



Disclaimer: *This content is not intended to be a substitute for professional advice, diagnosis, or treatment. Always seek the advice of your mental health professional or other qualified health provider with any questions you may have regarding your condition. Never disregard professional advice or delay in seeking it because of something you have read. Piper School District nor their employees recommend or endorse any clinicians, counselors, psychiatrists, social workers, physicians, products, procedures, opinions, or other information that may be mentioned. Reliance on any information provided is solely at your own risk. The content that is provided on an "as is" basis.*

If you are in crisis or you think you may have an emergency, call your doctor or 911 immediately. If you're having suicidal thoughts, call 1-800-273-TALK (8255) to talk to a skilled, trained counselor at a crisis center in your area at any time (National Suicide Prevention Lifeline).

Hotlines and Kansas/National Resources

Mental Health/ Crisis HOTLINE: 988

Crisis TEXT LINE: Text START to 741-741

Kansas Suicide Prevention Hotline: 800-273-8255 kansassuicideprevention.org

Headquarters Counseling Center 1-800-273-8255 785-841-2345

Crisis Apps: My3app, Jason Foundation: A Friend Asks, SAMHSA Suicide Safe

In crisis and aren't able to reach out to a safe, supportive person? Check out these awesome resources!

- The Crisis Text Line:** Text **4Hope to 741741** for free, confidential mental health and addiction crisis support.
- National Suicide Prevention Lifeline:** For free, supportive, confidential help call **1-800-273-8255** or visit <https://suicidepreventionlifeline.org/chat/>
- The Trevor Project:** LGBT folks under age 25, call **1-866-488-7386** if you're thinking about suicide or need someone to talk to. Free, 24/7.
- The Trans Lifeline:** Call **1-877-565-8860** for confidential peer support. The Trans Lifeline connects trans people to community, support, and resources.
- The RAINN Hotline:** Call **1-800-656-4673** to be connected with a trained staff member from a sexual assault crisis center in your area.
- The Child Abuse Helpline:** If you are being abused and need help, call **1-800-422-4453**. A trained volunteer can help you make a plan to stay safe.
- The Runaway Hotline:** If you've run away and need support to stay safe, call **1-800-RUNAWAY** or text **66008** for free, confidential help.
- The Girls and Boys Town Hopeline:** Call **1-800-448-3000** for support if you're struggling with addiction or involved with gang violence and need help.
- The National Eating Disorders Association Hotline:** Call **1-800-931-2237** Monday through Thursday 9-9 and Friday 9-5, for compassionate support.



Therapist: Use this website (psychology today) to find therapists near you, that accept your insurance, and/ or that specialize in an area of need for you or your child. On the left hand side you can filter your options by types of therapy, Issues a person may be struggling with, Insurance, and many other specifications. At the top you can switch between narrowing your field by county or city. <https://www.psychologytoday.com/us/therapists/kansas>

The Family Conservancy <https://www.thefamilyconservancy.org/counseling-services-in-kansas-city/>

Contract Therapists

Elementary: Caroline Oas

Secondary (in person): Libby Rooney

Secondary (via zoom): Kelly Eledge

Libby Rooney

Years of counseling 6 years

Former school counselor

Specialize in Anxiety, Social Anxiety, Depression, OCD, PTSD, divorce, life changes, grief, pandemic stress, friendship and relationship issues, life coaching, and eating disorders. <https://libbyrooneycounseling.com/>

Fees: \$200 for intake (1-1.5 hours) \$150 for each session thereafter Superbilling

Clients: current clients and 6-12 Students & Staff

Caroline Oas

Play therapist and Licenced Clinical Professional Counselor

Issues that she specializes in: Children, anxiety, behavioral issues, Coping Skills, Depression, Education and Learning Disabilities, Family Conflict, Grief, Obsessive-Compulsive (OCD), Oppositional Defiance (ODD), Parenting, School Issues, Self Esteem, Self-Harming, Spirituality, Stress, Transgender, Impulse control disorders, mood disorders

caroline@pc-counseling.com (email is the best mode of communication)

913-725-8148

[Psychology Today profile](#)

Fee: \$100 per session- You may request a free 1st time phone consultation before deciding on services

Insurance: Will provide superbill upon request- will accept HSA

Clientele: Child Centered Play therapy ages 3-11, Person Centered CBT approach ages 11-18

Kelly Eledge

Licenced Clinical Social Worker

Utilizes a holistic Person Centered approach and specializes in but is not limited to: depression, anxiety, and trauma.

Typical issues Kelly has worked with children/teens are: anxiety, self-esteem, anger, decision making skills, life transitions, coping skills, peer and family relationships to name a few.

