

Thompson Falls School District #2 shall provide equal educational opportunity and treatment for all students without regard to race, creed, color, national origin, sex, marital status, previous arrest or incarceration or non-program-related physical, sensory or mental handicaps as stated in board policy and MCA 49-2-307, 49-3-205.

# BLUE HAWK NEWS

## Ticks Are Here

Wood ticks are back and plentiful this year. These creepy crawlers, with their flat, oval shaped bodies are most often reddish-brown in color and small enough that they can be difficult to spot. They are most often found in grassy, brushy, or wooded areas or on animals. Wearing light colored clothing can help to spot them easier. Tucking shirts into pants, and pants into socks can keep the ticks on your clothes and act as a barrier. Checking for ticks as often as possible, and showering as soon as possible, after spending time outdoors, is also recommended.

## SCIENCE OLYMPIAD

Fifteen of our 6th-8th grade students will compete at Science Olympiad in Bozeman, tomorrow. The list of events these students will compete in ranges from Anatomy and Physiology, Fossils, Forestry, Optics, Tower Building, Microbes, and Code Busters, to Experimental Design and several others. Team members have spent the last few months preparing for the event, constructing samples and researching the various topics. Our Science Olympiad team is coached by fifth grade teacher, Mrs. Rebecka Sawyer. Good Luck to these Blue Hawks as they compete.

## Thank You Volunteers!

Volunteers fill many roles here at the Elementary. We have dedicated individuals who give of their time and energy, week after week, consistently and dependably arriving here at school to keep our library running smoothly, help with learning centers, listen to students read, drill math facts, read to students, and many other duties. Members of our PTO spend extra time planning and conducting fun events for both students and staff. Next week is Volunteer Appreciation Week, and we most definitely appreciate our volunteers! You truly make a difference! **THANK YOU!**

## RUNNING START READERS

Students in kindergarten through second grade will enjoy special guest readers for a few minutes each day, this week and next, thanks to the organizational efforts of the Thompson Falls Woman’s Club. Scheduled readers include representatives of various businesses in our community, police officers, the mayor, and veterans, as well as several members of the Woman’s Club. It has been difficult to tell who is enjoying this opportunity most, the students or the readers! We appreciate these individuals! Thank you for modeling the importance of reading and the enjoyment that comes from it!

## Important Happenings

- 4/18 REACH - 3rd-8th Gr After School Program - 3:30-5PM
- 4/19 FUN FRIDAY—Tie Dye Day
- 4/19 Early out - 2:05PM
- 4/21-4/27 National Volunteer Appreciation Week
- 4/24 7th Gr Etiquette Lunch
- 4/25 8th Gr Etiquette Lunch
- 4/26 FUN FRIDAY - Camo Day
- 4/26 Early out - 2:05PM
- 5/1 5th-12th Gr Summer Band Concert—6:30—HS
- 5/3 FUN FRIDAY - Star Wars Day
- 5/3 Running Start Reading logs are due
- 5/3 School Lunch Heroes Day
- 5/3 Early out - 2:05PM
- 5/6-5/10 Teacher / Staff Appreciation Week
- 5/8 School Nurse Day
- 5/8 Running Start Celebration - 2:30 PM
- 5/9 K-6 Summer Music Concert - 6:30PM - EL Gym
- 5/10 FUN FRIDAY - Hat Day
- 5/10 5th-6th Gr Egg Cart Races
- 5/10 Early out - 2:05PM
- 5/14 3rd Gr Field Trip - T Falls Dam
- 5/15 4th Gr Field Trip - Cabinet Gorge Hatchery
- 5/15 PTO Meeting—4:30PM—Rm 1 in Elementary
- 5/16 6th Gr Field Trip - Fort Missoula
- 5/16 2nd Gr Field Trip—Three Chiefs Center
- 5/17 **NO SCHOOL**
- 5/20-5/24 Penny War - PTO Fish Tank Fundraiser
- 5/21 3rd Gr Field Trip - Noxon Dam
- 5/21 1st Gr Field Trip - T Falls Airport
- 5/21 JH/HS Pops Concert—6:30PM—Rex Theater
- 5/22-5/24 Early Childhood Screening - by appointment
- 5/22 6th Gr Tdaps given

## Thompson Falls Elementary

Mr. Len Dorscher,  
Principal

School web site:  
<http://thompsonfalls.net>



ThompsonFallsSchools



### Handling Life's Conflicts

One of the goals of Love and Logic is to teach kids how the real world works. This includes helping kids handle life's conflicts by giving them the skills they will need to turn disagreements into win-win solutions.

Conflicts are part of life. People who understand this, and who know how to maintain relationships in the face of friction, usually enjoy a lifetime of happiness. Those who lack these skills often struggle through a life filled with broken relationships.

The following tips will help you give your kids the skills they need to enjoy a life full of healthy relationships.

**Tip #1: Remember that children learn the most about relationships by observing how we handle ours.**

What we do in front of our kids is far more powerful than lectures. Children are incredibly sensitive to unspoken tension and can suffer great anxiety when their parents try to hide conflicts that need to be addressed. How parents handle conflicts is typically how their children will handle conflicts in their friendships and future marriages.

**Tip #2: Don't make the mistake of trying to create a conflict-free family.**

There is no doubt that kids suffer tremendously when they see their parents yell, argue, and fight. It's never helpful for children to witness this type of behavior. On the other hand, it's unhealthy for kids to see their parents stuff their emotions and try to pretend that nothing is wrong. This sends the unhealthy message that problems are to be avoided rather than solved.

**Tip #3: Have some healthy disagreements or conflicts in front of your kids.**

Children need to see their parents disagreeing, expressing their emotions in assertive ways, and tackling conflicts head-on. It's healthy for kids to hear parents say things like, "It makes me mad when I try to use the car and it has no gas" or, "It's frustrating to me when it doesn't seem like you are listening to me."

**Tip #4: Use the lingo of problem-solving and compromise.**

When parents are handling conflicts, children need to hear them saying things like:

- "How can we solve this problem?"
- "Tell me more."
- "Let's compromise."
- "I'm sorry that I hurt your feelings."
- "Here are some possible solutions."

**Tip #5: Use common sense about what you discuss in front of your kids.**

Although it is healthy for kids to witness us resolving day-to-day disputes, there are some issues or topics that are not appropriate for their ears. Wise parents discuss very sensitive topics privately so that their children cannot hear them.

When parents follow these tips and kids are allowed to hear their parents resolve disputes, kids can learn how to resolve conflicts in their own relationships. In our audio, [The Gift of Limits: Why Kids Who Have Them Feel Safer and More Loved](#), you can find more ideas for helping kids learn to be ready for the real world.

***Each week we will share Love & Logic tips here. We also have many Love & Logic resources available for loan.***

***Contact our school counselor, Ms. Taylour Freed, for more info.***