



**Governing Board**  
Theresa Bond  
Steve Chen  
Dr. Misty Davies  
Alex Shultz  
Katherine Tseng

**Superintendent**  
Bill W Sanderson

April 2024

Dear LGSUHSD Families,

Beginning in the 2024/25 school year, LGSUHSD will require that **ALL** student athletes have a heart screening as part of the athletics clearance process. In subsequent years, the heart screening will be required only for athletes in Grades 9 and 11. The American Heart Association recommends a heart screening every two years for student athletes.

Sudden Cardiac Arrest in youth is:

- The leading cause of death on school campuses
- #1 Killer of Student Athletes
- 1 in 300 youth has an undetected heart condition

The Kyle J. Taylor Foundation will be providing on-campus heart screening opportunities for LGSUHSD student athletes prior to next year's fall, winter and spring sport seasons. The screening includes a cardiac risk assessment, EKG, & doctor review, and takes about 40 minutes to complete. The screening is noninvasive and painless. Studies show that EKGs are the preferred screening method to detect heart abnormalities, given that heart conditions often have unrecognized warning signs & risk factors. (The Kyle J. Taylor Foundation screened 2700 student athletes in the Campbell Union High School District over the past two years, and identified 9 students with risk factors for Sudden Cardiac Arrest.)

Families may opt to have this screening done with their personal physician. Standard well child exams and sport physicals ARE NOT designed to identify heart conditions that put youth at risk for SCA - this is an additional screening you will need to request if you seek to have this screening done through your personal physician. *(Please check with your insurance to review coverage.)*

The fall sport Heart Screening events will be held:

Saratoga High School - Friday 8/09/2024  
Los Gatos High School - Saturday 8/10/2024  
Make Up Date: TBD



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Athletes may attend either screening event, regardless of their home school. Cost of the on-campus screenings is \$20. If you are interested in a scholarship to cover the cost of the campus heart screening, and/or have questions, please contact our District Nurse, Lisa Tripp, [ltripp@lgsuhd.org](mailto:ltripp@lgsuhd.org).

Respectfully,

Heath L. Rocha  
Assistant Superintendent

Cc: Ken Perrotti, Athletic Director LGHS  
Rick Ellis, Athletic Director SHS  
Greg Louie, Principal SHS  
Kevin Buchanan, Principal LGHS (outgoing)  
Dave Poetzinger, Principal LGHS (incoming)