

What are the IB Approaches to Learning (ATL)?

ATL are deliberate strategies, skills and attitudes that permeate the IB teaching and learning environment. ATL supports the IB belief that a large influence on a student's education is not only what you learn but also how you learn. Teaching students how to learn has always been a part of IB teaching, but now the IB is providing more explicit support for teaching these skills, aligning the Diploma Programme (DP) and IB Career-related Programme (CP) with the Middle Years Programme (MYP) and the Primary Years Programme (PYP). Focus on ATL across all programmes will improve the quality of teaching and learning and may result in more engaged teachers and students. (Ibo.org)

The five categories of IB approaches to learning:

Social Skills	Communication Skills	Thinking Skills	Research Skills	Self-Management Skills
Accepting responsibility	Listening	Acquisition of knowledge	Formulation questions	Gross motor skills
Respecting others	Speaking	Application	Observing	Fine motor skills
Cooperating	Reading	Analysis	Planning	Spatial awareness
Resolving conflict	Writing	Synthesis	Collecting data	Organization
Group decision-making	Non-verbal communication	Evaluation	Recording data	Time management
Adopting a variety of roles		Dialectical thought	Organizing data	Safety
		Metacognition	Interpreting data	Healthy lifestyle
			Presenting	Codes of behavior
				Informed choices