

Family Newsletter
April 2024

The Heights Community School

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St. Paul, MN, 55119
Phone 651-293-8815
Fax 651-293-8977
Attendance Line 651-744-2273
<https://theheights.spps.org/>



Important Dates

APRIL 2024

- 1 Chocolate Sale Begins
- 4 Movie Night
- 8-12 No School, Spring Break
- 15 Classes Resume
- 23 PTA/SCIP



Lus tseem ceeb nyob rau lub

APRIL 2024

- 1 Pib muag cov khoom qab zib Chocolate
- 5 Movie Night
- 8-12 Tsis kawm ntawv, Spring Break
- 15 Rov qab pib kawm ntawv
- 23 Rooj sib tham PTA/SCIP

UPCOMING
EVENTS

World's Finest Chocolate Bars

Ready for Pick Up April 1!

Families will be able to help raise money for The Heights by selling World's Finest chocolate bars.

Information has been sent home on how to order, sell and submit your collected money to win prizes.

Families can check or 1 box to start. More boxes will be given out after money is turned in. Boxes contain \$60 worth of candy bars. We will continue to sell until all 230 boxes are sold!

Candy bars CANNOT be returned to school.

Families who sold more than one box last year and turned in all their money, can contact Julie Wellman to get more than one box at a time.

julie.wellman@spps.org



The Heights website NEW!

Please check out our website at
<https://theheights.spps.org/>

Please read and discuss the Family Handbook with your students at:
<https://theheights.spps.org/families/family-handbook>

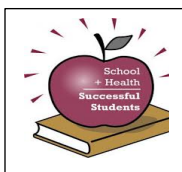
Click the link below for Title I information regarding:
School Continuous Improvement Plan (SCIP)
Family Friendly SCIP
Family Engagement Plan (FEP)
Compact
Parent's Right to Know
<https://theheights.spps.org/about/title-i>

Title I information will also be available in the school office and the family resource room.

Stay Healthy!

Please help keep everyone healthy.

Do Not Send your child to school if sick with the following:



- *Fever 100.4 degrees or higher
- *Throwing up/diarrhea in the last 24

OR

- *If medications have been given to keep fevers down in the last 24 hours

*Cold Symptoms, Cough or other concerns – send/bring your child to school and have our health team assess your child. We're here to help!

The Heights Community School
651-293-8815

Testing Info

Reminder: MCA testing will take place April 17 – April 26.

Please make sure your child gets plenty of rest and is present in school for these very important days of testing!

Here's what was sent home to help students with math:

- Kindergarten: [Spill the Cup game](#) & counters to practice making combinations of ten
- 1st Grade: Show it 4 Ways & base 10 blocks to practice place value and representing numbers
- 2nd Grade: Flash cards for adding doubles and adding 10 to promote fluency.
- 3rd Grade: Flash cards for x 4 and x 8 to promote fluency
- 4th Grade: A guide sheet for parents on how to practice the traditional algorithm for adding and subtracting at home.

School Hours 7:30-2:00
Office Hours 7:15-2:45



7:15 Cafeteria opens for FREE Breakfast to Go

7:30 All students must be in their classrooms or they will be marked tardy.

Please, always use the Attendance Line to call in an absent student!
(use even during regular school hours!)

651-744-2273

The Attendance Line is Available 24 Hours a Day/7 Days a Week!

Spirit Week
April 1-5

Spirit Week:

Monday

Dress like a teacher day

Tuesday

Grade Level Colors Day

Prek-K-1 =

Blue or Purple

Grades 2/3 =

Orange or Green

Grades 4/5 =

Red or Black

Wednesday

Dress 2000-2010

Thursday

Crazy Hair Day

Friday

PJ's and Stuffed Animal Day

Family Movie Night

Toy Story

5:30-7pm



PreK Information

Spring Family Day is being planned now and will be coming this spring at The Heights. Families will be provided information on developmental skills needed for Kindergarten.

News from the Specialists

Science: Mr. Welke

5th Grade has recently been immersed in studying the importance of water to Earth by studying rain patterns in CA. Ask your kiddo about the rain shadow effect and how it works. Our 5th Grade Science MCA test will be taken during class in the first two weeks of May.

4th Grade has started to understand the effects of weathering and erosion by examining the Grand Canyon's history. Ask them about what fossils have been found near the top of the Grand Canyon!

3rd Grade has begun to study the life cycles of animals and plants. Ask them about what animals we will be studying in person during class after Spring Break.

2nd Grade is also studying how weathering and erosion change landscapes around the globe. We will be looking in depth at Tangier Island, an island off the coast of Virginia. Students have learned that the island is shrinking. Our job is to see if we can find a way to stop the process!

