

BOBCAT 3 X S CAMP

SPEED, STRENGTH, SKILL

WHEN

Monday through Thursday

June 10th—August 1st

OFF July 1st—5th

HS: 8:00am—10:30am

MS: 9:00am—11:15am

WHERE

BOBCAT STADIUM

NO REGISTRATION REQUIRED

**INCOMING
7TH—12 GRADE
ATHLETES**

DAILY SCHEDULE

8-9AM HS SKILL PRACTICE

**9-1030AM SPEED,
STRENGTH WORKOUTS**

**1030-1115AM MS SKILL
PRACTICE**

COST

**FREE FOR ALL KMS/KHS
STUDENT-ATHLETES**

EQUIPMENT

ATHLETIC SHORTS

T SHIRT

CLEATS AND TENNIS SHOES

**PERSONAL WATER BOTTLES
ARE RECOMMENDED**

QUESTIONS

CONTACT COACH CANIFORD

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