



Stratton Sentinel

April 2024

Monthly Newsletter

Letter from the Principal

Dear Stratton Parents and Guardians,

As we welcome the blossoming month of April, I hope this newsletter finds you in good health and high spirits. Spring brings not only warmer weather but also a period of important academic milestones for our students. April marks the beginning of standardized testing season for our students. These assessments provide valuable insights into their academic progress and help us tailor our instructional approach to meet their needs effectively. It's essential for students to approach these tests with confidence and preparedness.

Please take note of the upcoming test dates for your child's grade level. Make sure they are well-rested, have a nutritious breakfast, and are at school on time. Our faculty and staff are dedicated to creating a supportive testing environment to help students perform at their best.

Ways to Support Your Child During Testing

- **Encourage a Positive Mindset:** Remind your child that these tests are an opportunity to demonstrate their knowledge and skills. Encourage them to approach each question with a positive attitude and to do their best.
- **Maintain a Healthy Routine:** Adequate sleep, healthy meals, and regular exercise are crucial for optimal cognitive function. Encourage your child to maintain a balanced routine, especially during the testing period.
- **It's natural for students to feel some level of stress during testing season.** Encourage them to utilize stress management techniques such as deep breathing and mindfulness exercises. Most importantly, remind them that their worth is not determined by test scores alone.
- **At our school, we celebrate not only academic achievements but also the hard work and dedication that students put into their work in and out of school.** Regardless of the outcome of standardized tests, we recognize and commend the efforts of each student in striving for excellence.

As we embark on this testing season journey together, let us continue to support and uplift one another. With a collaborative effort between school, home, and students, I am confident that our students will rise to the occasion and showcase their true potential.

Thank you for your ongoing partnership in nurturing the academic growth and success of our students.

Warm regards,

Kyle Rudd
Principal

What's In This Month's Issue:

- Letter from the Principal
- School News & Events
- PTA News & Events
- Counselors Corner
- Calendar

Stratton SAC Meeting

(School Accountability Committee)

Join Principal Rudd for a conversation. Discuss such topics as School Budget, Improvement Plans, Academic Achievement, etc.

Friday, April 19th
8-9 am School Annex

School News & Events

Moana Jr. Musical

**Thursday, April 4th @ the
Mann Middle School
Auditorium**

**Day show- 1:00-2:40 pm
(For students and Day
Show cast families only)**

**Night Show- 5:30-7:40 pm
Doors open at 5:00 pm**

Class Picture Day

**Friday, April 5th K-5th
Monday, April 8th Pre-K**



**Bring your
smiles!!!!!!**

Friday, April 9th



Thanks to the chocolate fundraiser, our school has organized an in-school field trip where Mobile Ed sets up a STEAM museum, offering hands-on activities for all of our students. It will be an enriching experience made possible by the support of our community and the success of our fundraiser.

Science Fair Winners

Engineering Design

1st – Rocco Durner
2nd – Ethan Kruckeberg
3rd – Cameron Henderson and Gunner Loseke

Science

1st – Alice Travis
2nd – Serenity Walltree
3rd – Lee VonDerau & Amelia Winter



CATEGORY WINNERS

Consumer Sciences

1st – Ashlyn Disch
2nd – Aubrey Mayes
3rd – Tesara Nielsen-Fuller

Biological Sciences

1st – Serenity Walltree
2nd – Amelia Winter & Lee VonDerau
3rd – Nico Swenson, Liliana Green & Audrey Rice



Physical Sciences

1st – Keira Peters
2nd – Elisa Lamphere
3rd – Braelen Rome

Health & Behavioral Sciences

1st – Alice Travis
2nd – Olivia Lee
3rd – Caeden Freeth

DANCE DEMO NIGHT

**Thurs, April 18th
6:00-7:00 pm**

Please join us for a fun evening of dancing. Students can show off all the dance moves they have been learning during Mr. Smith's Dance Unit in Gym.



