

Alt Ed Family Monthly Newsletter

Family Newsletter for April 2024

Click here for the Stein High School Website

<https://steinhigh.tracy.k12.ca.us/>

Click here for the Duncan Russell Community Day School Website

<https://duncanrussell.tracy.k12.ca.us/>

Principal's Message



Hello Alt Ed Families,

Hello Alt Ed Families,

Can you believe the April Showers we have experienced! And to think April is almost gone, May is approaching quickly. Before you know it - graduation! As we move towards wrapping up the school year, we are pleased to announce that Tracy Police Department is scheduled to facilitate three trainings for parents. The first session will be on the 24th of April at 9am. The focus will be on

Cyberbullying and Internet Safety. Plan to join us on the Alt Ed Campus.

Stein has wrapped up basketball and soccer. We have one dodgeball tournament on the 19th.

At Stein, our schoolwide learner outcomes are grounded in GRIT. Stein High graduates will acquire tools to sustain **Goals, Relationships, Integrity, Tenacity**. The vision for Duncan Russell is that students learn and perform to their fullest potential, respect themselves and others, and become responsible contributors to society. I have been through several classes and witnessed many thoughtful in class discussions. Teachers have worked hard to plan engaging and rigorous activities.

Partnering with families is crucial to promoting students success academically, socially and emotionally. This year we will continue to place a strong emphasis on social emotional learning while focusing on building academic skills. We encourage families to stay connected and informed by following us our district website (click the link above) and through our Alt Ed Month Newsletter.

SAVE THE DATE!

- Tuesday, 4/9-11 and 4/15-18/2024 - State Testing for Stein and Duncan Russell**
- Tuesday, 4/9/2024 - TUSD Board Meeting @ 7:00 pm**
- Friday, 4/19/2024 - Dodgeball Tournament (Merced)**
- Tuesday, 4/23/2024 - TUSD Board Meeting @ 7:00 pm**
- Wednesday, 4/24/2024 - Administrative Professionals Day**
- Wednesday, 4/24/2024 - Alt Ed Parent Meeting - Tracy PD presenting**
- 4/29/2024 - Delta College (students and families) Campus 9 am-12 pm**

Grateful to Serve,

Mrs. Mitchell, Principal

No Problems...Only Situations!



Alt Ed Parent Café

When: Wednesday, April 24th

Time: 9:00 – 10:00 am

Where: Alt Ed Campus

Tracy PD Presentation
Online Safety & Cyber
Bullying



Alt Ed Café de Padres

Cuando: Martes Abril 24th

Tiempo: 9:00 – 10:00 am

Donde: Alt Ed Campus

Policia de Tracy
Presentara Seguridad
Cibernetica y Proteccion
para Familias





Cash for College Workshop

Receive one-on-one assistance
with your FAFSA or CA Dream Act

Monday
April 29, 2024
9am-12pm

Stein High School
650 W 10th St, Tracy, CA 95376
Tracy, CA 95376



☐ Apply to Delta College

☒ Complete financial aid
(FAFSA/Dream Act)
application

☐ Complete Delta College
orientation

☐ Meet with a counselor

☐ Register for classes



Undocumented students
are welcome!



Taller de Ayuda Financiera

Reciba asistencia con su
solicitud FAFSA o CA Dream Act

Lunes
Abril 29, 2024
9am-12pm

Stein High School
650 W 10th St, Tracy, CA 95376
Tracy, CA 95376



☐ Apply to Delta College

☒ Complete financial aid
(FAFSA/Dream Act)
application

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orientation

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Athletics Corner

Dodgeball Practices

- Starts 4/8/2024
- Tuesday, Wednesday, Thursday, Friday 1:45-3:00pm
- Must have your sports physical and permission slip turned in to participate
- See Mr. Vallotton or Mrs. Christenson for more information



Dodgeball Tournament:

- Friday, April 19, 2024 @ Sequoia High School (Merced)
- Departure Time: 7:15 am
- Location: 1900 G Street, Merced



2024 Soccer - 3rd Place Champions



2024 Soccer with Coach C



2024 Undefeated Basketball with Coach Moss and Coach Alger

**For Graduation, Cap & Gown
Information please contact the front
office.**

Stein High Graduation Requirements

Stein High Graduation Requirements

- Students must earn 185 credits total, and complete all subjects as outlined below.
- 130 credits will be earned in the required subject areas, 55 electives.
- Students must complete and present the **Student Portfolio** (elective credits).
- Students must complete Strategies for Academic Success course (elective credits).

