



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



AMERICAN RED CROSS BLENDED LIFEGUARD TRAINING COURSE

Interested in becoming a lifeguard?

WHEN: 4/26, 4:00–9:00 p.m. (Swim Test), 4/27, 8:00–6:00 p.m., 4/28,
8:00–6:00 p.m.
WHERE: ELMHURST YMCA
COST: \$300 PER PERSON

REGISTRATION DEADLINE: 4/19/24

- Must be 15 years old (show proof of age)
- Pass a 300-yard pre-requisite swim test, tread water for 2 minutes without using hands, swim & retrieve a 10-pound object from water 7-10 feet deep in less than 1 minute, 40 seconds to be performed on 4/26
- Blended Learning Assignment must be completed, and certificate of completion handed in the first day of class (emailed out upon registration) 4/26
- Must attend all scheduled class sessions, written & practical exams.
- Refunds for all lifeguarding classes must be requested in writing 48 hours prior to class. start and will result in a \$50 administrative fee. Failure to finish prerequisites may only result in a partial refund.
- Certification is not guaranteed.
- Water Park certification – Must have Basic Lifeguard to be valid (Training date TBD)

For more information, contact Marie Straube at 630-834-9200

Elmhurst YMCA | 211 W. First St., Elmhurst, IL 60126 | 630-834-9200 | www.elmhurstymca.org