

Dreher Cheer 2023-2024

Tryout Information Packet

Tryout Dates: May 2nd – 5th

May 2nd – 4th 4:30PM – 6:30PM, May 5th 4:30PM - end of tryout

Welcome! We are so excited that you are interested in the Dreher Cheerleading Program. Included in this packet is all of the information that you need to know in order to try out for the team. Please be sure that you carefully read the information provided and email Lindsay.smith@richlandone.org or drehercheerleading@gmail.com if you have any questions regarding the tryout process, what is expected of you, etc. We are so happy to get this cheer season started! Please come to tryouts ready to work hard and put on a show! Good luck and go Blue Devils!

****We will have a pre-tryout clinic April 25th and 26th 4:30-6:30PM!!****

What will you be required to perform at tryouts?

- Dance (taught at first 3 days of tryouts)
- 2 Cheers (taught at first 3 days of tryouts)
- 2 jumps (taught at first 3 days of tryouts)
 - Toe-touch is required
 - Second jump is jump of choice

What are the judges looking for during tryouts?

It's important to keep in mind that you are not only being judged on the final day of tryouts. The judges will be watching closely every day to get a general sense of who each athlete is and how they could be an asset to the program. A few things judges will be on the lookout for include but are not limited to:

- Facials/smiling
- How you interact with other athletes
- How quickly athletes pick up on material
- General enthusiasm
- Body language/overall attitude
- Willingness to learn/try new things
- Motions (sharpness/tightness)
- Voice projection
- Overall performance
- Appearance
- Timeliness
- Preparedness

If you have specific questions about what judges may be looking for/how you'll be scored at tryouts, please see the official tryout scoresheet that is included in this packet.

What do you need to be eligible for tryouts?

As a Dreher High School Cheerleader, you are responsible for representing yourself, your school, and your coaches, meaning you will be held to very high standards and expectations on AND off the field. This includes social media, events unrelated to Dreher or the cheerleading program, any time you are out in public with DHS Cheer gear on, in the classroom, etc. Please always keep this in mind because this responsibility is taken VERY SERIOUSLY. Below is a list of things that are required to be eligible for tryouts:

- A clean discipline record (no major offenses)
- No excessive tardies or absences
- C average in all of your CORE classes
- No pending debts to the school or cheer program

There are also a few things that you will need to have completed before tryouts on May 2nd. Those include the following:

- An up to date physical dated AFTER 4/1/23 uploaded into Planet High School
- All required forms and documents uploaded and signed in Planet High School
- 2 teacher recommendations
 - 1 MUST be from a CORE class teacher (math, history, science, English)
 - A Microsoft Form link will be sent out to all teachers at Dreher and Hand!
 - Send me an email if you need the link for a teacher!
- Meet all requirements in previous list

Please reach out ASAP if you have any questions about eligibility requirements or whether or not you are eligible for tryouts!

What do you need to wear for tryouts?

- Plain white t-shirt or tank top
 - No spaghetti straps/camisoles
 - No writing/graphics
- Sports bra
- Navy blue or black shorts
 - No writing/graphics
 - Not too short
- Athletic tennis shoes (preferably all white)
- White or no show socks
- Hair all the way up or ½ up ½ down (out of face)
- Bow (if you have one)
- ABSOLUTELY NO LONG NAILS OR NAIL POLISH!!
- ABSOLUTELY NO JEWELRY (ears, body, face, etc)

Please reach out if you have any questions regarding what to wear to tryouts!!

****All of this information will also be sent out via email after tonight's meeting****

Dreher High School Cheer Tryout Scoresheet

Athlete # _____

Judge: _____

Overall Score: _____

In each category, circle the score that best reflects the performance of the candidate using the rating scale provided below.

Rating Scale:

0 = Not Applicable 1 = Poor 2 = Well Below Average 3 = Below Average 4 = Average

5 = Above Average 6 = Well Above Average 7 = Excellent 8 = Superior

Criteria	Score
Entrance	0 1 2 3 4 5 6 7 8
<u>Jumps</u>	
Toe touch	0 1 2 3 4 5 6 7 8
Jump of Choice	0 1 2 3 4 5 6 7 8
<u>Cheer 1</u>	
Knowledge	0 1 2 3 4 5 6 7 8
Execution	0 1 2 3 4 5 6 7 8
<u>Cheer 2</u>	
Knowledge	0 1 2 3 4 5 6 7 8
Execution	0 1 2 3 4 5 6 7 8
<u>Voice Projection</u>	
	0 1 2 3 4 5 6 7 8
<u>Dance</u>	
Knowledge	0 1 2 3 4 5 6 7 8
Execution	0 1 2 3 4 5 6 7 8
<u>Exit</u>	
	0 1 2 3 4 5 6 7 8
Overall Appearance and Performance	0 1 2 3 4 5 6 7 8