- Students must earn **20 credits in residency** at Stein

40 credits - English

30 credits - Social Studies

30 credits - Science

20 credits - Math (*including Algebra 1*)

10 credits - Fine Arts

55 credits - Electives (*including Physical Education*)

Total 185 credits

Our March 2024



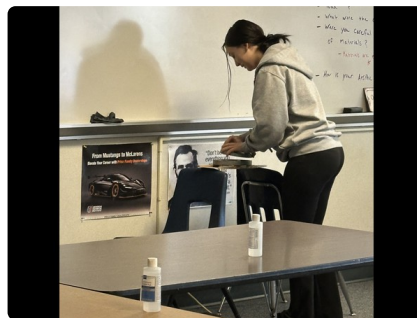
DRCDS Working on Earth Day Projects



DRCDS Working on Earth Day Projects



Delta College Workshop



SHS - STEM Bridge Project



SHS - 2023 Grad and Ms. Robinson

Dates to Remember

May 2024

5/9: DELAC @ 3:30pm

5/15: ELAC @ 9:00am

5/24: Grad Practice @ 12 noon (attendance is required in order to participate in graduation ceremony)

5/28: Graduation Ceremony @ 9 am (graduates must arrive by 8:15am)

5/28: Minimum Day B Stein; Minimum Day TYAP

5/29: Minimum Day A Stein; Minimum Day TYAP

5/30: Minimum Day B Stein; Minimum Day TYAP

5/31: Minimum Day A Stein; Minimum Day TYAP

5/31: Last Day of School



High School Graduation Checklist For Parents [PDF Included] - TheHighSchooler

As parents, we all want our children to succeed and reach their full potential. One of the biggest milestones in a young person's life is graduating from high school. It's a momentous occasion that deserves to be celebrated and remembered for years to come. However, preparing for graduation can be overwhelming, especially if you're unsure ...

thehighschooler.net



What to Do After High School: 12 Options & How to Decide

Everything you need to plan your future after high school Congrats on graduating high school! You have so many options for what to do next-it's normal to feel a little overwhelmed. We're here to

help! We'll walk you through all of your...

[wikihow.com](#)



How Families and Parents Can Support Student Success and Well-Being

This article was contributed by the JHU Counseling Center. In November, as we settle into our rhythms and routines for the fall academic semester, it is a perfect time to stop and take stock of our well-being.

[studentaffairs.jhu.edu](#)



Officer Gomez

Welcome, Parent tips and social media tricks. There is a lot going on with social media, and parents have a hard time keeping up. Officer Gomez explains some of the challenges to parents and kids.

[youtube.com](#)



Parents We Need You!



DELAC - District English Learner Advisory Committee

Subcommittee on English Learner Education is to provide to the Board of Education and District Staff on needs and services for English Learners.

Tracy Unified School District at Boardroom 3:30PM-5:00PM

Dates:11/2/23, 1/25/24, 2/15/24, 3/28/24 and 5/9/24

ELAC - English Learner Advisory Committee

The ELAC Is a committee for parents or other Community members who want to advocate for English Learners major function.

School Site 9:00AM-10:00AM.

Dates: 11/8, 2/5, 2/21



SSC - School Site Council

School Site to Council is a group of teachers, parents, classified employees, and students (high school level) that work with the principal to develop, review, and evaluate school improvement programs and school budgets. The members of the School Site Council are generally elected by their peers.

