

Alto ISD District Improvement Committee Meeting Agenda

April 17, 2024

Alto ISD Board Room

4:15 pm

The District Improvement Committee of Alto ISD will meet on Wednesday, April 17, 2024, at the Alto ISD Board Room in Alto, Texas, beginning and continuing at the times indicated above, according to the following agenda, unless otherwise announced by the Chair of the Committee.

The subjects to be discussed or considered or upon which any formal action may be taken are listed below. Items do not have to be taken in the same order on this meeting notice. Unless removed from the consent agenda, items identified within the consent agenda will be acted on one at a time. If during the course of the meeting, discussion of any item on the agenda should be held in a closed meeting, the Executive Committee will conduct the closed meeting in accordance with the Open Meetings Act, Texas Government Code, chapter 551, Subchapters D and E or Texas Government code 418.183 (f). Before any closed meeting is convened, the presiding officer will publicly identify the section or sections of the Act authorizing the closed meeting. All final votes, actions or decision will be taken in open meeting.



1. **Call to Order and Verification of Agenda Posting – Quorum Determination**
2. **Email Launch April 8, 2024**
 - Members will have two days to review and provide feedback to agenda items.
3. **Announcements – Good Things**
 - Free summer breakfast and lunch program for all community under age 18 (June)
4. **SHAC (Student Health Advisory Committee) Review and Feedback by DIC and SHAC members.**
 - **Vision Statement:** Alto ISD promotes **All Around Wellness In School Daily**
 - **Mission Statement:** The mission statement of the Alto ISD School Health Advisory Council is to ensure students will have the health education and tools to be physically, emotionally, and academically fit.
 - **Goal:** The goal of the Alto ISD SHAC is to assess, evaluate, and advocate for a comprehensive school health program and policies to promote lifelong health and physical fitness for our students, employees, and the community.
 - **Information Items / Program initiatives and review for 2023-2024.**
 - **Community Resources / Outreach**

- Recognize volunteers for our Backpack Program – L. Dover
- Volunteers feeding student athletes – B. Grigsby
- Carter Care Blood Drives – AHS Student Council
- Child Car Seat Safety Demonstration / Awareness / Giveaway – Texas A&M Agrilife and A. Middleton
- **Health Services**
 - Vision/hearing/spinal screenings – L. Dover
 - Flu Vaccine Clinic – L. Dover
 - 6th and 12th grade vaccine clinic – L. Dover
- **Child Nutrition Services**
 - Backpack Food Program – L. Dover
 - Learn, Grow, Eat, Go Program – A. Middleton
 - Free breakfast and lunch for all students – C. Stephenson
 - Fresh fruit and vegetable offerings with signage – C. Stephenson
 - Salad offerings for students – C. Stephenson
 - Allergy Plan – L. Dover / C. Stephenson
 - Thanksgiving Meal for all students and staff – C. Stephenson
- **Counseling / Guidance / Mental Health**
 - Character Strong- E. Rabago/S. Iles
 - Capturing Kids Hearts – L. Jones
 - Sandy Hook Promise – S. Iles/E. Rabago
 - Reallyville – E. Rabago
 - Red Ribbon Week – S. Iles/E. Rabago
 - Play it Safe programming through the Child Advocacy Center (SB 9 requirements for 5th/6th grade) (Lesson with all elementary grade levels) – E. Rabago/S. Iles
 - TCHAT (Texas Child Health Access Through Telemedicine) - E. Rabago/S. Iles
 - YAM (Youth Aware of Mental Health) Program – E. Rabago
 - STOPit Anonymous Reporting System – L. Jones
- **Student Wellness**
 - Health Matters for Middle School Life Skills in conjunction with Texas A&M Agrilife - E. Rabago
 - Fitnessgram – A. Middleton
 - Elementary Field Day – C. Mabry
 - Cherokee County Special Education Field Day (Special Olympics) – D. Tugwell
- **Safety**
 - Teen Dating Violence Awareness – EduHero
 - Life Vac on every campus, daycare and cafeteria – L. Dover
 - Two new AEDs – L. Dover
 - Fentanyl Education / HB 3144 (October Fentanyl Poisoning Awareness Month) / HB 3908 (Grades 6-12 Fentanyl Prevention & Awareness) – L. Dover

- Stop the Bleed education / hands on skills – L. Dover and A. Middleton
- CPR education for 7th-12th grade / hands on skills – L. Dover
- Narcan education and training / SB 629 (Opioid Overdose Policy) – L. Dover
- Narcan placed on all campuses – L. Dover
- **Employee Health & Wellness**
 - Vitamin Shots (B-12 & Lipo C) for staff – L. Dover
 - Salad offerings for staff – C. Stephenson
- **SHAC Focus and program needs for 2024-2025 / Listed items are suggestions only / items can be added as needed by committee members**
 - **Safety**
 - Phase-out plan for two older AEDs - Consideration of replacing one per year.
 - Bus Safety Awareness – C. Ford
 - **Student Wellness**
 - Vaping Awareness
 - **Staff Wellness**
 - AISD Group Initiative – yoga, host/ participate in a 5K Fun Run – J. Whitaker
 - **Health Services**
 - Consider other options for Sex Ed Education than Health Department
 - **Counseling / Guidance / Mental Health**
 - Set theme for Red Ribbon Week
 - Mental Health Awareness Programs for high school

5. Discuss New Business

6. Adjourn

This notice was posted in compliance with the Texas Open Meetings Act on April 8, 2024 at 3:30 p.m.


Kelly West

Alto ISD Superintendent