



Dreher Girls' Soccer

To: Dreher High School and Hand Middle School Girls
From: Michael Burkett, Varsity Head Coach
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Subject: 2023 Season Information

Date: September 12, 2022

This memo will provide important information regarding our plan for getting started and what you need to know if you are interested in trying out for Varsity or JV soccer this school year.

Physicals

You cannot participate in any activities until you have completed your physical and uploaded it to Planet High School. There are no exceptions to this requirement, and the forms and instructions are available on the Dreher Athletics

Website. <https://dreherathletics.com/2021/05/14/participation-forms-are-now-online/>

Insurance

Girls selected for the Varsity or JV teams will be required to purchase insurance. Instructions will be provided following finalization of rosters.

Open Season

Participation during the Open Season is voluntary, but it is strongly encouraged.

High School and Middle School Students -

October: 3, 5, 10, 12, 17, 19, 24, 26 (5:30 PM – 7:00 PM @ Memorial Stadium)

January TBD

Weightlifting will continue on Mondays and Wednesdays from 4:30 -5:00 PM. As a general rule, the practices in October will be primarily play oriented, and January will be divided between conditioning and playing – sometimes in this order and sometime not! Please note January is currently listed as TBD for dates, location, and time. We are still finalizing our practice schedule with boys' soccer, but it would not be unusual for us to spend a few of our nights at Memorial.

Tryouts

Varsity and JV tryouts will begin on January 30, 2023. Three tryout sessions are planned (January 30, 31 and February 1), but we reserve the right to make final rosters after two sessions. In the event of weather issues or other unforeseen circumstances, we will be prepared to select teams after one evaluation session. High School students will be evaluated during the Varsity tryout session(s), and middle school students will be evaluated during the JV tryout session(s). However, a high student may request to be evaluated during the JV tryout session(s). Following completion of tryouts, selected players will be rostered on the appropriate team, so

high school students who complete the Varsity tryout session(s) may be rostered on the JV team. Middle school students are not eligible to play Varsity soccer.

Communication

Following tryouts, Varsity and JV teams will use TeamSnap as the exclusive means of communication. Prior to and during tryouts, we will communicate through emails to the schools and Twitter: @dreherladyblue

For last minute weather issues and etc, Twitter will be the fastest way for you to get the information you need.

Season

More information will be provided following selection of teams, but both Varsity and JV will practice from 5:30 – 7:00 PM during the season. Of course, we will get some earlier practices on the calendar, but the default time will be 5:30 PM. A lot of our middle school players and ninth graders will continue to be involved in Club soccer during the season. As in past years, we will continue to work with players who have Club conflicts and create a schedule that is good for the player and team. Region games this year will be played on Tuesday and Fridays. There are some exceptions in the season with scrimmages, tournaments, and non-region games, but the majority will follow the Tuesday/Friday schedule.