

## INFORMATION ABOUT PRECAUTIONS TO PREVENT THE SPREAD OF INFECTIOUS DISEASES AT SCHOOL

Richland County School District One  
Health Services

In the school setting, knowing who carries an infectious disease and what germs may be present is not possible. Persons with infections do not always have outward signs and often are not aware of being infected. However, you can take precautions at school and in other situations that will help protect you from infectious diseases. Those precautions include the following:

1. Wash your hands with soap and running water at regular times during your workday. Common infectious disease, such as impetigo, may be contracted from dirt and waste encountered in the workplace.
2. Avoid punctures with objects that may contain blood of others.
3. Handle discharges from another person's body (particularly body fluids containing blood) with gloves and wash hands thoroughly with soap and running water when you are finished.
4. Carefully dispose of trash that contains body wastes and sharp objects. Use special containers with plastic liners for disposal of refuse that contains blood or for any body spills that may contain blood. For disposal of sharp objects, use containers that cannot be broken or penetrated.
5. Promptly remove another person's blood and body wastes from your skin by washing with soap and water.
6. Clean surfaces that have blood or body wastes containing blood on them with an Environmental Protection Agency (EPA) approved disinfectant or a 1:10 solution of household bleach and water. The solution should be freshened daily to ensure proper strength (one fourth cup bleach to one gallon water, or two tablespoons bleach per quart of water).

**THESE PRECAUTIONS WILL PROTECT YOU FROM HIV INFECTION,  
HEPATITIS B AND MANY OTHER INFECTIOUS DISEASES. THESE ORDINARY  
HYGENIC PRACTICES WILL RESULT IN FEWER ILLNESSES FOR YOU AND  
OTHERS AROUND YOU.**