

Wellness Committee Meeting Notes 1.23.24

Meeting called to order 3:00 PM

Meeting notes from 10.17.23 were reviewed and approved.

Meeting notes were signed by Julie Clifford, Board Member.

All participants signed in to the meeting.

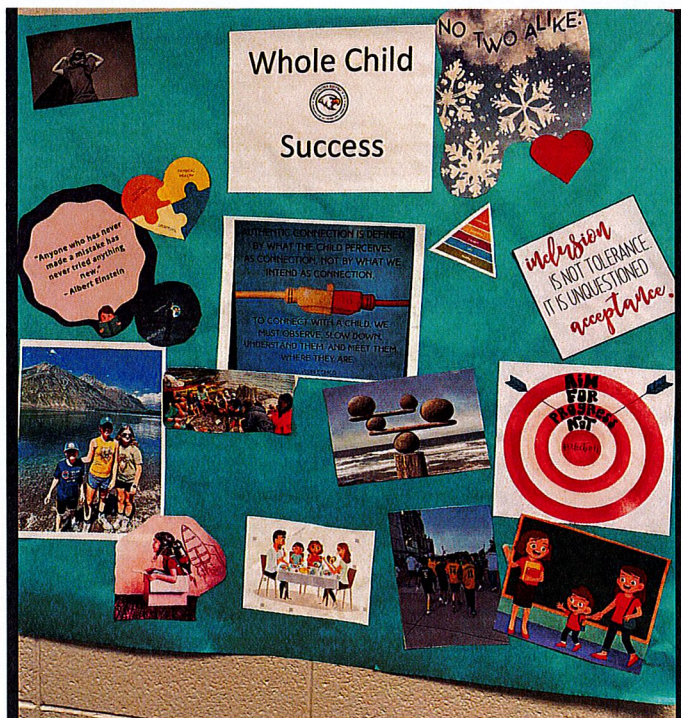
Public Comments - None

Recap of the Whole Child Wellness Committee Purpose:

Goal Four of the Strategic Plan: District 73 will ensure the success of the whole child by providing comprehensive approaches and programming, grounded in the belief that each child deserves to be healthy, safe, engaged, supported and challenged.

Warm-Up Activity -

Vision Board Creation - Whole Child Success Pictures



Community Circle Example:

- Megan Goldman, SEB Coordinator, and the Middle School Advisory Committee are updating the GVC in the Middle Schools partnering with SEL integrations.
- Example of Community Circle - Megan modeled what community circles look like/feel like.

Five Pillars of Whole Child from ASCD:

- Healthy
- Supported
- Challenged
- Engaged
- Safe

Each of the 5 pillars (above) has 10 indicators. Committee members were divided into the 5 pillars and provided the 10 indicators. Committee members noted the measurement tools, programs and/or practices for each indicator to help the committee determine areas of strength and areas for improvement.

Board of Education Presentation on the work captured above:

Request for volunteers to present at the Board of Education meeting, May 16, 2024 at 7 PM. Please email Megan Goldman if you would like to volunteer.

District-wide Discipline Office Referral Incident Comparison

The Whole Child Committee reviewed the discipline data for this school year. Data was presented from 23-24 to 23-24 comparing the top three district wide office reported behavioral incidents. The data shows improvements from last school year, same time frame.

Discussion as a Committee:

- Could SEL time be aligned more to what is happening in the Middle School? Could SEL be more active and participatory instead of "sit and get?"
- How can we get kids to love school and want to be there?
- Wraparound services for the most intense students? How can we connect with families to support them and their children?
- How do we strategically target and support the small number of students who are getting the most referrals?
- How can we help our students learn how to socially problem solve without physical contact/disruptive behavior?

Food Sharing Table:

+Lessons and roll out at all schools was successful

+Kids are using the sharing table

+ We are seeing lots of kids put items on the table, but not a lot of kids taking the food.

+ Kids come to take food from the sharing table during non-lunch hours - work avoiders and maybe also some students who need it.

-The table in the Middle School is a shared space with napkins, condiments, etc. It needs to be its own table.

-Students are particular about what food is on the shared table

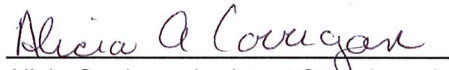
-Is there a stigma about taking the food off the table?

School Lunch Program:

- +Lot more options
- + Lauren Baar from Quest has been amazing to work with. Helps with allergies, works with the nurses, helps support families.
- +Fresh fruit and vegetables are so much better - grapes are delicious!
- + Love the ice cream and cookies they can buy - Middle School level has a la carte that the students love.
- + Quest is asking the students their opinion of foods (focus groups)
- Food is sometimes undercooked
- Running out of food at the end of the day (more of a problem in the Middle School). Elementary thinks it is not happening as much.
- Last minute menu changes create challenges for students

Next Meeting is April 16, 2024 @ 3:00 PM

Respectfully submitted, Megan Goldman



Alicia Corrigan, Assistant Superintendent of Student Services



Julie Clifford, Board Member

Date Minutes Approved: April 16, 2024