemon	
SNACK (FD and PM classes only)					
5/6, 5/20	Scooby Doo Grahams 100% Veggie Juice	Wheat Crackers String Cheese	Cheez-It Crackers Applesauce	Freshly Made Fruit Yogurt Parfait	Educational Snacks Milk
5/13, 5/28	Freshly Made Fruit Yogurt Smoothie	Wheat Crackers String Cheese	Cheddar Goldfish Crackers & Applesauce	Educational Snacks Fresh Strawberries	Cereal Bowl & Milk

Updated 4/2/2024

This institution is an equal opportunity provider.