



# Key Communicators

**January 8, 2020**



## Introduction

Northern Regional Police  
Chief, Captain, & Lieutenant

# School Safety

- ▶ Background and Philosophy
- ▶ Physical Structures
- ▶ Personnel
- ▶ NRPD
- ▶ Mental Health & Student Services
- ▶ Curriculum
- ▶ Proactive (RAMS Way) Responsive (Incident Specific)
- ▶ Technology
- ▶ **Relationships & Communication**



# Special Education & Student Services **Overview**

## Strengthening Connections Between Home & School

*Supporting Emotional well-being and student success through our continuum of school and community mental health supports.*

### K-12/All Schools

- ▶ **Pupil Services Team Meetings** (Principals, Counselors, Psychologists, Social Workers & Nurses)
- ▶ **Student Assistance Program (SAP) Team Meetings** (Referrals due to any change in behavior; academics, social/emotional concerns; suspected drug and alcohol use; mental health screening; and mental health services.)
- ▶ **School-Based Mental Health Services** (Holy Family has satellite outpatient offices in all of our school buildings K-12, work directly with the family and the family's health insurance. (Services are confidential and not associated with district only if student/family consent.)

**Resiliency** is the ability to adapt well in the face of hard times and build upon one's strengths (Adopted from the American Psychological Association, 2011).

# Parent Workshop

## Resiliency, Stress Reduction & Mindfulness

Join expert Joni Sturgill, to learn about the impact of stress on the brain and evidenced-based coping practices and attention-building practices of mindfulness and deep breathing.

**When:** Tuesday, January 14, 2020

**Where:** Pine-Richland High School

**Time:** 6:00-8:00 p.m.



**PARENT WORKSHOP**

# 2020-2021 Academic Calendar

- ▶ Developed for Board Consideration in December
  - ▶ 182 Student Days and 193 Staff Days
  - ▶ August 26th (First Student Day)
  - ▶ June 9th (Last Student Day)
  - ▶ June 11th (Commencement) with June 12th (Rain Date)
  - ▶ Additional Emergency Make-up Days
  - ▶ No School for Students on Election Day Due to Stadium as Polling Location
  - ▶ Testing Windows (PSSA, Keystone Exams, AP, & Finals)

# Flexible Instructional Day (FID)

- ▶ After a pilot program several years ago, legislation was passed in the late summer to permit FID applications beginning in 2019-20.
- ▶ A short period of time was allotted for school districts to consider this option.
- ▶ Approximately 80 of 500 school districts in Pennsylvania submitted an application.
- ▶ Although PRSD may consider FIDs in the future, the decision not to submit an immediate application was based on:
  - ▶ Quality of Learning
  - ▶ Continuity of Learning
  - ▶ Access by All Students
  - ▶ Timeline to Complete a Thoughtful and Detailed Application.
- ▶ We will learn from the “pioneer” districts this year to help inform future decisions.

# PR Graduate Portrait



**PERSONAL QUALITIES  
& CHARACTERISTICS**

**HEALTH & WELLNESS**

**KNOWLEDGE**

**SKILLS**



# PR Graduate Portrait

## HEALTH & WELLNESS

**Sleep:** 7-to-9 hours (more for middle school / high school). This topic fits with the district shift in school start times.

**Exercise:** 3 or more times per week. The frequency, intensity, time and type of exercise will vary by person. It can be as simple as a brisk walk, yoga class or visit to an exercise facility.

**Hydration:** Movement toward the 8 x 8 rule (eight ounces of water eight times per day). Although this is the general recommendation, a good start is to be intentional about how hydration and water are healthy for the body.

# PR Graduate Portrait

## HEALTH & WELLNESS

**Nutrition:** In general, a balance of the major food groups with a reduction in sugar is a great start. Smaller portions throughout the day help with metabolism. Visit USDA MyPlate for suggestions.

**Screen Time:** The amount of screen time should be determined by each family. We suggest a conversation and reflection of the current amount of screen time. Based on the current average per day, set a goal to reduce that time each week over the course of the month.

**Stress Management and/or Mindfulness:** Each of us experiences stress in our lives. There are many resources that offer suggestions. The important connection is that each of these other items – sleep, exercise, etc. – work together to promote overall wellness.

# PR Graduate Portrait

## HEALTH & WELLNESS

**Go Outdoors:** Our sixth graders and seniors shared the importance of spending some time outside. With so many devices and reasons to be inside (and the winter), it can be challenging to make time to be outside. On a winter walk, you can get outside, reduce screen time and exercise...multi-taking for wellness!

**Fun and Play:** Our sixth graders also identified the importance of relaxation, fun and play. Part of the commitment is to ensure that each of us finds time to do what we enjoy. A family board game night is a chance to work on this area and power down!