School Site 8:15AM-9:15AM

Dates: 10/18/23, 2/7/2024, 3/27/2024, 4/10/2024

Title 1

Title 1 meeting is to provide information to families of participating children about the Title 1 program and their rights to be involved in their child's education.

District Office Board Room 9:00AM-10:30AM

Dates- 9/26/23, 1/23/24, 3/19/24 and 5/14/24



Resources



CESSATION RESOURCES FOR SAN JOAQUIN COUNTY

Are you ready to be tobacco free?

Agency/Contact	Time(s)	Language(s)	Cost & Services
Butter Health Education 209-553-4147 2025 W. Hammer Lane, Stockton	Call for information	English Translation services available	Clashes offered. Call for direct services from primary provider
Asian Pacific Self-Development and Residential Association (APSDA) 209-963-7777 3850 Alvarado Avenue Suite C, Stockton	Monday-Friday 9am-5pm	English Chinese Laotian Korean	Call to make an appointment. Free cessation services are offered by certified tobacco cessation staff based on the needs of the person.

Agency/Contact	Time(s)	Language(s)	Cost & Services
Kiss It California Helpline (State Funded Program) 800-452-2266 Toll-free: 1-800-565-5886 Toll-free: 1-800-452-4281 Chinese: 1-800-638-8817 Korean: 1-800-536-5564 Vietnamese: 1-800-778-8400	Monday-Friday 7am-5pm Saturday 9am-5pm	English Spanish Chinese Korean Vietnamese Translation services available	Free counseling with a coach by phone. Other services include text that and distribution for educational material by mail or e-mail.

National Cancer Institute Smoking Outlines 800-452-2266 1-877-468-7438	Monday-Friday 9am-5pm ET	English Spanish	Free programs tailored to women, women, pregnant women, teens, and people who quit for counseling and educational materials.
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American Cancer Society 800-452-2266 1-800-527-3243	All day every day	English Spanish Translation services available	Referral to cessation services only. Educational materials are available on their website. Other services include free quit and distribution of educational material by mail or e-mail.
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American Lung Association 800-558-4852 Lung Health Professionals: 1-800-548-8232	Monday-Friday 7am-5pm CT Saturday 9am-5pm CT	English Spanish	Free online and in-person classes, self-guided program, and online community support. Visit website to learn about their "Freedom from Smoking" Program.
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Asian Smokers' Quit Line http://www.asiansmokersquitline.org Mandarin: 1-800-688-8817 Cantonese: 1-800-568-5864 Vietnamese: 1-800-778-8400	Monday-Friday 7am-5pm PT	Mandarin Cantonese Korean Vietnamese	Free, accessible, evidence-based cessation services provided by trained speakers. Free nicotine patches based on eligibility.
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CESSATION RESOURCES FOR SAN JOAQUIN COUNTY

Are you ready to be tobacco free?

Name/Logo	Language(s)	Description	Cost to Download (Android & iPhone)
No Butts 	English	This mobile app offers quick and tailored help, right from the palm of your hand. Created by UCSF, California, No Butts uses proven methods to help you quit, like personalized quit dates and information on effective coping skills. The app also has other helpful information features like logging your smoking triggers, reminders to take your medication, and pointers on all kinds of quit smoking topics. Website: https://ucsf.ucsf.edu/no-butts	FREE
No Yips 	English	This app was created to quit it California, a stop vaping service and research-based program at the University of California, San Diego. Features included in the app include a dashboard to view your quit journey, advice on how to get over cravings, and a plan that shares strategies that have helped others quit. Website: https://ucsf.ucsf.edu/no-yips	FREE
QUITSTART 	English	This app is a product of Smokefree Team QIT's smoking cessation resource for teens. It was created by the Tobacco Control Research Branch at the National Cancer Institute in collaboration with tobacco control professionals, smoking cessation experts, and suggestions from former smokers. Website: https://quitstart.org/	FREE
Quit Guide 	English	This free app helps you understand your smoking patterns and build the skills you need to quit smoking. The app has the ability to track vaping by time of day and location. You also get motivational messages to keep you on track, helping you stay focused and motivated on your journey to a smoke-free life. Website: https://quitguide.org/	FREE
Smoker Free 	English French German Portuguese Russian Spanish Swedish	This evidence-based app allows you to track your health improvements, money saved, track cigarette cravings, and provides interactive ways to keep you on track to becoming tobacco free. Website: https://smokerfree.com/	Basic: FREE Additional costs for more features



CESSATION RESOURCES FOR SAN JOAQUIN COUNTY

Are you ready to be tobacco free?