Additional Comments:

Dreher Cheer Athlete Code of Conduct

As a Dreher Cheerleader, there are certain standards and expectations that must be upheld. By signing this contract you are agreeing to the terms and conditions set forth by the Dreher Cheerleading Coaching Staff. You are eligible for termination at any point in time if you are found in violation of this code of conduct. The rules and expectations for all members of the team are as follows:

1. Be on time to all practices, games, and events. This includes being appropriately dressed (i.e. cheer shoes, no jewelry, athletic wear, hair out of your face, etc.). Failure to be prepared will be interpreted as being late.
Coaching staff reserves the right to make late athletes run/condition after practices or bench athletes at events.
2. Notify coaching staff of any absences at least 24 hours before the missed event. This includes other school related activities such as dance, drama, tutoring, etc. Emergencies will be handled on a case by case basis.
Coaching staff reserves the right to bench athletes at events for missed practices.
If athletes miss 3 practices, they will be put on probation. If attendance is not improved, they will be benched or removed from the team.
3. Communicate with coaching staff and other athletes in a respectful, effective, and positive manner. Coaching staff reserves the right to schedule conferences with athletes/parents or bench athletes at events. If the problem continues, the coaching staff reserves the right to remove the athlete from the team.
4. Bring all required materials to all events. (i.e. Warm-Ups, Under armor, poms, shoes, socks, bows, uniforms, spunks, etc.)
Coaching staff reserves the right to bench athletes who are not prepared at events.
5. Maintain a C average and pass all core classes.
Coaching staff reserves the right to place athletes on academic probation. If grades do not improve, athletes can be benched from practices and games or removed from the team.
6. Follow all school/district rules and expectations. Behavior issues in school will be addressed by coaching staff as well as administrative staff.
Coaching staff reserves the right to address these issues on a case by case basis. Athletes can be benched for practices and events or removed from the team depending on the severity of the discipline issue.
7. No PDA, party conversations, talk of violence/fighting, or foul language while at school/cheer events or in any clothes that identify you as a Dreher cheerleader. Social media accounts should also be kept clean.
Coaching staff reserves the right to assign consequences if this behavior continues after a verbal warning.
8. If a parent/guardian would like to take their athlete home directly from an event, the coaching staff must make contact with the parent/guardian before the athlete will be released. If parents/guardians would like anyone other than themselves to pick their athlete up from an event, a phone call or email must be sent 24 hours in advance or the athlete will not be released. Emergencies will be handled on a case by case basis.
9. Remain focused and attentive during practices, games, and other events. This includes minimizing talking, distracting behaviors, and cell phones/smart watches.

Coaching staff reserve the right to assign consequences if these behaviors continue after a verbal warning.

- 10. Be an active, willing, positive participant of the team.

Coaching staff reserve the right to schedule coach/athlete/parent conferences. If expectations are still not met, athletes can be put on probation or removed from the team.

The consequences for breaking these rules/expectations may vary depending on the degree and frequency of the infraction. Some common/likely consequences have been included with these rules/expectations but the coaching staff has the right to exercise their discretion when handling a breach of this code of conduct.

As a Dreher Cheerleader, you are a representative of the school and must behave as such. By signing this code of conduct, you are agreeing to uphold the expectations that have been established by the coaching staff and accept the consequences for failing to meet these expectations.

Coach Smith – Head Coach

Assistant/JV Coach (if applicable)

Athlete Name (print only)

Athlete Signature

Date

Parent/Guardian Name (print only)

Parent/Guardian Signature

Date



Athletic Director Signature

5/9/22
Date



Principal Hasinger Signature

5/9/22
Date

2023-2024 JV Price Sheet

Athlete Name: _____ Date: _____

All items this athlete is responsible purchasing have been indicated by an [X]. The prices for each item are listed and the total price at the bottom is the estimated cost of each athlete's purchases for the _____ season. Please keep in mind that as we order things, prices could vary. We will do everything we can to stay as close as possible to the estimation provided below.

