

6-8 MS Lunch

Middle School Lunch Menu Spring 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Apr 22	Apr 23	Apr 24	Apr 25	Apr 26
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● Philly Cheesesteak ● Baby Carrots ● Green Beans ● Diced Pears ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● RPS Burger ● Crinkle Cut Fries ● Pickle, Tomato & Lettuce Cup ● Apple ● Chilled Peaches ● Assorted Milk 	<ul style="list-style-type: none"> ● Chicken Drumstick w/ Dinner Roll ● Steamed Broccoli ● Sweet Potatoes ● Applesauce Cup ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Corn Dog ● Baked Beans ● Seasoned Carrots ● Mixed Fruit ● Pear ● Assorted Milk 	<ul style="list-style-type: none"> ● Big Daddy's Pizza ● Garden Salad ● Seasoned Corn ● Apple Slices ● Orange ● Assorted Milk
<i>Week 2</i>	Apr 29	Apr 30	May 1	May 2	May 3
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● Spicy Chicken Sandwich ● Lettuce, Tomato, Pickle Spear ● Broccoli w/Cheese ● 100% Fruit Juice ● Apple ● Assorted Milk 	<ul style="list-style-type: none"> ● Turkey Taco w/ Tortilla Chips ● Black Beans ● Salsa Cup ● Orange ● Diced Pears ● Assorted Milk 	<ul style="list-style-type: none"> ● Breakfast for Lunch: Chicken & Waffles ● Mixed Vegetables ● Hashbrown Patty ● Applesauce Cup ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Chicken Nuggets w/ Roll ● Broccoli ● Coleslaw ● Applesauce Cup ● Pear ● Assorted Milk 	<ul style="list-style-type: none"> ● Big Daddy's Pizza ● Garden Salad ● Seasoned Corn ● Apple Slices ● Chilled Peaches ● Assorted Milk
<i>Week 3</i>	May 6	May 7	May 8	May 9	May 10
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● Hot Dog ● Baked Beans ● Crinkle Cut Fries ● Orange ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Chicken Tenders ● Seasoned Peas ● Seasoned Carrots ● Chilled Peaches ● Apple ● Assorted Milk 	<ul style="list-style-type: none"> ● Spaghetti, Meatballs & Breadstick ● Green Beans ● Baby Carrots ● Pear ● 100% Fruit Juice 	<ul style="list-style-type: none"> ● Crispy Chicken Sandwich ● Wedges or Fries ● Coleslaw ● Applesauce Cup ● Pear ● Assorted Milk 	<ul style="list-style-type: none"> ● Big Daddy's Pizza ● Seasoned Corn ● Garden Salad ● Diced Pears ● Apple Slices ● Assorted Milk

Additional Daily Entree Options

- Chicken Sandwich, Hamburger, or Pizza
- Granola & Yogurt Parfait
- Hummus & Veggie Box
- Entree Salad w/ Cheezits & Grahams

(Manager may offer 1-3 additional options daily. Varies by school, see your cafe manager for details)

Nutrition Bites

- May is National Salad Month
- 5/3 School Lunch Hero Day
- 5/13 International Hummus Day
- 5/13 - 19 Food Allergy Awareness Week
- 5/20 World Bee Day

Lunch includes:
Choice of 1 Entree,
1-2 Vegetables, 1 Fruit,
and 1 Milk

Menu subject to change due
to item availability

Vegetarian Options
Available Upon Request