Website	Language(s)	Information	Audience	Cost/Notes
 kissit.org	English Spanish	Find your reason to quit. The Kiss It California website serves as a hub with many resources available to help you quit smoking and/or vaping. Text message program available in English, Spanish, Chinese, Korean, Vietnamese. Must be at least 18 years old to enroll. Message and data rates may apply. Website: http://www.kissit.org/	Youth & Adults	YES Text: QUIT 800-452-2266
 be-smokefree.org	English Spanish	The Be Plan is a free quitting smoking program. It is an all-in-one program that helps former smokers and uses the latest scientific research from the experts at the Mayo Clinic. A blog page is available to connect with others on the same journey, share common interests, and ask for help. Note: The blog page is only available in English. https://www.be-smokefree.org/	Youth & Adults	YES *Must create an account first
 smokefree.gov	English Spanish	Smokefree.gov helps you or a loved one quit smoking. The information and professional assistance available can help to support your immediate and long-term needs as you become and remain smoke-free. Text message program available in English and Spanish. Message and data rates may apply. https://www.smokefree.gov/	Youth Adults Women Veterans Seniors	YES Text: QUIT to 87848 or 800-452-2266
 freedomfromsmoking.org	English	Freedom from Smoking Online (FFSO Online) is a program specifically designed for adults, like you who want to quit smoking. It is an adaptation of the American Lung Association's gold standard, group class that has helped thousands of smokers to quit for good. https://www.freedomfromsmoking.org/	Youth & Adults	NOT AVAILABLE
Text Message Only (QIT)				
Agency	Language(s)	Information	Audience	Cost/Notes
 Youth Quitline This is a 24/7	English	This is a 24/7 free and anonymous text messaging program from Youth Quitline designed to help young people quit vaping. The team of dedicated quit program coordinators messages from other young people like them who have successfully quit or successfully quit at cigarettes. Website: https://www.youthquitline.org/	Youth & Young Adults Ages 13-24	YES Text: QUIT to 80709 or 800-452-2266



Cessation Resources for San Joaquin County



AYUDAR A LOS PADRES A CAMBIAR LAS CONDUCTAS DESTRUCTIVAS DE LOS ADOLESCENTES

ORIENTACIÓN DE PADRES
VIERNES 9 DE FEBRERO DEL 2024
HORA: 9-11AM
UBICACIÓN: NORTH ELEMENTARY SCHOOL
ROOM C142 LION'S DEN
PARA MAS INFORMACION CONTACTAR:
(209)830-3350



PROGRAMA GRATUITO DE 10 SEMANAS

- Manejar los desafíos de comportamiento de su hijo
- Mejora tu relación con tu hijo
- Crear y mantener la estructura en el hogar
- Prevenir o intervenir en el consumo de alcohol y otras drogas
- Mejorar la asistencia y el rendimiento escolar

23 de Febrero - 17 de mayo de 2024
Cada viernes de 9:00 11:00 a.m.