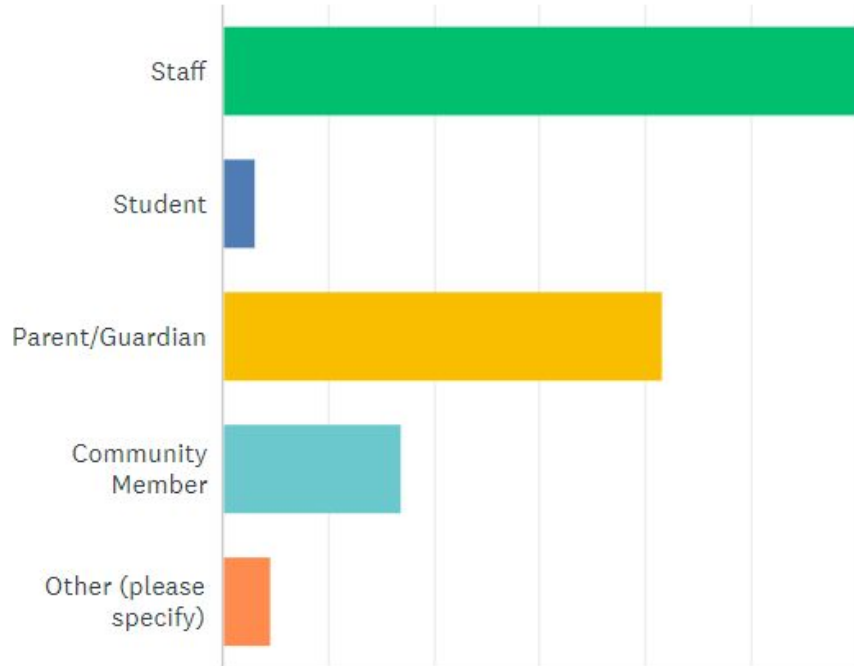
# PR Graduate Portrait

## **HEALTH & WELLNESS**

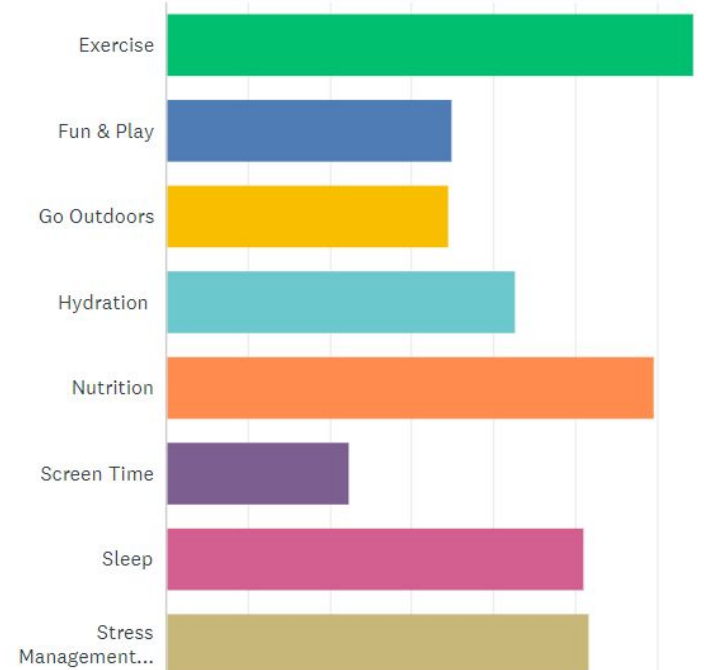
This commitment will vary by person. Depending on age and other health factors, the idea is to consider a range of ideas in the Health & Wellness dimension.

# PR Graduate Portrait

Answered: 65 Skipped: 0



Answered: 62 Skipped: 3





# Redistricting

- **Timeline**

- 2019-2020 Updated Demographic and Feasibility Study
- Fall 2020 Decision about Redistricting Scenario
- 2020-2021 Logistics for Student/Staff Transitions & Transportation Redesign
- 2021-2022 Implementation of Redistricting Scenario Website

- [Website](#)

- Podcast (20 min)

PRSD Redistricting Podcast (Number 1)

Why Redistricting?

Watch later Share

- **Rationale**
  - Reaching Capacity at Wexford
  - Reduced Scheduling Flexibility
  - Potential Alteration of Program Delivery (e.g., special areas)
- **Benefits of Redistricting**
  - Plenty of Capacity Across the District
    - More efficient use of existing space could be realized
  - Program Delivery & "Resource Shifting"
    - More efficient use of space
    - More efficient assignment of people

"Focused on learning for every student every day."