Phone: 888.631.3938 ext: 711

Email: kelly@ex-ft.com

Fee: \$110 per session

Insurance: Currently accepts: Medicaid

self pay is also accepted and willing provide superbilling to parent for their insurance company

Clientele: ages 14 and up, currently only providing services via zoom during the school day, but as she gains more clientele will come in person



Local Mental Health Professionals:

Jaime Englis, LPC, NCC

Licensed Professional Counselor

National Certified Counselor

Business Name: Heart Work Therapy, LLC

Specialties: Play Therapy for Children (ages 3-10) social and behavioral issues, anxiety, divorce, grief, emotional regulation, self-esteem; Adolescents/Teen Development, Relationship issues and Conflict; Anxiety and Depression

Phone: 913-250-8506

Email: Heartworktherapy@outlook.com

Fees: \$100/hour- HSA cards accepted, super billing upon request

Website: <https://www.heartworktherapy.org>

Taryn Lynch

Full-time mental health therapist

Works with clients regarding recent life changes, depression, anxiety, providing additional support, helping to build skills to help the client to better manage their symptoms. <https://fox-counseling-services.clientsecure.me/>

tarynlynchcounseling@gmail.com

Fee: \$100 for an intake session, \$90 per session

Insurance: Currently accepts: Medicaid (Aetna & United), ProviDRs, - self pay is also accepted Will provide superbilling to parent for their insurance company

Clientele: ages 13 and up, currently only providing services via zoom and not in person.



Resources of Clinics/providers with Several Specialties

The Guidance Center
500 Limit Street
Leavenworth, KS 6604
(913) 682-5118

Vibrant Health: 913-342-2552

PACES: 913-956-3420 Wyandotte Center: 1301 N. 47th St., Building A, Kansas City, KS 66102
913-328-4600 24/7 Crisis Line at 913-788-4200
<http://www.wyandottecenter.org/forms/contact-us>

Research Psychiatric Center In patient, outpatient, acute programs, day programs and more
<https://researchpsychiatriccenter.com/service/adolescent-services> 2323 East 63rd Street Kansas City, MO 64130 Telephone: (816) 444-8161 816-444-8161

Children's Mercy College Blvd 5520 College Blvd Overland Park, KS 66211

Health Partnership - Shawnee Miss.
The Family Conservancy 444 Minnesota Ave Suite 200 Kansas City, KS 66101 913-342-1110

Transgender Institute 8080 Ward Parkway #400 Kansas City, MO 64114 816-305-0943

Two Rivers Psychiatric Hospital 5121 Raytown Rd Kansas City, MO 64133 816-382-6300

UMKC Community Counseling and Assessment Center 615 E 52nd St Suite 212 Kansas City, MO 64110 816-235-2725

Saint Vincent Clinic 818 N 7th St 9119 W. 74th St., Suite 210 Merriam, KS 66204 913-648-2266

Kansas City CARE Clinic - Broadway 3515 Broadway Kansas City, MO 64111 816-753-5144

Mattie Rhodes Center 1740 Jefferson St Kansas City, MO 64108 816-471-2536

Prairie Ridge Psychiatric Hospital 4300 Brenner Dr Kansas City, KS 66104 913-621-5753

Renaissance West 5840 Swope Pkwy Kansas City, MO 64130 816-333-2990

Southwest Boulevard Family Health Care 300 Southwest Blvd Kansas City, KS 66103 913-722-3100
Leavenworth, KS 66048 913-651-8860

Samuel U. Rodgers Health Center - Downtown Campus 825 Euclid Kansas City, MO 64124 816-474-4920

Swope Health - Central 3801 Blue Parkway Kansas City, MO 64130 816-922-1070

Swope Health - Northland 4443 NW Gateway Dr Riverside, MO 64150 816-627-2050

Synergy Services 400 E 6th St Parkville, MO 64152 816-587-4100

Marillac: 8000 W 127th St. Overland Park, KS 66213 913-951-4400

PACES Wyandotte Center Youth Service. 7840 Washington Ave KCK 66112 913-563-6500

KVC Behavioral Health Center: 4300 Brenner Drive KCK 66104. 913-334-0294

Mental Health America of the Heartland: 739 Minnesota Ave KCK 66101. 913-281-2221

Swope Health: 3801 Blue Parkway KC MO 64130. 816-923-5800

Catholic Charities: Kansas City 751 E. 63rd St. Kansas City, MO 64110 816-333-2040

Crittenton Behavioral Health: 10918 Elm Ave. Kansas City, MO 64134 816-765-6600

Don Bosco Counseling Center 520 Garfield Kansas City, MO 64124 816-404-6345

The Guidance Center Emergency Services
Business Hours: 913-682-5118
After Hours: 888-260-9634

Mattie Rhodes Center 1740 Jefferson Street Kansas City, MO 64108 816-471-2536

Renew Counseling Center Adolescents Only (Anxiety) 11695 S Blackbob Rd Olathe Ks 66062 913-768-6606

MNU Community Counseling Center 14201 S Mur-Len Suite 201 Olathe, Ks 66062 913-971-3733



Cottonwood Springs:

15040 West 138th Street
Olathe, KS 66062
913-254-7265
Adolescent Program: ages 12-17
Intensive outpatient and/or
Partial Hospitalization Program
(transportation can be provided by Cottonwood Springs)
Free mental health assessment
Depression/anxiety/ADHD/substance use/ bipolar disorder

Addiction:

Heartland Regional Alcohol & Drug Assessment Center (HRADAC)
913-789-0951 or 1-800-281-0029 to schedule an assessment

First Call
24/7 Crisis Line: 816-361-5900
Website: <https://www.firstcallkc.org/>
Adolescent Assessments, Family Services
Offer virtual walk-in slots, Monday-Wednesday

Food Insecurity:

Hope Distribution Center:

<https://catholiccharitiesks.org/where-we-work/hope-distribution-center/>

Parent/ Guardian will need to provide their ID, details on the family size, and their SSN if possible. Arrive by 3pm for time to fill out paperwork to receive assistance the same day.