SAN JOAQUIN COUNTY
Behavioral Health Services

SAN JOAQUIN COUNTY
OFFICE OF EDUCATION

TRACY
UNIFIED SCHOOL DISTRICT

Parent Project

Cessation Resources Page 2



HORARIO DEL PROGRAMA
THE PARENT PROJECT

Fecha	Hora	Unidad
02/23/24	9am-11am	Unidad 1: Cómo comprender a nuestros hijos *North Elementary School
03/08/24	9am-11am	Unidad 2: Atención a las conductas problemáticas *North Elementary School
03/15/2024		NO HABRÁ CLASE
03/22/2024	9am-11am	Unidad 3: Supervisión activa y estructura *North Elementary School
03/29/2024		NO HABRÁ CLASE
04/05/24	9am-11am	Unidad 4: Mejora de la asistencia y el rendimiento escolar *North Elementary School
04/12/24	9am-11am	Unidad 5: Consumo de Drogas: identificación, prevención e intervención *North Elementary School
04/19/24	9am-11am	Unidad 6: Cómo abordar las conductas incontrolables *North Elementary School
04/26/24	9am-11am	Unidad 7: Desarrollo de planes personales de acción *North Elementary School
05/03/24	9am-11am	Unidad 8: Búsqueda de ayuda y apoyo *North Elementary School
05/10/24	9am-11am	Unidad 9: Cómo construir relaciones saludables *North Elementary School
5/17/2024	9am-11am	Unidad 10 Graduación! *North Elementary School

SAN JOAQUIN
Behavioral Health Services

SAN JOAQUIN COUNTY
OFFICE OF EDUCATION

Parent Project
UNIFIED SCHOOL DISTRICT

Parent Project Schedule

Cessation Resources Page 3



HELPING PARENTS CHANGE DESTRUCTIVE ADOLESCENT BEHAVIORS
English Class

PARENT ORIENTATION
THURSDAY, FEBRUARY 15th, 2024
TIME: 6-7PM
LOCATION: 1975 W. LOWELL AVE
TRACY, CA 95376
Prevention Services Conference Room
FOR MORE INFO CONTACT: (209)830-3218



FREE 10 WEEK PROGRAM

- Manage your child's behavioral challenges
- Improve your relationship with your child
- Create and maintain structure in the home
- Prevent or intervene in alcohol and other drug use
- Improve school attendance and performance

February 22nd - May 2 2024
Thursday Evenings
6:00 8:00pm

SAN JOAQUIN COUNTY
Behavioral Health Services

SAN JOAQUIN COUNTY
OFFICE OF EDUCATION

TRACY
UNIFIED SCHOOL DISTRICT

MENTAL HEALTH STUDENT RESOURCES

Mental health can affect how we think, act, and feel.

WHAT CAN IMPACT OUR MENTAL HEALTH?

- Stress
- Our environment
- School/work
- Family and friends
- Sudden changes to our routines
- Biological factors
- Grief and loss
- Alcohol or drug use

WHAT ARE SOME SIGNS THAT SOMEONE IS STRUGGLING WITH THEIR MENTAL HEALTH?

- Too much or too little sleep
- Over/under eating
- Lack of motivation
- Irritability
- Difficulty concentrating
- Wanting to be alone for long periods of time
- Lack of interest in things that used to be enjoyable
- Hearing voices or seeing things that are not there
- Thoughts of death or dying

WHAT CAN WE DO TO MANAGE OUR MENTAL HEALTH?

The following are positive coping skills that you can practice when you notice your feelings, thoughts, or behaviors becoming harder to manage:

- ♥ Practice deep breathing (Inhale for 4, hold for 7, exhale for 8)
- ♥ Meditate
- ♥ Go for a walk
- ♥ Journal
- ♥ Practice yoga
- ♥ Talk to a counselor or therapist
- ♥ Exercise

WHERE CAN YOU GO TO GET HELP?

Community Medical Centers
Mental Health Helpline
(209)830-4000 (Hours Aug 20th, 2023)

National Suicide Prevention Lifeline
Dial 988

Crisis Text Line
Text "HOME" to 74174

Scan QR Code for more info

SAN JOAQUIN COUNTY
OFFICE OF EDUCATION

Student Mental Health Resources - English

RECURSOS DE SALUD MENTAL PARA ESTUDIANTES

La salud mental puede afectar cómo pensamos, actuamos, y nos sentimos.

¿QUÉ PUEDE AFECTAR A NUESTRA SALUD MENTAL?