School News & Events



After School Clubs

YEARBOOK

Musical Practice

April 1st, 2nd, & 3rd
2:50-5:00 pm @ Mann

Year Book Club
5th Grade
(during lunch)

VAPA

4th-5th Grades

Mon-Thurs 3:00-4:00 pm
M/W Band & Dance
T/Th Orchestra & Theater



Art Club

1st & 2nd Grades
Tuesday 2:50-3:30 pm
April 9th, 16th, 23rd, & 30th



Battle of the Books **4th-5th Grades**

Tuesdays 2:50-3:50 pm
Thursdays (during lunch)



Stage Crew

Tuesday 2:50-5:00 pm
April 2nd @ Mann



Fieldtrips

Wed, 3rd- 1st Grade to the
Fountain Creek Nature
Center 9:00-12:30 pm

Thurs, 18th- Battle of the
Books Regional Comp @
Colorado College
8:00 am - 2:30 pm

Fri, 19th- (In school)
Steam Museum- All Day

Testing Window

April 2nd - 5th: ELA CMAS
3rd -5th Grades

April 15th - 17th: Math CMAS
3rd-5th Grades

April 22nd - 24th: Science CMAS
5th grade

*Students cannot test past the 26th
*Make-up will happen throughout the
three weeks

Cub Scouts
Pack 24 April
Meetings

Monday, 8th 6-7pm
Monday, 15th 6-7 pm
Monday, 22nd 6-7 pm



School News & Events

Attendance Matters



Let's turn tardiness into a thing of the past! With an average of 22 tardies per day, it's time to rally our forces and ensure our kids arrive at school on time.

Punctuality sets the stage for a day filled with learning adventures and ensures every child can thrive. Thank you for being our partners in making each school day a success!

TIME
TO LEARN



SAFETY
FIRST

Kiss & Go Lane

The Kiss and Go lane is a pull-through only. Pull to the right lane as far up as you can to drop off or pick up students. Please do so safely and quickly. DO NOT PARK OR EXIT YOUR VEHICLES.

The left lane is used for exiting the Kiss and Go area. DO NOT let students out or pick up while in the left lane.

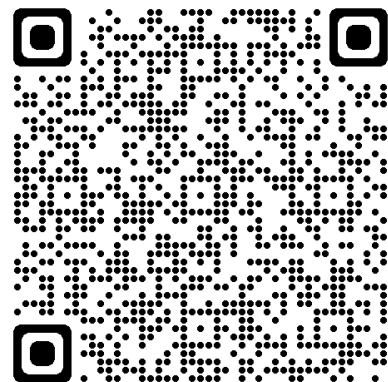
Employee Parking Area

*The employee parking area is for buses and Hop, Skip, Drive student pick up only.

School Breakfast & Lunch Menus

Please scan the QR Code for Breakfast and lunch menus.

Menus are subject to change based on availability.



PTA News & Events

Stratton PTA Board

Email- thestrattonpta@outlook.com

President- Zenia Nattiel Vice President- Marius Nielsen

Secretary- Victoria Shearon Treasurer- Rachael Hartson



PTA & MEETING

Tuesday April 9th
7:00-8:00 pm

SKATE CITY NIGHT



Wednesday
April 10th
4:00-6:00 pm

Constitution & Academy

EASY WAYS TO SUPPORT PTA

(Click on the titles below for more information.)

Collect Box Tops for Education
and Earn Cash for our School!



**KING SOOPERS
COMMUNITY REWARDS**

Maximize Your Contributions with
King Soopers Community Rewards

TEAM
PTA



TEAM
PTA



Why Raise an **Emotionally Intelligent Child?**

If we dismiss our child's emotions, they aren't able to release them

Facing our feelings and accepting them puts us in control, instead of the other way around.



“Stuffed” Emotions are going to come roaring back through negative behaviors

Emotions have a powerful way of being heard and if an emotion is repressed it will show up again in your child's behavior or emotional state throughout the day.

Denying your child's emotions creates unhealthy coping patterns

When they're repeatedly ignored or invalidated, a child will begin to believe there might be something wrong with their thoughts and feelings. This can be a breeding ground for unhealthy coping mechanisms that lead to anxiety and depression.

Limiting emotional expression denies your child the opportunity to develop emotional intelligence skills

We can't learn to deal with tough emotions when we're not allowed to have them. Childhood is the optional time to explore what calms and regulates our bodies and minds when we're upset.

Making a healthy space for your child's big emotions can feel far from convenient or easy.

However, you can take solace in knowing that you are choosing to put your child's future first by prioritizing their emotional health and equipping them with the coping skills they'll need to face life's challenges.



