

Owatonna Area Learning Center

This institution is an equal opportunity provider

MAY 2024

LUNCH MENU

FREE MEALS FOR ALL STUDENTS
All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

COMPLETE MEAL

Students must choose at least 3 components, including ½ c fruit or vegetable, as part a complete meal.

MILK

Milk Choices: Skim or 1% White, or Skim Chocolate
Single milk purchase is \$0.55 per carton.

EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

ADULT MEAL PRICES

Lunch: \$5.00

ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, peanuts, tree nuts, and/or wheat. Please contact 507-444-8629 with special diet related inquiries.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 29 Pizza Steamed Mixed Veggies Mandarin Oranges Caesar Salad Fresh Fruit	APRIL 30 Penne Pasta w/ Chicken Alfredo & Garlic Breadstick Steamed Peas Chilled Peaches Fresh Veggies Fresh Fruit	1 Orange Chicken w/ Brown Rice Pilaf Steamed Broccoli Mixed Berries Fresh Veggies Fresh Fruit	2 Sloppy Joe Roasted Corn Cobette Applesauce Creamy Cucumber Salad Fresh Veggies Fresh Fruit JonnyPops Freezer Pop	3 SCHOOL LUNCH HERO DAY Cheeseburger or Hamburger or Veggie Burger Baked Beans Chilled Pears Potato Salad & Fresh Fruit
6 Cheese Filled Breadstick Bites w/ Marinara Sauce Glazed Carrots Pineapple Tidbits Caesar Salad Fresh Fruit	7 Walking Tacos w/ Churro Cheesy Refried Beans Chilled Peaches Fresh Veggies Fresh Fruit	8 Boneless Chicken Wings w/ Dinner Roll Mashed Potatoes & Gravy Orange Strawberry Mix Fresh Veggies Fresh Fruit	9 BBQ Little Smokies w/ Mac & Cheese & Garlic Breadstick Steamed Green Beans Applesauce Fresh Veggies & Fresh Fruit JonnyPop	10 Original or Spicy Breaded Chicken Sandwich Curly Fries Chilled Pears Fresh Veggies Fresh Fruit
13 French Toast Sticks w/ Cheesy Omelet Smiley Potatoes Mandarin Oranges Fresh Veggies Fresh Fruit	14 Rotini Pasta w/ Meat Sauce & Garlic Toast Buttery Steamed Corn Chilled Peaches Fresh Veggies Fresh Fruit	15 Chicken Lo Mein w/ Chicken Egg Roll Honey Sriracha Edamame Pineapple Orange Mix Fresh Veggies Fresh Fruit Fortune Cookie	16 Loaded Baked Potato w/ Soft Pretzel Steamed Broccoli Applesauce Fresh Veggies Fresh Fruit	17 Garlic Parmesan Crusted Cod w/ Dinner Roll or Hamburger or Cheeseburger Steamed California Blend Veggies Chilled Pears & Fresh Fruit Italian Lettuce Salad
20 Italian Dunkers w/ Marinara Sauce Steamed Peas Pineapple Tidbits Fresh Veggies Fresh Fruit	21 Chipotle Bar Fiesta Beans Corn Bean Salsa Chilled Peaches Fresh Veggies Fresh Fruit	22 Corn Dog Seasoned Fries Baked Cinnamon Apples Fresh Veggies Fresh Fruit Gel Fruit Cup	23 Lasagna Rollup w/ Garlic Breadstick Steamed Green Beans Applesauce Fresh Veggies Fresh Fruit	24 Philly Cheesesteak Sweet Potato Fries Peppers & Onions Fresh Veggies Chilled Pears Fresh Fruit