- El estrés
- Nuestro propio ambiente
- La escuela/trabajo
- La familia y los amigos
- Los cambios repentinos en nuestras rutinas
- Factores biológicos
- Un duelo y pérdida
- El consumo de alcohol o drogas

¿CUÁLES SON ALGUNAS SEÑALES DE QUE ALGUIEN ESTÁ TENIENDO PROBLEMAS CON SU SALUD MENTAL?

- Dormir mucho o muy poco
- Comer demasiado o muy poco
- Falta de motivación
- Irritabilidad
- Dificultad para concentrarse
- Deseos de estar solo por largos periodos de tiempo
- Falta de interés por cosas que antes disfrutaba
- Escuchar voces o ver cosas que no existen
- Tener pensamientos de muerte o suicidio

¿QUÉ PODEMOS HACER PARA CUIDAR NUESTRA SALUD MENTAL?

Las siguientes son habilidades positivas para enfrentar problemas que puedes practicar cuando sientas que tus sentimientos, pensamientos o comportamientos son cada vez más difíciles de manejar:

- ♥ Practica la respiración profunda (Inhala durante 4 segundos, mantén la respiración otros 7 segundos, exhala durante 8 segundos)
- ♥ Meditar
- ♥ Dar un paseo
- ♥ Escribir un diario
- ♥ Practicar yoga
- ♥ Hablar con un consejero o terapeuta
- ♥ Hacer ejercicio

¿DÓNDE PUEDES IR PARA OBTENER AYUDA?

Centro de ayuda de salud mental
(209)830-4000 (Jueves 20 de agosto, 2023)

Línea Nacional de Prevención del Suicidio
Marco 988

Línea de Texto en Caso de Crisis
Envía el texto "HOME" al 74174

escanea el código QR para más información

SAN JOAQUIN COUNTY
OFFICE OF EDUCATION

Student Mental Health Resources - Spanish



We are here to serve you



Catholic Charities CalFresh Outreach Program

236 W. BEVERLY PLACE, TRACY, CA 95376

CONTACT INFORMATION

MAHIRA: 209-444-5944 MARIA: 209-444-5922
FOR APPOINTMENTS CALL: 209-229-4922



Required Documents

✓	PROOF OF CITIZENSHIP OR IMMIGRATION STATUS
✓	PROOF OF INCOME (FOR 30 DAY PERIOD)
✓	UTILITY BILLS: (PG&E, WATER, GARBAGE, PHONE)
✓	SOCIAL NUMBER(S)
✓	PICTURE ID AND BIRTH CERTIFICATES (CHILDREN)
✓	RENT RECEIPTS OR MORTGAGE PAYMENT

Services Provided

NEW ENROLLMENTS
CASE FOLLOW-UP
SEMI-ANNUAL REPORTING
ANNUAL RECERTIFICATION
FAIR HEARINGS
VERIFICATIONS
FOOD PANTRY REFERRALS

CALFRESH DOLLARS PER HOUSEHOLD** THE MAXIMUM DEPENDS ON YOUR HOUSEHOLD SIZE, INCOME AND EXPENSES

Size	1	2	3	4	5	6	7	8
Maximum amount	\$281	\$516	\$740	\$939	\$1116	\$1,339	\$1,480	\$1,691

Maximum amounts until September 30, 2023



@calfreshoutreachprogram



@CalFresh Outreach Program

Funded by USDA Supplemental Nutrition Assistance Program, an equal opportunity provider and employer.



