

CONFIDENTIAL SERVICES

Crisis Hotlines

Cerritos College Hospital Crisis Response Unit	(800) 352-3301	24 hrs. / PET Team
Community Helpline	(877) 541-2525	http://chelpline.org/wordpress
Crisis Center	(310) 392-8381	24 hrs. (all crisis situations)
DMH Crisis Hotline ACCESS	(800) 854-7771	losangeles.networkofcare.org/mh/emergency-services.aspx
Harbor UCLA Psychiatric Ward	(310) 222-3291	Crisis Resolution line
Hotline of Southern California	(562) 596-5548	hotlineofsocal.org/Hotline_of_Sox.html
Information Line for Services	(800) 339-6339	or dial 211
National Suicide Prevention Hotline	(800) 273-8255	suicidepreventionlifeline.org
Precious Life Emergency shelter	(562) 431-5025	Residential shelter for pregnant women Email: PLSINFO@PRECIOUSLIFESHELTER.ORG
Suicide Prevention for Elders & Seniors	(800) 971-0016	24 hrs.
Suicide Prevention Hotline	(310) 391-1253	Didi Hirsch
Toll Free	(877) 727-4747	
Trans LifeLine	(877) 565-8860	translife.org (for transgender people)

Youth Hot Lines

Boys Family Town - Nat'l Abuse Hotline	(800) 448-3000	For children and family
CA Youth Crisis Line	(800) 843-5200	calyouth.org
Casa Youth Shelter	(562) 594-6825	Emergency shelter, ages 12-17
Covenant House Nine Line for Youth	(800) 999-9999	teenlineonline.org/yyp/covenant-house-nineline/
Help Line Youth Counseling	(562) 864-3722	
Kid Help	(800) 668-6868	kidshelpphone.ca
National Runaway Hotline	(800) 854-7771	
National Teen Dating Abuse Hotline	(866) 331-9474	Secure online chat www.loveisrespect.org or text "love is" to 22522
Project Rachel Post-Abortion Counseling	(800) 722-4356	www.byoursidela.org
Sexually Transmitted Disease Hotline	(800) 227-8922	
The Trevor Project	(866) 488-7386	thetrevorproject.org (LGBTQ)
Teen Line	(310) 855-4673	or text "TEEN" to 839863
Thursday's Child Teen Crisis Line	(818) 710-1181	Teen focused self-harm hotline

Sexual & Reproductive Health

Bellflower Health Center	(562) 804-8112	www.dhs.lacounty.gov/wps/portal/dhs/bellflower
PIH Women's Health	(562) 904-5151	www.pihhealth.org
Pioneer Medical Group	(562) 920-1632	www.pioneermedicalgroup.com
Planned Parenthood Lakewood	(800) 576-5544	www.plannedparenthood.org
The Children's Clinic-Teen Clinic	(562) 933-0400	www.thechildrensclinic.org
Wesley Health Center - JWCH Bellflower	(562) 867-7999	www.jwchinstitute.org
Whittier Street Health Center	(617) 989-3129	www.wshc.org

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Testing & Medical Care for HIV and STI

AIDS Information Hotline	(800) 922-2437	
Center for Disease Control	(800) 232-4636	STD, HIV, testing and treatment counseling
Dept. of Human Health & Human Services Long Beach	(562) 570-4000	For test sites for AIDS & STDs
LA.CADA	(562) 906-2676	HIV testing, treatment www.lacada.com
Whittier Health Center	(562) 464-5417	http://public.health.lacounty.gov/chs/
Bellflower Health Center	(562) 804-8112	www.dhs.lacounty.gov/wps/portal/dhs/bellflower
Planned Parenthood Lakewood	(800) 576-5544	www.plannedparenthood.org
The Center Long Beach	(562) 434-4455	www.centerlb.org/healthservices (LGBTQ)
Wesley Health Center - JWCH Bellflower	(562) 867-7999	www.jwchinstitute.org

Pregnancy Prevention Care

Bellflower Health Center	(562) 804-8112	www.dhs.lacounty.gov/wps/portal/dhs/bellflower
Planned Parenthood Lakewood	(800) 576-5544	www.plannedparenthood.org
Wesley Health Center - JWCH Bellflower	(562) 867-7999	www.jwchinstitute.org

Assistance with Sexual Assault & Intimate Partner Violence

Angel Step Too - Bellflower	(562) 461-9272	
BASTA - Support network	(800) 572-2782	for spanish speaking battered women
Incest Survivors Anonymous	(562) 428-5599	
LB Rape Crisis Center Hotline	(562) 597-2002	
National Sexual Assault Hot Line (RAINN)	(800) 656-4673	online.rainn.org Online chat
Su Casa - Ending Domestic Violence	(562) 402-4888	24 hours
The Center Long Beach	(562) 434-4455	www.centerlb.org/healthservices (LGBTQ)
Women's Shelter of Long Beach	(562) 437-4663	www.womenshelterlb.org