

LVJUSD Student Wellness Policy - Triennial Assessment (2023)

Policy Area	Extent of Compliance (% of # of schools)	How was the Goal Achieved?	Next Steps (Goals)
Nutrition & Physical Activity Education: 1. Nutrition and Physical Activity curriculum based on state standards.	100% Physical Activity 22% Nutrition	The PE curriculum is based on state standards. Appropriate Nutrition standards are taught at state designated grade levels.	100% of schools will provide both nutrition and physical activity curriculum based on state standards.
2. Nutrition education will be provided in health education and in other academic areas.	22% partial compliance	Nutrition education is provided through the Health & Science curriculum.	District will determine a plan for teaching nutrition education to meet state standards.
Professional Development for Nutrition and Physical Activity: 1. Shall be regularly offered to health and physical education teachers, coaches, and other applicable staff.	Partial compliance with physical education teachers	Physical activity professional development is provided annually.	Professional development for nutrition and physical activity on state standards will be provided for appropriate staff.
Physical Activity: 1. Provide grade level appropriate physical activity opportunities per state standards.	100% full compliance	PE is provided at grade levels per state standards.	District shall continue to provide opportunities per state standards to be physically active on a regular basis.
Federal/State Meal Standards: 1. All schools shall participate in available federal & state nutrition programs.	100% full compliance	LVJUSD participates in the NSLP and SBP.	District schools shall participate in available federal & state school nutrition programs.

Nutrition Promotion: 1. Parents, guardians and volunteers are encouraged to comply with nutrition guidelines when donating food.	0% compliance	N/A	Parents will be provided information on the school district's nutrition guidelines for school sponsored activities. Site administrators will ensure compliance.
Food & Beverage Marketing: 1. The marketing and advertising of non-nutritious foods and beverages is prohibited on school sites.	94% full compliance	School site administrators were trained on Food & Beverage Marketing policies.	100% of schools will prohibit the marketing and advertising of non-nutritious food and beverages. Site administrators will ensure compliance.
Fundraising: 1. School organizations shall be encouraged to use healthy food items or non-food items for fundraising purposes.	50% full compliance 28% partial compliance	Through communication/enforcement from site administration.	100% of school organizations will use healthy food items or non-food items for fundraising purposes. Communicate with site administration and school organizations regarding fundraising policies. Site administration will ensure compliance.
Food for reward: 1. School staff shall be encouraged to avoid the use of food as a reward for students.	50% full compliance 39% partial compliance	Through communication/enforcement from site administration.	Staff will be provided information on the school district's nutrition guidelines for school sponsored activities and provided with a list of non-food reward ideas. Site administration will ensure compliance.
Posting Requirements: 1. District's nutrition and physical activity policies and regulations shall be posted in public view within all central eating areas.	39% full compliance 22% partial compliance	District policies are posted for the public in eating areas.	100% of schools shall post nutrition and physical activity policies and regulations in public view within all central eating areas.
2. A summary of nutrition and physical activity laws shall be posted at each school.	33% full compliance 22% partial compliance	State laws are posted for the public at each school site.	100% of schools shall post nutrition and physical activity laws will be posted for the public at each school site.