



# SUMMER AQUATICS

651-351-8300 | [stillwaterschools.org/CE](http://stillwaterschools.org/CE)

**Stillwater Community Education is an Authorized Provider of American Red Cross Learn-to-Swim Aquatics Programs.**

## Stillwater Middle School Pool

**Mon-Fri • 5 sessions • \$109/person**

### Level 1 - Water Exploration

7020-SM2	June 10-14	10:45-11:25 AM
7020-SM3	June 24-28	9:50-10:30 AM
7020-SM4	June 24-28	10:40-11:20 AM
7020-SM5	July 15-19	10:45-11:25 AM

### Level 2 - Fundamental Aquatic Skills

7021-SM2	June 10-15	10-10:40 AM
7021-SM3	June 24-28	10:40-11:20 AM
7021-SM4	July 15-19	10-10:40 AM

### Level 3 - Stroke Development

7022-SM2	June 10-14	10-10:40 AM
7022-SM3	June 24-28	9:50-10:30 AM
7022-SM4	July 15-19	10-10:40 AM

### Level 4 - Stroke Improvement

7023-SM2	June 10-14	10-10:40 AM
7023-SM3	June 24-28	10:40-11:20 AM
7023-SM4	July 15-19	10-10:40 AM

### Level 5 & 6 - Stroke Refinement/ Pre-Swim Team

7017-SM2	June 10-14	10:45-11:25 AM
7017-SM3	June 24-28	9:50-10:30 AM
7017-SM4	July 15-19	10:45-11:25 AM

## Oak-Land Middle School Pool

### Level 1 - Water Exploration

7020-OM1	Tue/Thu	6:40-7:20 PM	June 11-27	6 sessions	\$129/person
7020-OM2	M/T/Th/F	9:15-10:05 AM	June 17, 18, 20, 21	4 sessions	\$109/person
7020-OM3	M/T/Th/F	10:10-11 AM	July 17, 18, 20, 21	4 sessions	\$109/person
7020-OM4	Mon-Fri	9:15-9:55 AM	July 8-12	5 sessions	\$109/person
7020-OM5	Mon-Fri	10-10:40 AM	July 8-12	5 sessions	\$109/person
7020-OM6	Tue/Thu	6:40-7:20 PM	July 9-25	6 sessions	\$129/person
7020-OM7	Mon-Fri	9:15-9:55 AM	July 22-26	5 sessions	\$109/person
7020-OM8	Mon-Fri	10-10:40 AM	July 22-26	5 sessions	\$109/person

### Level 2 - Fundamental Aquatic Skills

7021-OM1	Tue/Thu	6:40-7:20 PM	June 11-27	6 sessions	\$129/person
7020-OM2	M/T/Th/F	9:15-10:05 AM	June 17, 18, 20, 21	4 sessions	\$109/person
7021-OM3	Mon-Fri	9:15-9:55 AM	July 8-12	5 sessions	\$109/person
7021-OM4	Mon-Fri	10:45-11:25 AM	July 8-12	5 sessions	\$109/person
7021-OM5	Tue/Thu	6:40-7:20 PM	July 9-25	6 sessions	\$129/person
7020-OM6	Mon-Fri	9:15-9:55 AM	July 22-26	5 sessions	\$109/person

### Level 3 - Stroke Development

7022-OM1	Tue/Thu	7:25-8:05 PM	June 11-27	6 sessions	\$129/person
7020-OM2	M/T/Th/F	10:10-11 AM	June 17, 18, 20, 21	4 sessions	\$109/person
7022-OM3	Mon-Fri	10-10:40 AM	July 8-12	5 sessions	\$109/person
7022-OM4	Tue/Thu	7:25-8:05 PM	July 9-25	6 sessions	\$129/person
7022-OM5	Mon-Fri	10-10:40 AM	July 22-26	5 sessions	\$109/person

### Level 4 - Stroke Improvement

7023-OM1	Tue/Thu	6:40-7:20 PM	June 11-27	6 sessions	\$129/person
7023-OM2	M/T/Th/F	9:15-10:05 AM	June 17, 18, 20, 21	4 sessions	\$109/person
7023-OM3	Mon-Fri	10-10:40 AM	July 8-12	5 sessions	\$109/person
7023-OM4	Tue/Thu	6:40-7:20 PM	July 9-25	6 sessions	\$129/person
7020-OM5	Mon-Fri	10-10:40 AM	July 22-26	5 sessions	\$109/person

### Level 5 & 6 - Stroke Refinement/ Pre-Swim Team

7017-OM1	Tue/Thu	7:25-8:05 PM	June 11-27	6 sessions	\$129/person
7017-OM2	M/T/Th/F	10:10-11 AM	June 17, 18, 20, 21	4 sessions	\$109/person
7017-OM3	Mon-Fri	9:15-9:55 AM	July 8-12	5 sessions	\$109/person
7017-OM4	Tue/Thu	7:25-8:05 PM	July 9-25	6 sessions	\$129/person
7020-OM5	Mon-Fri	9:15-9:55 AM	July 22-26	5 sessions	\$109/person



**Register online beginning  
April 22 at 8 AM  
[stillwater.ce.eleyo.com](http://stillwater.ce.eleyo.com)**

## Private Swimming Lessons

This is a private 30-minute session to work on water safety, stroke enhancement or specific skills. This is a great option for children that need the extra one-on-one time with an instructor. Preschool and Levels 1-6 are welcome. FOR SEMI PRIVATE LESSONS, CALL THE COMMUNITY ED OFFICE AT 651-351-8300 TO REGISTER.

