

Owatonna Elementary Schools

This institution is an equal opportunity provider

MAY 2024

LUNCH MENU

FREE MEALS FOR ALL STUDENTS

All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

COMPLETE MEAL

Students must choose at least 3 components, including ½ c fruit or vegetable, as part a complete meal.

MILK

Milk Choices: Skim or 1% White, or Skim Chocolate
Single milk purchase is \$0.55 per carton.

EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

ADULT MEAL PRICES

Lunch: \$5.00

ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8629 with special diet related inquiries.



TRACK & FIELD DAY

All-American Sub Sandwich

Fresh Veggies
Fruit Bowl / Fruit Cup
Fresh Fruit
Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 29 Cheese Filled Breadstick Bites w/ Marinara Sauce Turkey Sandwich Glazed Carrots Caesar Salad Pineapple Tidbits Fresh Fruit	APRIL 30 WIL TRACK & FIELD DAY Walking Tacos Pizza Power Pack Cheesy Refried Beans Fresh Veggies Chilled Peaches Fresh Fruit	1 LINC TRACK & FIELD DAY Boneless Chicken Wings w/ Dinner Roll All-American Sub Sandwich Mashed Potatoes & Gravy Fresh Veggies Orange Strawberry Mix Fresh Fruit	2 BBQ Little Smokies w/ Mac & Cheese Southwest Chickpea Salad w/ Garlic Breadstick Steamed Green Beans Fresh Veggies Applesauce Fresh Fruit & Jonny Pop	3 SCHOOL LUNCH HERO DAY Original or Spicy Breaded Chicken Sandwich Creamy Chickpea & Jelly Sandwich w/ Cheese Stick Curly Fries & Fresh Veg Chilled Pears & Fresh Fruit
6 French Toast Sticks w/ Cheesy Omelet Ham Sandwich Smiley Potatoes Fresh Veggies Mandarin Oranges Fresh Fruit	7 WASH TRACK & FIELD DAY Rotini Pasta w/ Meat Sauce & Garlic Toast Yogurt Parfait Buttery Steamed Corn Fresh Veggies Chilled Peaches Fresh Fruit	8 MCK TRACK & FIELD DAY Chicken Lo Mein All-American Sub Sandwich Honey Sriracha Edamame Fresh Veggies Pineapple Orange Mix Fresh Fruit Fortune Cookie	9 Loaded Baked Potato w/ Garlic Breadstick Breaded Chicken Salad w/ Garlic Breadstick Steamed Broccoli Fresh Veggies Applesauce Fresh Fruit	10 Cheeseburger / Hamburger Garlic Parmesan Crusted Cod w/ Garlic Knot Steamed California Blend Veggies Italian Lettuce Salad Chilled Pears Fresh Fruit
13 Italian Dunkers w/ Marinara Sauce Turkey Sandwich Steamed Peas Fresh Veggies Pineapple Tidbits Fresh Fruit	14 Beef Nachos Pizza Power Pack Cheesy Refried Beans Fresh Veggies Chilled Peaches Fresh Fruit	15 Corn Dog All-American Sub Sandwich Seasoned Fries Fresh Veggies Orange Strawberry Mix Fresh Fruit Gel Fruit Cup	16 Lasagna Rollup w/ Garlic Breadstick Chef Salad w/ Garlic Breadstick Steamed Green Beans Fresh Veggies Applesauce Fresh Fruit	17 Philly Cheesesteak Creamy Chickpea & Jelly Sandwich w/ Cheese Stick Sweet Potato Fries Peppers & Onions Fresh Veggies Chilled Pears Fresh Fruit
20 Pizza Ham Sandwich Steamed Mixed Veggies Caesar Salad Mandarin Oranges Fresh Fruit	21 Penne Pasta w/ Chicken Alfredo & Garlic Breadstick Bagel Power Pack Steamed Peas Fresh Veggies Chilled Peaches Fresh Fruit	22 Orange Chicken w/ Brown Rice Pilaf All-American Sub Sandwich Steamed Broccoli Fresh Veggies Mixed Berries Fresh Fruit	23 Sloppy Joe Grilled Chicken Salad w/ Garlic Breadstick Roasted Corn Cobette Creamy Cucumber Salad Applesauce Fresh Fruit JonnyPops Freezer Pop	24 Hamburger / Cheeseburger or Veggie Burger Yogurt Parfait Baked Beans Potato Salad Chilled Pears Fresh Fruit