

**Minutes of Regular Meeting**  
**School Health Advisory Council (SHAC)**  
**Pearland Independent School District**

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Regular Meeting of the Pearland Independent School District School Health Advisory Council (SHAC) will be held on **Monday, April 15, 2024**, beginning at 4:00 p.m.

The subjects to be discussed, considered, or upon which any formal action was taken are listed below.

**1. Welcome & Introductions**

Dr. Nixon welcomed the members. As this was the last meeting of the year, Dr. Nixon thanked everyone for their time and service as a member of the SHAC this year. If campus members are interested in continuing to serve next year, they need to contact their campus principals. All others are welcome to notify Dr. Nixon if they would like to continue to serve on the council next year.

**2. Review and approve the District Wellness Plan – Dr. Lisa Nixon, Assistant Superintendent of Educational Services**

- a. The SHAC works on behalf of the district to review and make updates as needed to the District Wellness Plan. Each campus principal is responsible for implementing FFA (LOCAL) and this wellness plan at his or her campus, including submitting necessary information to the SHAC for the wellness plan evaluation.
- b. Dr. Nixon asked for any comments, questions, and/or updates to the wellness plan.
- c. Dr. Nixon presented to SHAC additional information to be added to the Nutritional Promotion goal to explain the purpose of the goals for this section. The members present agreed to the addition. There were no other suggested revisions.

**3. Review and approve the Fentanyl presentation for students in grades 6 – 12 for the 2023 – 2024 school year – Dr. Lisa Nixon, Assistant Superintendent of Educational Services**

- a. New fentanyl-related legislation was passed during the 88<sup>th</sup> Texas Legislature to raise awareness of fentanyl poisoning and to promote prevention efforts. Specifically, students and families need to know that other drugs may contain a deadly level of fentanyl. “One Pill Kills” is a campaign by the Texas Department of Health and Human Services to educate Texans on how to prevent, recognize, and reverse fentanyl poisonings.
- b. HB 3908, known as Tucker’s Law, adds to the duties of a school health advisory council (SHAC) the requirement to recommend a research-based instructional activity on fentanyl abuse prevention and drug poisoning awareness for students in grades 6 – 12.

Dr. Nixon presented to SHAC the Fentanyl Prevention Activity for Students in Grades 6 – 12. SHAC members watched the video and reviewed the lesson. All members present agreed to recommend the Fentanyl Prevention Activity for campuses to share with students. Dr. Nixon will inform district and campus staff so that the activity can be presented in May to students.

- c. A parent suggested that each campus principal (for grades 6 – 12) send out an email to parents ahead of time notifying them of the Fentanyl Prevention Activity and include links to the video and resources so that families could also review this information with their students. A suggestion was also made to share this information on district social media.
- d. This fentanyl prevention activity is one part of fentanyl awareness. HB 3144 established October as Fentanyl Poisoning Awareness Month and the district provided awareness resources through district social media platforms. In addition, SB 629 requires each school district to adopt and implement a policy regarding the maintenance, administration, and disposal of opioid antagonists (Narcan) at each campus in the district that serves students in grades 6 – 12. Pearland ISD has that in place this school year.

**4. Discuss topics for next year’s Coffee with the Counselors sessions – Dr. Chenda Moore, Coordinator of Guidance Services**

- a. To help parents better support their children, Dr. Moore asked the members for ideas for next year’s Coffee with the Counselor sessions. These are virtual sessions offered the second Thursday of every month and recordings are available on the Pearland ISD Guidance Services webpage.
- b. Some ideas shared included how to have crucial conversations with their children, parenting skills training sessions by Child Builders, sessions on the college application process, mental health and wellness, drug awareness and prevention, and sessions to help parents understand how apps are used to create “fake” pictures and video. There was also a request to see if the meetings could be held on different days or times of day in the future.

**5. Ideas/Requests for Future Meeting Topics**

- a. Dr. Nixon asked if there were any suggestions or recommendations for topics for the SHAC to explore next year. No one gave any suggestions during the meeting, but Dr. Nixon encouraged members to email her with any suggestions.