Programa CalFresh Outreach en Caridades Catolicas

236 W. BEVERLY PLACE, TRACY, CA 95376

INFORMACIÓN DE CONTACTO

MAHIRA: 209-444-5944 MARIA: 209-444-5922
PARA CITAS LLAME AL: 209-229-4922



Documentos requeridos

✓	COMPROBANTE DE CIUDADANÍA O DE ESTADO MIGRATORIO
✓	COMPROBANTE DE INGRESO (DE UN PERIODO DE 30 DÍAS)
✓	COMPROBANTE DE UTILIDADES: (PG&E, AGUA, BASURA, TELEFONO)
✓	NÚMERO(S) DE SEGURO SOCIAL
✓	IDENTIFICACIÓN CON FOTO Y ACTAS DE NACIMIENTO (NIÑOS)
✓	RECIBO DE RENTA O HIPOTECA

Servicios

NUEVAS INSCRIPCIONES
SEGUIMIENTOS DE CASOS
REPORTE SEMI-ANUAL
RECERTIFICACIÓN ANUAL
AUDIENCIAS
VERIFICACIONES
REFERENCIA A DESPENSA DE ALIMENTOS

BENEFICIOS DE CALFRESH POR HOGAR** EL MÁXIMO DEPENDE DEL TAMAÑO DE SU FAMILIA, GASTOS, E INGRESOS

Tamaño	1	2	3	4	5	6	7	8
Cantidad Maxima	\$281	\$516	\$740	\$939	\$1116	\$1,339	\$1,480	\$1,691

Cantidad máxima hasta el 30 de Septiembre del 2023



@calfreshoutreachprogram



@CalFresh Outreach Program

**SUPPORT
CONNECTION
SUCCESS**

**SAN JOAQUIN
COUNTY**
Behavioral Health Services



FREE MENTORING SERVICES

Transitional Age Youth Mentoring (TAY) Program

The TAY program provides FREE mentoring services for youth and young adults between the ages of 16-25 years old.



Education



Emotional Wellbeing



Physical Health



Community Engagement



Parenting Skills



Housing Exploration



Employment



Financial Planning



Social Supports

Prepare for success & independence!
Contact us at (209) 490-2744
FOLLOW US ON INSTAGRAM @TAY_CAPC



Scan this QR code with your camera app to visit our website!



**APOYO
RELACIÓN
ÉXITO**

**SAN JOAQUIN
COUNTY**
Behavioral Health Services



APOYO PARA JOVENES GRATIS

Programa de Guía Transicional

El Programa de Guía Transicional ofrece servicios gratuitos para adultos jóvenes entre las edades de 16-25.



Educación



Bienestar Emocional



Salud Física



Participación en la Comunidad



Habilidades de Padres



Vivienda



Empleo



Planificación Financiera



Apoyos Sociales

Prepárese para el éxito y independencia como adulto!

Contactenos (209) 490-2744
SÍGUENOS EN INSTAGRAM @TAY_CAPC



Escanea el código QR con la aplicación de tu cámara para visitar el sitio!





Automotive Technology



**TUESDAYS
4:00PM TO 8:00PM**



Hands-On, Real-World, Occupationally Relevant Experiences in The Following Areas:

- ✓ Systems Diagnostics, Service, and Repair
- ✓ Modification & Fabrication
- ✓ High Performance Engine Tuning
- ✓ Aftermarket Component Installation

Related Job Opportunities:

- ✓ Automotive Service Technician
- ✓ Automotive Maintenance Worker
- ✓ Specialty Vehicle Shop Employee
- ✓ Shop Foreman Technical Writer, Dispatcher
- ✓ Insurance Investigator, Inspector
- ✓ General Mechanical Maintenance and Repair Worker

**Project Based Learning
Classroom and Shop Time**

Safety - Hand & Machine Tool Use - Welding - Machining
Engines - Drivetrain and Suspension - Electrical
Maintenance, Diagnostics, Service & Repair

\$50 PER STUDENT

SIGN UP TODAY AT TRACY ADULT SCHOOL

1895 W. Lowell Avenue
Tracy, CA 95376

209-830-3384
sstube@tusd.net



**International Alliance
To Assist Children**

Roya Foundation Proudly Presents Learning Programs

- Monday: Computer & Laptop Training
- Wednesday: Arts & Leadership
- Thursday: Youth Financial Literacy
- Friday: Coding & ESL

**All classes are FREE.
Classes are held
from 3:30 to 4:30**

We are accepting applications for the Learning Programs and for free laptops. Due to limited resources, we can only provide service to those with the greatest needs. However, we plan to monitor and fulfill the unmet technology needs of low-income and at-risk students.

