Limitless

A transition and vocation program for students with intellectual and developmental disabilities 18 – 22 who are still enrolled in school but are ready to begin the steps into their adult world.

What makes this different than being in school?

- ***Not a school setting - office like atmosphere***
- ***Hands on vocational opportunities, community opportunities, as well as leisure activities.***
- ***Students are given opportunities to voice choices and plan their days.***

How is it similar to school?

- ***We continue to work on daily living skills, self-determination and interpersonal skills and employment skills utilizing the Life Centered Education computer program as well as Office meetings/instruction.***
- ***We have a team of professionals working with individuals.***

What exactly would my student's day look like?

- ***Every student has an individual schedule.***
- ***Students may participate in work crews, internships/apprenticeships, paid employment: depending on each individual. Some may be involved in all - it is about "skill building"***
- ***There would be community outings to grocery markets and other shopping that is appropriate for life skills.***
- ***The leisure activities would include such things as community integrated programs: yoga, cooking class/etc.***
- ***Students will be in the planning process as well as evaluations of activities.***
- ***Guest speakers will be coming to the office so that students may become familiar with adult agency and providers for supported employment. Students will gain access to their options. Guest speakers will also include nutrition and wellness topics.***

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- ***Collaboration with community commerce, adult agency and providers***
- ***Students are respected and valued as community members.***

What role will parent/guardian/family have?

- ***Families will be given up to date information on progress. Some reports will occur daily as schedules may flux and there is always something to share.***
- ***You will collaborate with staff to develop a solid transition plan with information / planning with adult providers and in some cases will be able to begin transitioning in the last few months of program.***
- ***We will work side by side, one step at a time.***

What are the Principles of the program?

- ***Students will have the opportunity to experience multiple and a variety of settings.***
- ***Students will experience learning opportunities with same age peers.***
- ***Students will participate in integrated community activities both vocational and leisure.***
- ***Students will actively contribute, participate in their planning process.***
- ***Problem solving strategies are used to ensure proper supports.***
- ***Instructional techniques and curriculum support career paths.***
- ***Student will be afforded a hands on approach to career exploration.***
- ***All students will have a means of communication in all settings.***
- ***Every student on a career path.***

Values –

- ***Partnership with student / families to promote independence***
- ***High expectations of staff and students***
- ***Person Centered / individually based***
- ***Partial participation is optional***