### Oak-Land Middle School Pool

**7009-OM1** Tue/Thu 5:25-5:55 PM  
June 11-27 6 sessions \$225/person

**7009-OM2** Tue/Thu 6-6:30 PM  
June 11-27 6 sessions \$225/person

**7009-OM3** Tue/Thu 7:25-7:55 PM  
June 11-27 6 sessions \$225/person

**7009-OM4** M/T/Th/F 11:05-11:45 AM  
June 17, 18, 20, 21 4 sessions \$199/person

**7009-OM5** Mon-Fri 10:45-11:15 AM  
July 8-12 5 sessions \$199/person

**7009-OM6** Tue/Thu 5:25-5:55 PM  
July 9-25 6 sessions \$225/person

**7009-OM7** Tue/Thu 6-6:30 PM  
July 9-25 6 sessions \$225/person

**7009-OM8** Tue/Thu 7:25-7:55 PM  
July 9-25 6 sessions \$225/person

**7009-OM9** Mon-Fri 10:50-11:20 AM  
July 22-26 5 sessions \$199/person

### Stillwater Middle School Pool

**7009-SM3** Mon-Fri 11:30 AM-12 PM  
June 10-14 5 sessions \$199/person

**7009-SM4** Mon-Fri 9:15-9:45 AM  
June 24-28 5 sessions \$199/person

**7009-SM5** Mon-Fri 11:25-11:55 AM  
June 24-28 5 sessions \$199/person

**7009-SM6** Mon-Fri 11:35 AM-12:05 PM  
July 15-19 5 sessions \$199/person

## Adult with Child Swim Skills

This course is designed to assist a parent with their child's adjustment to water. The fun-filled activities increase children's comfort in the water and build a foundation of basic aquatic skills. Safety issues and concerns will be discussed. We must have a 1:1 adult to child ratio for this class, therefore an adult must be in the water with each child in all classes.

### Ages 6 mos-3 years

#### Oak-Land Middle School Pool

**7007-OM1** M/T/Th/F 11:05-11:45 AM  
June 17, 18, 20, 21 4 sessions \$89/person

**7007-OM2** Tue/Thu 5:25-5:55 PM  
July 9-25 6 sessions \$105/person

**7007-OM3** Mon-Fri 10:50-11:20 AM  
July 22-26 5 sessions \$89/person

#### Stillwater Middle School Pool

**7007-SM1** Mon-Fri 9:15-9:45 AM  
June 24-28 5 sessions \$89/person

## American Red Cross Preschool Aquatics

Preschool aquatics will teach basic aquatics skills, which children continue to build upon into the Learn-to-Swim levels. The instructors will encourage children to develop good attitudes and safe practices around the water. They will work on locomotion skills in the water and on using simultaneous and alternating arm and leg actions. Before moving to the Learn-to-Swim program, students should have more independence in the water.

### Ages 3-5

#### Oak-Land Middle School Pool

**7012-OM1** Tue/Thu 6-6:30 PM  
June 11-27 6 sessions \$105/person

**7012-OM2** M/T/Th/F 11:05-11:45 AM  
June 17, 18, 20, 21 4 sessions \$89/person

**7012-OM3** Tue/Thu 5:25-5:55 PM  
July 9-25 6 sessions \$105/person

**7012-OM4** Tue/Thu 6-6:30 PM  
July 9-25 6 sessions \$105/person

**7012-OM5** Mon-Fri 10:50-11:20 AM  
July 22-26 5 sessions \$89/person

#### Stillwater Middle School Pool

**7012-SM1** Mon-Fri 10:45-11:15 AM  
June 10-14 5 sessions \$89/person

**7012-SM2** Mon-Fri 9:15-9:45 AM  
June 24-28 5 sessions \$89/person

**7012-SM3** Mon-Fri 10:45-11:15 AM  
July 15-19 5 sessions \$89/person

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## Beginner/Novice Synchronized Swimming Camp

This class is for swimmers who would like to try the sport of synchronized swimming. Students will learn the basic skills and techniques such as sculling, eggbeater, figures, and routine choreography. Participants should have knowledge of standard swim strokes, be able to swim the length of the pool without assistance (25 yards), or have passed ARC level 4 or comparable swimming lessons. All ages/grades are welcome. Swimmers should have goggles. A nose-clip will be provided.

### Stillwater Middle School Pool

**7026-SM1** Tue/Thu 4:45-6:15 PM  
June 11-27 6 sessions \$109/person

## Intermediate Synchronized Swimming Camp

Students will review and practice the basic skills and techniques such as sculling, eggbeater, figures, and routine choreography. Swimmers who have previous novice or intermediate experience are encouraged to join to prepare for and stay conditioned for the upcoming club season. Participants should have knowledge of standard swim strokes, and have at least one season of synchro experience. All ages/grades are welcome. Swimmers should have a swim cap and goggles. A nose-clip will be provided.

### Stillwater Middle School Pool

**7026-SM1** Tue/Thu 4:45-6:15 PM  
July 9-25 6 sessions \$109/person

## Pony Synchronized Swimming Camp

This is a summer workout program emphasizing skill development and routine composition for Stillwater Area synchronized swimmers. Those interested in expanding previous skills and experience and/or wanting to stay conditioned for the upcoming club and high school seasons are encouraged to sign up for this camp. Prerequisites: synchronized swimmers with previous experience, grades 6-12.

### Stillwater Middle School Pool

**7025-SM1** M/T/Th 6:30-8:30 PM  
June 17-July 30 17 sessions \$195/person  
No session July 1, 2, 4