



OSLO
INTERNATIONAL
SCHOOL

Pre-School Essential Kit

Information about Pre-school: Age 3-5

We open the doors and show the ways that allow children to learn and grow.

Living in a new country can be challenging, especially a country with such a varied climate as Norway.

We have put together a guide of clothes your child will need to help them navigate all the different weather conditions we experience here in Norway.

Each child will receive a blue bag and a message book. The message book will be checked every day, and should come and go home with the child.

The children should have a change of clothes at school that includes a pair of socks, underwear, shirt, and trousers. A pair of indoor shoes (trainers) should be left at school, and these are also used for gym. The children do not change clothes for gym.

In early fall, we may experience a lot of rain, so we ask the parents to always keep raingear at school, along with a pair of rain boots. This can, of course, be sent home over the weekend, but we ask it to be returned to school on Monday morning.

Please see the next few pages for examples of appropriate clothing.

These are some examples of rain gear that are easy for your child to put on themselves (note underfoot straps):



In late fall, a fleece suit is perfect to put under the rain gear:



We recommend using a wool layer under the fleece in the winter. Wool breathes and wicks away moisture when children are active.



When it snows, the children play outside and need a snow suit that is both warm and waterproof.



They will also need boots that are both warm and waterproof.



Here are some examples of hats and gloves that are useful:



Please label all clothing with your child's name and class.

Your child should have a backpack that can carry their lunchbox, water bottle and some spare clothes. The backpack should have a strap that closes across the chest. This makes it easier to carry when out for a few hours on *turdag*.



The best indoor shoes are trainers with velcro. The shoes should be left at school as they will be used in the classroom and for gym.



Here are some examples of lunchboxes and water bottles. For those who like to send in a warm lunch, we can recommend the Thermos lunch box. We are not able to heat home brought lunches, but children may sign-up for warm school lunches on certain days.



Some good shops for finding the essential kit items are:

- <https://www.polarnopyret.no/>
- https://www.hellyhansen.com/no_no/
- <https://www.reima.com/no>
- <https://www.didriksonsshop.no/>
- <https://www.woolland.no/>
- <https://www.lanullva.no>
- <https://www.xxl.no/>
- <https://www.stormberg.com/no>