# Financial Information & Student Information Systems Update

- ▶ **Finance & Operations**
  - ▶ **Short-Term Goal:** Select student-financial software platform and operate redundant systems.
  - ▶ **Key Initiative:** Evaluate vendor software solutions for student information systems (SIS) and financial information systems (FIS). Presentations were held in January, March, and April. Site visits and reference calls were conducted in May 2019.
- ▶ **Timeline**
  - ▶ SIS Training & Conversion - Mid January
  - ▶ Security Administration & General Ledger - February
  - ▶ Payroll & Human Resource Conversion & Training - March
  - ▶ Purchasing & Payables - April
  - ▶ Advanced Payroll & Human Resources Topics & Testing - May & June
  - ▶ Go Live Date - July 1, 2020.

# Act 1 Resolution

## Budgeting Process

- Overview
  - Resolution pursuant to Section 311(d)(1) Special Session Act of 2006 certifying Pine-Richland School Board will not raise local taxes at a rate to exceed the school district's Act 1 index of 2.6% for 2020-2021 as presented.
- Budgeting Process
  - Act 1 Resolution - December 2019
  - Preliminary Budget - May 2020
  - Final Budget - June 2020



# Food Services

## Fall Activities/Spring Planning

- **Holiday Meals-** We prepared and served our Holiday meal in November and December.
- **Middle School Sodexo Marketing Designs-** 13 students reviewed six new cafeteria marketing plans and provided feedback - Nationwide workshop with Sodexo.
- **Middle School Meal Pictures-** To assist Middle School students in choosing a full meal
- **Staffing/Training-** New staff/coverage/Changing positions
- **2020 Future Chef Event-** March 2020- 10th Anniversary
- **Hance-** New Silverware dispensers (pilot)
- **High School-** Reducing Plastic disposals/utilizing more paper disposals
- **High School- Fall Promotion** (Healthy High School Challenge \$1000)

# Program of Studies

- High School Students to Middle School
  - Date: January 17, 2020
- Grades 8 -11 individual Student Meetings
  - Dates: February 24 - March 13
- POS Tutorial Night for Parents
  - Date: Monday, January 27, 2020 @ 6:30 p.m.

## Quarterly Message for High School Families

Happy New Year PRHS Parents & Guardians,

As we approach the end of our first semester, we know our students are preparing for midterm exams and looking ahead to the third nine weeks of 2019-2020. It is amazing to consider our school year has reached its half-way mark! It has been a busy and exciting semester for the Pine-Richland High School staff and students.

*We continue to focus on our RAMS Way initiative and our PRIDE values and know it takes a strong partnership between the school and families to encourage daily attendance. Research is clear; students with good attendance are more likely to be successful in school. High attendance rates are linked to high achievement and growth. Our RAMS Way focus on attendance continues to go well and we appreciate your support and efforts to encourage your child's **personal growth** by arriving on time and being present each day.*



We celebrate the academic success of all of our students, reflected in the [2019 Academic Achievement and Growth Report](#), and we use the data to guide us in making improvements to our programs. We see "outside of the classroom" achievement and growth of our students through the school musical, art show, athletics, clubs, and ensemble concerts. PRHS students continue to explore and engage in diverse opportunities in and beyond our classrooms.

Our 2020-2021 Program of Studies will be shared with our school board for their approval on January 13. This marks the official start of Scheduling for the 2020-2021 school year. In an effort to improve our scheduling process for families, we invite parents to an evening of interactive learning with our Program of Studies. The document will continue to be interactive through the high school website. We are inviting parents/guardians to join us on **Monday, January 27 at 6:30 p.m. for a Program of Studies Tutorial**, designed specifically for YOU. Computers will be available and we will be sharing how to access the document and highlight its many resources. In order to be prepared with devices for all participants, we ask attendees to respond [here to confirm your attendance](#).

This tutorial is open to all parents/guardians with children in grades 8 through 11. Principals, School Counselors, and Teachers will be here to assist in your navigation of the Program of Studies and share important information and tips as you work with your student to build their high school schedule for 2020-2021. We will be sharing important dates and information regarding the scheduling process as well.

It is an exciting time for all of our students as they consider their academic interests and plan their school schedule for their next year(s) at PRHS. We want to be sure parents and families have the tools needed to guide discussions as our teachers share recommendations and counselors meet with students to build their schedules.

A student's high school years are filled with opportunities for them to identify areas of strength, become and remain actively involved in clubs, activities, and sports, and seek opportunities for growth. Our staff is here to work with parents and students as we prepare them for college and careers.

We are looking forward to an exciting and active second semester! Thank you for your continued support of our school!

Mrs. Nancy Bowman, PRHS Principal  
Mr. Rob Puskas, PRHS Assistant Principal (Grade 12)  
Mr. T.J. Salopek, PRHS Assistant Principal (Grades 10 & 11)  
Dr. Stephanie Svilar, PRHS Assistant Principal (Grade 9)



# Key Communicators

Next Meeting

March 11, 2020, at 9:30 a.m.