Chasse Game Day Shoes Price: \$43.00

Classic Bow Price: \$11.00

Rhinestone Bow Price: \$11.00

Spanks (x2) Price: \$18.00

Nike Practice Shorts Blue/White Price: \$22.00

Nike Practice Shorts Black/White Price: \$22.00

Nike Practice Shorts Gray Price: \$26.00

Practice Tank Price: \$26.00

Gray Team Shirt Price: \$24.00

Blue Practice Shirt Price: \$15.00

Warm-Up Price: \$160.00

Jacket embroidery Price: \$10.00

Rain Jacket Price: \$16.00

Cheer Bag Price: \$125.00

Total Estimated Cost:

\$530 - \$580

2023-2024 Varsity Price Sheet

Athlete Name: _____ Date: _____

All items this athlete is responsible purchasing have been indicated by an [X]. The prices for each item are listed and the total price at the bottom is the estimated cost of each athlete's purchases for the _____ season. Please keep in mind that as we order things, prices could vary. We will do everything we can to stay as close as possible to the estimation provided below.

Chasse Game Day Shoes Price: \$43.00

Nfinity Competition Shoes Price: \$124.00

Classic Bow Price: \$11.00

Rhinestone Bow Price: \$11.00

Spanks (x2) Price: \$18.00

White Body Suit Price: \$19.00

Nike Practice Shorts Blue/White Price: \$22.00

Nike Practice Shorts Black/White Price: \$22.00

Nike Practice Shorts Gray Price: \$26.00

Practice Tank Price: \$26.00

- | | |
|--|-----------------|
| <input type="checkbox"/> Gray Practice Shirt | Price: \$20.00 |
| <input type="checkbox"/> Blue Practice Shirt | Price: \$15.00 |
| <input type="checkbox"/> Warm-Up | Price: \$160.00 |
| <input type="checkbox"/> Jacket embroidery | Price: \$10.00 |
| <input type="checkbox"/> Rain Jacket | Price: \$16.00 |
| <input type="checkbox"/> Cheer Bag | Price: \$125.00 |

Total Estimated Cost:

\$660 - \$730

May

2023

Tentative Cheer Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Tryouts 4:15-6:30 PM Small Gym	Tryouts 4:15-6:30 PM Small Gym	Tryouts 4:15-6:30 PM Small Gym	Tryouts 4:15-6:30 PM Small Gym	Tryouts 4-TBD Small Gym	
7	8	9	10	11	12	13
Mandatory Meeting 6-TBD Dreher Cafeteria	Practice 4:15-6PM Small Gym	Practice 4:15-6PM Small Gym	Practice 4:15-6PM Small Gym	OFF		
14	15	16	17	18	19	20
Tumbling Time TBA Off Campus	Practice 4:15-6PM Small Gym	Practice 4:15-6PM Small Gym	Practice 4:15-6PM Small Gym	OFF		
21	22	23	24	25	26	27
Tumbling Time TBA Off Campus	Practice 4:15-6PM Small Gym	OFF	Practice 4:15-6PM Small Gym	OFF		
28	29	30	31			
Tumbling Time TBA Off Campus	OFF	OFF				

JUNE

2023

Tentative Cheer Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1	2	3
	4 Practice Time TBA (8-12)	5 Practice Time TBA (8-12)	6 Practice Time TBA (8-12)	7 Practice Time TBA (8-12)	8 OFF	9	10
	11 Practice Time TBA	12 Practice Time TBA	13 Practice Time TBA	14 Practice Time TBA	15 OFF	16	17
	18 Practice Time TBA	19 Practice Time TBA	20 Practice Time TBA	21 Little Girls Clinic*	22 Little Girls Clinic*	23 Little Girls Clinic*	24 Little Girls Clinic*
25 Practice Time TBA	26 Stunt Clinic (Varsity) 9-12 SilverJax	27 Choreography (Varsity) 9-4 SilverJax	28 Choreography (Varsity) 9-3 SilverJax	29 OFF	30		

JULY

2023

Tentative Cheer Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
OFF	OFF	OFF	OFF	OFF	OFF	OFF
9	10	11	12	13	14	15
Practice	Practice	Practice	Practice	Practice	Practice	Practice
16	17	18	19	20	21	22
Practice	Practice	Practice	Practice	Practice	Practice	Practice
23	24	25	26	27	28	29
OFF	OFF	OFF	OFF	OFF	OFF	OFF
30	31					
Practice	Practice					