Registration applications are available at the Youth Technology Center located at:
305 West Street, Tracy
and online at:

www.Royafoundation.org

**For More Information Contact:
Roya Foundation
info@royafoundation.org
208-740-2784**



YOUTH 16 - 24 LIVING IN SAN JOAQUIN COUNTY

APPLY TODAY!

OUT OF SCHOOL/DROP OUT,
FOSTER YOUTH, LOW INCOME,
HOMELESS, JUSTICE INVOLVED



Powered by:



WorkStart YES

Funded by:



THIS WIOA TITLE I FINANCIALLY ASSISTED PROGRAM OR ACTIVITY IS AN EQUAL OPPORTUNITY EMPLOYER/PROGRAM. AUXILIARY AIDS AND SERVICES ARE AVAILABLE UPON REQUEST TO INDIVIDUALS WITH DISABILITIES. CALIFORNIA RELAY SERVICE 711 OR 1-800-735-2922 (ENGLISH) 1-800-855-3000 (SPANISH)

WORKSTART YES

POWERED BY eckerd connects

PROVIDING CONNECTIONS

Connecting young adults, ages 16-24 to no-cost education, training and employment opportunities



CAREER EXPLORATION & TRAINING

- Career Assessments
- Workforce Preparation
- Vocational & Technical Training



WORK READINESS WORKSHOPS

- Referrals to job openings
- Resume & Interviewing Tips
- Application assistance
- Earn a cash incentive for completion



INTERNSHIPS & PAID WORK EXPERIENCE

- Build valuable job skills
- Earn while you learn
- Entrepreneurial Development

Complete an interest form!



Contact us:

Phone: (209) 323-5169

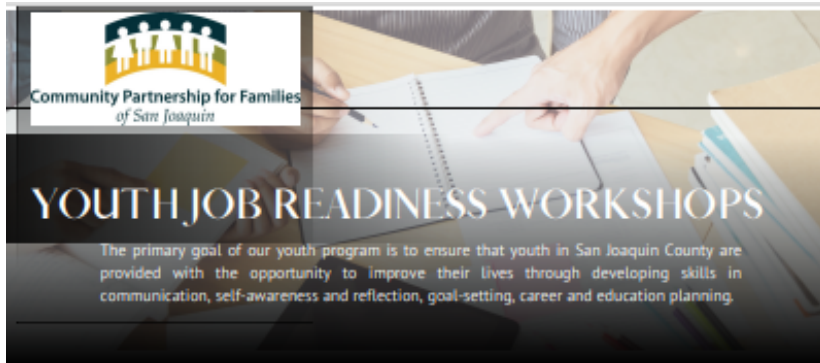
306 E Main St Suite 211

Stockton, CA 95202

WorkStartYes@eckerd.org



This WIOA Title I financially assisted program or activity is an equal opportunity employer/program. Auxiliary aids and services are



YOUTH JOB READINESS WORKSHOPS

The primary goal of our youth program is to ensure that youth in San Joaquin County are provided with the opportunity to improve their lives through developing skills in communication, self-awareness and reflection, goal-setting, career and education planning.



CPF youth program offers

1:1 case management with youth and/or family.
We connect and assist families with navigating available resources in San Joaquin County.



Job readiness workshops

We assist with creating a resume, online job search, mock interviewing, interview and work attire.



Driver's license project

We assist youth and guardian with navigating the steps to obtain a California I.D and drivers permit/license.

Join us in providing youth with work experience, skills, and fun activities.

Give us a call to sign up!

Contact Silvia Mejia at

(209)229-4921

or (209) 284-5869

for more information and to sign up.

Student Handbooks

23-24 Stein Student Handbook.pdf

[Download](#)

647.9 KB

23-24 DRCDS Student Handbook.pdf

[Download](#)

601.4 KB



Traci Mitchell

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