
2023-24
School Health Advisory Council (SHAC)
Meeting Agenda #3
April 15, 2024

A meeting of the Midlothian ISD School School Health Advisory Council will be held April 15, 2024 beginning at 9:00 AM via TEAMS. [LINK TO TEAMS RECORDING 2/5/24](#). The subjects to be discussed or considered or upon which any formal action may be taken are as listed below. Items do not have to be taken in the order shown on this meeting notice.

1. CALL TO ORDER

- A. Announcement by the presiding officer that a quorum of members is present, that the meeting has been duly called, and that notice of the meeting has been posted in accordance with the Texas Open Meetings Act, Texas Government Code Chapter 551

2. PUBLIC COMMENT

Members of the public may address the SHAC during the public comment portion of the meeting in accordance with Board policy BED (LOCAL). Individuals wishing to speak shall email krista.tipton@midlothianisd.org by 4:00 pm the day prior to the scheduled SHAC meeting. Failing to meet this requirement will forfeit the requested public comment. According to the Texas Open Meetings Act, committee members will listen to the comments but will not conduct an interchange with the speaker. Speakers are limited to one minute each and if multiple individuals are speaking on the same item not listed on the agenda, a spokesperson must be appointed to speak.

3. INFORMATION ONLY

- A. Food Service Management Evaluation
- B. FitnessGram
- C. District Health Plan
- D. Recent MISD Health Initiative
 - a. Mammograms
 - b. Sports Physicals
 - c. Immunization Clinic

4. DISCUSSION/ACTION ITEMS

- A. YES Programming: 5th Grade Puberty & Adolescence

5. ADJOURNMENT

On this, the 11th day of April, 2024, this Notice posted an original copy was posted in the window of the School District Administration Building at 12:00 pm on said date.

Krista Tipton

Krista Tipton, M. Ed
Executive Director of Administration and Student Services

The SHAC Meeting Minutes

4/15/24

1. Welcome– Krista Tipton called the meeting to order and welcomed everyone and introduced the speakers for the meeting.
2. Krista provided agenda for today's discussion and action items.
[Link to SHAC Meetings Slideshow 23-24](#)
3. Information Only
 - A. Food Service Management Evaluation- Krista Tipton shared the information regarding the evaluation being in process.
 - B. B.Fitness Gram- Wendy Hein shared information regarding how the Fitness Gram works and how it tracks health/fitness. The categories that the state requires were reviewed and the note that this does not impact the student's grade. Annual Review.
 - C. District Health Plan- Wendy shared information about the plan and where it is located for view. She reviewed the areas that are included and that we build goals to be reviewed. This plan will be up for review next school year.
 - D. Recent MISD Health Initiative- Wendy gave information about each of these initiatives
 - a. Mammograms- in collaboration with Methodist, some were first time mammograms, hope to partner with Methodist for future initiative
 - b. Sports Physicals- in collaboration with Baylor Scott and White, provides assessments for students for sports
 - c. Immunization Clinic- held in conjunction with the Sports Physicals, great opportunity for students to receive immunizations and opportunity for parents to stop by and check on current shot records.
4. Discussion/Action Items-
 - A. YES Programming: 5th Grade Puberty & Adolescence- Krista shared the updates to the TEKS. This is an opt-in for parents and communication will go out about the district plan for this topic. Krista reviewed the information that was given to us last meeting regarding the curriculum and materials that were shared. Nikki Lane, partner from YES, was present to answer any questions about the programming. Krista shared with the committee how we are working through grant money and funding for the programming because this is required by the state. The vote today is regarding approval for the use of the programming, but this still has to be taken before the Board when/if/after the SHAC committee approves.

Krista asked if anyone would like to make a motion. Motion was made by Amanda Brady to adopt the programming to meet the TEKS. Second was made by Lonna Edwards. Wendy Hein then shared the poll for all members to vote.

Passes 22-0. Still pending Board approval.

5. End of Year Survey- Krista reviewed the At a Glance Program Schedule. She shared all the different programs that come through SHAC and how we have supported students. The QR code the End of the Year Survey was shared with the committee to give feedback. Committee members were invited to complete the survey and let Krista know if they would like to continue serving on the committee.

12. Krista Tipton adjourned the meeting at 9:26.

Representatives in attendance:

Krista Tipton -Co-Chair
Sabra Golden - Co-Chair
Wendy Hein
Mandy Berry
Beth Stokman
Aaron Carroll
Lauren Williams
Heather Beck
Rachel Bryant
Johnna Stinchcomb
Roberto Torres
Meagan Newsome
Delaney Wayland
Christine Thorpe
Whitney Krupala
Mandie Tucker
Amanda Brady
Kristin Vernon
Lonna Edwards
Danielle White
Jessica Martin
Olivia McDonald
Nikki Lane
Laurie Osborne
Karis Schumacher
Ramsey Pruitt
Joey Foster