

# Lunch Menu

North Merrick Elementary Schools

May  
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



6 Grilled Cheese Sandwich  
Or Chicken Nuggets  
Steamed Zucchini  
Carrot Dippers  
Fresh Orange  
Apple Slices



7 Crispy Tacos  
Mild Salsa  
Or Chicken Nuggets  
Carrot Sticks  
Fiesta Corn  
Fresh NY Local Apple  
Strawberry Cup

8 Cheese Quesadilla  
Or Chicken & Cheese Quesadilla  
Mild Salsa  
Steamed Carrots  
Grape Tomatoes  
Fresh Orange  
Apple Slices

9 Cinnamon French Toast  
With Syrup  
Or Chicken Nuggets  
Crispy Potato Puffs  
Fresh Red Delicious Apple  
Strawberry Cup



10 Classic Cheese Pizza  
Or Pepperoni Pizza  
Side Garden Salad  
Confetti Garbanzo Bean Salad  
Sliced Oranges  
Fresh Red Delicious Apple

13 Cheesy Stuffed Bread Sticks  
Marinara Sauce Dip  
Or Chicken Nuggets  
Steamed Zucchini  
Celery  
Fresh Pear  
Apple Slices

14 BBQ Chicken Sauce & Toss  
Or Chicken Nuggets  
Whole Wheat Dinner Roll  
Roasted Broccoli  
Fresh Baby Carrots  
Sliced Oranges  
Strawberry Cup

15 Fluffy Whole Grain Waffles  
With Syrup  
Or Chicken Nuggets  
Crispy Potato Puffs  
Fresh Red Delicious Apple  
Fresh Orange

16 Chicken Parmesan Sandwich  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
Steamed Carrots  
Celery  
Strawberry Cup  
Sliced Oranges



17 Classic Cheese Pizza  
Or Pepperoni Pizza  
Sauteed Spinach  
Fresh Pear  
Apple Slices

20 Mozzarella Sticks  
Marinara Sauce Dip  
Chicken Nuggets  
Sauteed Zucchini  
Cherry Tomatoes  
Fresh Pear  
Diced Pear Cup  
Strawberry Cup



21 Crispy Chicken Drumstick  
Chicken Nuggets  
Green Bean Salad  
Fresh Baby Carrots  
Fresh Orange  
Sliced Apples  
Strawberry Cup

22 Fluffy Whole Grain Waffles  
With Syrup  
Chicken Nuggets  
Crispy Potato Puffs  
Celery  
Fresh Red Delicious Apple  
Watermelon Slices

23 Cheeseburger  
NY Beef Burger  
Chicken Nuggets  
Oven Baked Fries  
Cucumber Coins  
With Light Ranch Dressing  
Honeydew and Cantaloupe Cup



24 Classic Cheese Pizza  
Or Pepperoni Pizza  
Buttered Corn  
Carrot Sticks  
Sliced Oranges  
Strawberry Cup

SCHOOL  
CLOSED  
TODAY

28 Cinnamon French Toast  
With Syrup  
Chicken Nuggets  
Crispy Potato Puffs  
Fresh Red Delicious Apple  
Celery  
Strawberry Cup

29 Nachos Grande  
Chicken Nuggets  
Whole Wheat Dinner Roll  
Sweet Potato Fries  
Cucumber Coins  
Sliced Oranges  
Strawberry Cup

30 Honey Mustard Chicken Sauce & Toss  
Chicken Nuggets  
Whole Wheat Dinner Roll  
Green Bean Salad  
Fresh Baby Carrots  
Fresh Pear  
Fresh Orange

31 Classic Cheese Pizza  
Or Pepperoni Pizza  
Carrot Sticks  
Fresh Red Delicious Apple  
Steamed Carrots  
Fresh Orange  
Apple Slices



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Adult Lunch \$5.00 + Tax

Lunch served with choice of grains, meat/meat alternative assorted fruit choices and milk

Daily Offerings

Chicken Nuggets with Dinner Roll  
Yogurt Lunch with Roll and Cheese Stick  
Bagel Lunch with Butter or Cream Cheese & Cheese Sticks  
Cheese Sandwich  
Fresh Fruit and Vegetables  
FF Chocolate or White and 1 % Milk  
Assorted 100 % Fruit Juice

