

# Menu



Mayfield Girls School

Week 2	Monday 22/04	Tuesday 23/04	Wednesday 24/04	Thursday 25/04	Friday 26/04	Saturday 27/04	Sunday 28/04
<b>Cooked Breakfast</b>	Scrambled egg, hash brown bites & beans	Ham, poached eggs, English muffin, spinach & hollandaise sauce	Selection of mini pastries	Sausage, sauté potato, grilled tomato & beans	Herby diced potato, fried egg & plum tomato	Bacon, mushrooms, scrambled egg & baked beans	Pancakes (in houses)
<b>Lunch Main Meal</b>	Vegetable massaman curry	caramelised red onion sausages with red wine gravy	Salmon, cod & smoked haddock fish pie	Chicken shawarma with garlic & chilli sauce	Scampi, tartare sauce & lemon wedges	Mexican burrito	Roast honey glazed ham
<b>Lunch Vegetarian</b>	Cherry tomato, halloumi & pesto tart	Vegetable & lentil strudel	Flat bread pizza	Falafel, pickled red cabbage & hummus	Vegetable lasagne	Quorn burrito	Cheesy leek loaded potato skins
<b>Lunch Side Dishes</b>	Rice, broccoli & green beans	Colcannon mash, carrots & peas	Panache of vegetables	Herby bulgur wheat, pitta bread, roast courgettes & cumin carrots	Chips & peas	Nacho, dips & sweetcorn	Roasted new potatoes, broccoli & spring greens
<b>Salad Bar Specials</b>	Pesto & pumpkin seed tricolore pasta	Roast red pepper quinoa salad	Roast beetroot, orange, rocket & feta salad	Asian Noodle Salad	Apple, feta, spinach salad	Salad of the day	
	Second daily salad will be a sustainable salad						
<b>Jacket Potato &amp; Topping</b>	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
		Tuna & sweetcorn		Coronation chicken			
<b>Lunch Dessert</b>	Upside down pineapple pudding with cream	Lemon & raspberry cheesecake	Eton mess	Warm chocolate mint sponge with cream	Black cherry & apple pie with cream	Dessert of the Day	Dessert of the Day
<b>Supper Main Meal</b>	Lemon and thyme roast chicken thighs with cream sauce	Beef lasagne	Persian pomegranate roast chicken thighs	Spaghetti carbonara	Vegetable jambalaya	Beef Massaman	BBQ chicken wings
<b>Supper Vegetarian</b>	Fried polenta chips with tomato salsa	Sundried tomato, courgette & mozzarella risotto	Squash tagine	Spaghetti with sun blushed tomato sauce and rocket		Thai vegetable curry	BBQ cauliflower wings
<b>Supper Side Dishes</b>	Roasted new potato, carrot & hispi cabbage	Garlic bread and salad	Tomato, cous cous and roast cauliflower	Focaccia and green beans	Panache of green vegetables	Rice, mange tout & prawn crackers	Curly fries, sweetcorn & slaw
<b>Salad Bar</b>	A Variety Of Salads Available Daily, Including Mixed Side Salads, Pasta Salads, Grain Salads & Meat & Cheese Boards See Separate Salad Bar Menu for Daily Offerings						
<b>Jacket Potatoes</b>	Jacket Potatoes or Baked Sweet Potatoes With Beans Served Daily						
<b>Supper Dessert</b>	Fresh fruit & jellies served everyday. Ice cream will be served one evening a week.						
<b>Dietary Requirements</b>	All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters. Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.						