Sun	Mon	Tue	Wed	Thurs	Fri	Sat
	<div>1</div> <div>Musical Practice 2:50-5:00 pm @ Mann</div> <div>VAPA Band & Dance 3:00-4:00 pm @ Mann</div> <div>Star Testing</div>	<div>2</div> <div>Musical Practice 2:50-5:00 pm @ Mann</div> <div>Stage Crew 2:50-5:00 pm @Mann</div> <div>Battle of the Books 2:50-3:50 pm</div> <div>VAPA Orchestra & Theater 3:00-4:00 pm @ Mann</div>	<div>3</div> <div>1st grade Field trip to Fountain Creek Nature Center 9:00-12:30 pm</div> <div>Musical Practice 2:50-5:00 pm @ Mann</div> <div>VAPA Band & Dance 3:00-4:00 pm @ Mann</div>	<div>4</div> <div>Librarian Day</div> <div>Battle of the Books Durning Lunch</div> <div>VAPA Orchestra & Theater 3:00-4:00pm @ Mann</div> <div>Musical Performance Day Show- 1:00- 2:40 pm Night Show- 5:30 7:40 pm</div>	<div>5</div> <div>Class Picture Day</div> <div></div>	<div>6</div>
7	<div>8</div> <div>Pre-K Class Picture Day</div> <div></div> <div>VAPA Band & Dance 3:00-4:00 pm @ Mann</div> <div>Cub Scouts pack 24 Meeting 6:00-7:00 pm</div> <div>CMAS Testing</div>	<div>9</div> <div>Battle of the Books 2:50-3:50 pm</div> <div>VAPA Orchestra & Theater 3:00-4:00 pm @ Mann</div> <div>Art Club 1st & 2nd Grade 2:50-3:30 pm</div> <div>PTA Meeting 7:00-8:00 pm in the library or via WebEx</div>	<div>10</div> <div>VAPA Band & Dance 3:00-4:00 pm @ Mann</div> <div>PTA Skate City Night 4:00-6:00 pm</div>	<div>11</div> <div>Battle of the Books Durning Lunch</div> <div>VAPA Orchestra & Theater 3:00-4:00pm @ Mann</div> <div>Kindergarten Roundup 5:00-6:00 pm</div>	<div>12</div>	<div>13</div>
14	<div>15</div> <div>VAPA Band & Dance 3:00-4:00 pm @ Mann</div> <div>Cub Scouts pack 24 Meeting 6:00-7:00 pm</div> <div>CMAS Testing</div>	<div>16</div> <div>Battle of the Books 2:50-3:50 pm</div> <div>VAPA Orchestra & Theater 3:00-4:00 pm @ Mann</div> <div>Art Club 1st & 2nd Grade 2:50-3:30 pm</div>	<div>17</div> <div>VAPA Band & Dance 3:00-4:00 pm @ Mann</div>	<div>18</div> <div>Battle of the Books Regional Comp @ CC 8:00-2:30 pm</div> <div>VAPA Orchestra & Theater 3:00-4:00pm @ Mann</div> <div>Dance Demo Night 6:00-7:00 pm</div>	<div>19</div> <div>SAC Meeting 8:00-9:00 am</div> <div>In School Field Trip Steam Museum (All Day)</div>	<div>20</div>
21	<div>22</div> <div>VAPA Band & Dance 3:00-4:00 pm @ Mann</div> <div>Cub Scouts pack 24 Meeting 6:00-7:00 pm</div> <div>CMAS Testing</div>	<div>23</div> <div>VAPA Orchestra & Theater 3:00-4:00 pm @ Mann</div> <div>Art Club 1st & 2nd Grade 2:50-3:30 pm</div>	<div>24</div> <div>VAPA Band & Dance 3:00-4:00 pm @ Mann</div>	<div>25</div> <div>VAPA Orchestra & Theater 3:00-4:00 pm @ Mann</div>	<div>26</div>	<div>27</div>
28	<div>29</div> <div>VAPA Band & Dance 3:00-4:00 pm @ Mann</div> <div>Teacher Appreciation Week</div>	<div>30</div> <div>VAPA Orchestra & Theater 3:00-4:00 pm @ Mann</div> <div>Art Club 1st & 2nd Grade 2:50-3:30 pm</div>				