

Register for the Inaugural Mom Day 5k!

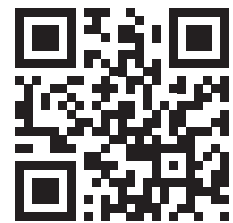
May 12, 2024
McNamara Park
GENOA TOWNSHIP

Join us on
Mother's Day!



Benefitting POEM Ohio, our race is about supporting perinatal health in Central Ohio. All are welcomed – from miscarriages to stillbirths, hyperemesis gravidarum and infertility to postpartum anxiety and depression, we KNOW that motherhood is hard (and also, beautiful). Calling all walkers and runners, caregivers, fur moms and more...we are thrilled to celebrate YOU.

Our Honorary Race Director – Stephanie Bruce – recently competed in the Marathon Olympic Trials at just four months postpartum. She will be sharing her story, and we are certain you will walk away inspired, enlightened, empowered and ready to take on the world.



momday5k.run

QUESTIONS?

Email us at
momday5k@gmail.com