



ROSEVILLE MEALS ON WHEELS MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
3	4	5	6	7
CHICKEN WILD RICE SOUP STEAMED VEGETABLE FRUIT WHEAT ROLL	PEPPER STEAK STEAMED BROWN RICE STEAMED VEGETABLE FRUIT DESSERT	ROAST BEEF PHILLY SANDWICH with PEPPERS, ONIONS & MOZZARELLA CHEESE STEAMED VEGETABLE FRUIT	HAM with PINEAPPLE AU GRATIN POTATOES STEAMED VEGETABLE FRUIT WHEAT ROLL DESSERT	SLOPPY JOE WHOLE GRAIN BUN STEAMED VEGETABLE FRUIT BAKED CHIPS
10	11	12	13	14
TATOR TOT HOT DISH STEAMED VEGETABLE FRUIT WHEAT ROLL DESSERT	LEMON PEPPER TILAPIA RICE PILAF STEAMED VEGETABLE DIABETCI = BLUEBERRIES REGULAR = BLUEBERRY CRISP	CHICKEN CHOW MEIN BROWN RICE CRUNCHY NOODLES STEAMED VEGETABLE FRUIT FORTUNE COOKIE	EGG SALAD SANDWICH on a WHOLE GRAIN BREAD POTATO SALAD FRESH VEGETABLES FRUIT	CHICKEN POT PIE STEAMED VEGETABLE FRUIT BUTTERY BISCUIT
17	18	19	20	21
MUSHROOM BURGER ON A WHOLE GRAIN BUN CHEESY HASHBROWNS BAKED BEANS FRUIT	BEEF LASAGNA STEAMED VEGETABLE FRUIT FRENCH BREAD DESSERT	CLOSED NO MEALS DELIVERED TODAY	MANDARIN ORANGE CHICKEN BROWN RICE STEAMED VEGETABLE FRUIT FORTUNE COOKIE	SWEDISH MEATBALLS with EGG NOODLES STEAMED VEGETABLE DIABETIC = PINEAPPLE REG = PINEAPPLE UPSIDE DOWN CAKE
24	25	26	27	28
CHICKEN CHILI STEAMED VEGETABLE FRUIT WARM CORNBREAD DESSERT	MEATLOAF STEAMED GREEN BEANS POTATOES CHILLED APRICOTS WHEAT ROLL	HAMBURGER WILD RICE HOT DISH STEAMED PEAS & CARROTS BANANA WHEAT ROLL	TURKEY SANDWICH with AMERICAN CHEESE BAKED CHIPS FRESH VEGETABLES FRUIT DESSERT	CHICKEN CORDON BLEU RICE PILAF STEAMED VEGETABLE FRUIT WHEAT ROLL