

## **School District of Spencer Fitness Center Guidelines for Proper Attire**

- Appropriate workout attire is required. Rules for Spencer students and the board-adopted dress code are always applicable. The dress code is available for review in the student handbook.**
  
- Tennis shoes for indoor use only are required. Tennis shoes used in the facility should never be worn outside. Shoes must be worn at all times.**
  
- Shirts must be worn at all times. Shirts covering the entire torso (not see-through) are required. Sleeveless shirts are allowed if properly hemmed. No cut-off shirts will be allowed.**
  
- Shorts must be worn at waist level. Athletic shorts, sweatpants, or pants designed for athletic wear are preferred.**

First Reading:        March 20, 2024

Second Reading:    April 17, 2024

*The School District of Spencer Board of Education is responsible for the establishment of rules and regulations governing the use of the School District of Spencer Fitness Center. The School District of Spencer Board of Education reserves the right to review and amend rules as appropriate. This notice is for posting*