A Message From Your School Nurse.....

Spring is finally here! This time of year is also, unfortunately, the time when we receive reports of head lice. It is important to remember that anyone can get head lice. It has nothing to do with cleanliness, nor does it reflect on you as a parent. It is spread by close person to person contact.

Adult head lice are roughly 2-3mm in length and can be seen. They attach their eggs (nits) to the hair shafts. Nits are tiny grayish-white in color and are usually found around the nape of the neck, at the hairline around the ears and at the crown of the head.

There are over the counter and prescription medications available to treat head lice. Contact your doctor for a treatment recommendation.

The CDC website is a good resource for head lice information.

Please contact your School Nurse if your child has head lice.

Thank you,

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