1st Grade recently just finished up learning about Rjukan, Norway, a city that doesn't get sunshine even when it's clear skies. Ask your kiddo why this happens and how we found a solution to fix this problem. We started a new unit this week about studying patterns in the sky and figuring out questions to the phenomenon of if the sun doesn't move, why do we have sunrises and sunsets.

Kindergarten just started a new unit discussing how to prepare for different weather conditions by looking at weather patterns.

Jason Welke

Music: Mr. Anderson

Hello Heights Families,

Spring is here and students are learning a lot in music. We will be working on some choir songs to share with our classmates.

Fourth and fifth grade have been able to work through our ukulele lessons this year. They are doing great and learning to play along with songs in class. K-2 are moving to the beat, and 3rd graders are rocking the recorder.

Have a great Spring!

Best regards,
Jared Anderson

Art: Mx. Rosno



Harmonie (Background), David, Ama, Luya, Elijah, and Dariel thank you for your hard work! In April, we'll begin Paper Origami, Cardboard Construction, and Game-Making!

News from the Specialists Continued...

P.E.: Mr. Beason



FREE SPRING TENNIS LESSONS AT HAYDEN HEIGHTS REC CENTER!

- Mondays at Hayden Heights Rec Center
- From April 15th to May 21st
- (Ages 5-8) 5:30pm - 6:30pm
- (Ages 9-10) 6:30pm - 7:30pm

PROGRAM HIGHLIGHTS:

Inclusive for All Ages and Abilities: Our Spring Youth Tennis Program welcomes kids of various skill levels. From first-time players to those with more experience, everyone is encouraged to join and have a blast on the court.

Foundational Learning for Beginners: Beginners will embark on a tennis journey that focuses on agility, balance, and coordination activities. Our experienced coaches will guide them through these essential building blocks, setting the foundation for a lifelong love of the sport.

Friendly and Supportive Environment: Our coaching staff is dedicated to creating a positive and supportive environment for all participants. We believe in fostering a love for the game while helping each child reach their full potential on the tennis court.

Don't miss out on the fun and learning! Secure your child's spot in the Saint Paul Urban Tennis Spring Youth Tennis Program today and We'll See you on the court!



Register Online at www.stpaulurbantennis.org
Use promo code **HEIGHTS** for free admission!
Questions? Contact us at admin@urbantennis.org



Scholastic Book Fair



Our school sold over \$2,100 worth of books and merchandise! That means we will have \$1,000 to spend on new books for our school.

Here is what we have on our buying list:

- Books off the student request list. We've been keeping a list of books students have been asking for this year, and tallies next to titles to show how many requests we've had
- Book sets of newer/more current titles - to be used for small groups reading or book clubs.
- Biographies

Thank you so much for your support of the book fair. We really appreciate it!

April Parent Meeting



Virtual PTA & SCIP Update Mtg

April 23

5:30-6:00pm

Topics for discussion include:

- End of the year SCIP evaluation and planning
- Updates added to FEP & Compact
- 2024-25 Budget
- Parent Survey regarding Budget Planning
- PTA Planning for The Heights Extravaganza

A link to our Spring Parent Survey will be sent out after Spring Break. Please fill it out for a chance to win Target gift cards!

Information from Ms Amy, School Counselor

5th Grade Families - Link to dates for **middle school registration evenings**. Click on the link below to find out if your student's middle school is having an evening dedicated to registering for 6th grade classes.

[Middle school registrations](#)

Looking for something for your kids to do over the summer?

St Paul Public Schools offers different opportunities for summer learning. Click on the link below to find out more and register your child for one of SPPS summer learning programs.

SPPS Summer Learning

All programs are FREE and include:

- **Academic Support & Enrichment-** Students will be inspired to learn new skills and increase their current understanding of reading, math and other subjects while discovering new interests and talents and making new friends.
- **Breakfast and Lunch** - All students receive two free healthy meals daily that include entrees, salads, baked goods and locally grown fruits and vegetables.
- **Transportation** - Transportation is available to most students who live in Saint Paul (within [transportation guidelines](#)).



Have you heard about our Kindness campaign? If not, ask your student about how we are encouraging and recognizing their acts of kindness. Kindness = good mental health for everyone!

5 REASONS TO BE KIND

Kindness boosts peer acceptance and wellbeing in pre-adolescents



Caregiving is associated with decreased mortality rates



Spending money on others promotes happiness



Volunteering reduces cardiovascular risk factors in adolescents

Giving leads to happiness in children