RESOURCES FOR GRIEF

Child Mind Institute: Helping children cope with grief.
<https://childmind.org/guide/helping-children-cope-grief/>

Helping a child deal with major life changes can be difficult. Children don't have the experience to understand as adults do. However, as family members, each child should be included, at their level, in discussions and activities during the illness or death of a loved one. Learn more about talking to [teens/children](#).

Preparing in advance and being sensitive to reactions during the event are key to helping young people through an emotional funeral or memorial service. Learn more about [preparing children/teens for a funeral](#).

Kansas City Hospice & Palliative Care Solace House, Camp Erin, Camp Carousel
1500 Meadow Lake Parkway Parkway, Suite 200
Kansas City, MO 64114
(816) 363-2600

Solace House

8012 State Line Road, Suite 202



Prairie Village, KS 66208
(913) 341-0318

<https://www.kchospice.org/solace-house/>
<https://www.kchospice.org/children/>

Solace House is a grief counseling center that supports children, individuals and families who have been impacted by the death of a loved one, whether anticipated, or sudden and unexpected. Read more about [Solace House](#).

Camp Erin Camp Erin is a free, weekend bereavement camp for youth who are grieving the death of a significant person in their lives. Children and teens ages 6 to 17 attend a weekend camp experience that combines grief education and emotional support with fun, traditional camp activities. Learn more about [Camp Erin](#) and how to apply.

Camp Carousel is a weekend retreat for grieving families with school-aged children and teens. It is open to the community. Learn more about [Camp Carousel](#) and how to apply.

RESOURCES FOR TALKING TO CHILDREN ABOUT GRIEF

- [Helping School-Age Children with Traumatic Grief: Tips for Caregivers](#) (The National Child Traumatic Stress Network, multiple languages available)
- [Helping Young Children with Traumatic Grief: Tips for Caregivers](#) (The National Child Traumatic Stress Network, multiple languages available)
- [Grief Helping Handout for School and Home](#) (National Association of School Psychologist)
- [Helping Children Deal with Loss Death and Grief](#) (National Association of School Psychologist)
- [ChildMind Guide Helping Children Cope with Grief- FULL PDF](#)
- [Lost & Found: Grief Tools](#)
- [The Invisible String](#) by Patrice Karst. YouTube: [The Invisible String read-aloud](#)
- When Someone Very Special Dies. Children Can Learn to Cope with Grief by Marge Heegaard. [Amazon Link](#)

RESOURCES FOR TALKING TO CHILDREN ABOUT CRISIS/ TRAUMA

- [Ways to Help Your Child Through Crisis](#) (Kids Peace)
- [Talking to Children About Tragedies and Other News Events](#) (HealthyChildren.org)
 - [Spanish Resource](#)
- [Explaining the News to Our Kids](#) (CommonSenseMedia.org)
 - [Spanish Resource](#)
- [What is Child Trauma?](#) (HealthyChildren.org)
- [National School Crisis and Bereavement](#)
- [The Invisible String](#) by Patrice Karst. YouTube: [The Invisible String read-aloud](#)
 - Grief, Family Transitions (Divorce, Foster, Adoption etc)



RESOURCES FOR TALKING TO CHILDREN ABOUT VIOLENCE

- [Talking to Children About Violence](#) (National Association of School Psychologists)
- [Talking to Children About Terrorist Attacks and School and Community Shootings](#) (National Center for School Crisis and Bereavement)
- [Community Violence: Reactions and Actions in Dangerous Times](#) (The National Child Traumatic Stress Network)
- [Coping After Mass Violence](#) (The National Child Traumatic Stress Network, multiple languages available)
- [For Teens: Coping After Mass Violence](#) (The National Child Traumatic Stress Network)
- [Parent Guidance for Helping Youth After Mass Violence](#) (The National Child Traumatic Stress Network, multiple languages available)
- [Helping Teens with Traumatic Grief: Tips for Caregivers](#) (The National Child Traumatic Stress Network, multiple languages available)
- [Federal Resources for Helping Youth Cope After a School Shooting](#) (Youth.Gov)
- [Helping Students After a School Shooting](#) (American School Counselor Association)
- [How to Talk to Kids About School Shootings](#) (Child Mind Institute)
- [Talking to Kids about Racism and Violence](#) (Child Mind Institute)
- [Helping Your Children Manage Distress in the Aftermath of a Shooting](#) (American Psychological Association)