



The Tusker Tribune



SOMERS MIDDLE SCHOOL NEWSPAPER

Issue Number 17

<https://www.somersschools.org/Page/11489>

Winter 2020

Are Kids Overloaded with Homework and Tests?



By Maximo Chanlatte
Tusker Tribune Staff

Attention: millions of Students across the nation are being attacked with an overdose of homework, and students are physically and emotionally suffering because of it.

According to <https://www.interventioncentral.org/> the recommended amount is 70 minutes per night for a 7th grader. The average homework amount greatly exceeds the recommended homework amount. According to Education Weekly, middle school teachers (grades 6-8) assigned roughly the same amount: 3.2 hours of homework a week, or 38.4 minutes a day per class. That adds up to 3.2 hours of homework a night for a student with five classes. It exceeds the recommended homework amount by 2.1 hours.

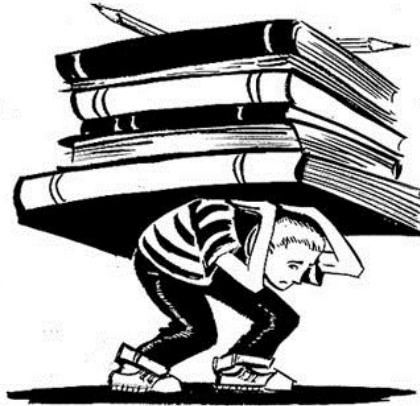
Homework causes stress to millions of human beings across the world and people think it's ok. According to a study by Stanford University, 56 per cent of students considered homework a primary source of stress.

The amount of homework we get is Unhealthy. according to <https://www.oxfordlearning.com/> Homework can affect students' physical and mental health.

Too much homework can result in lack of sleep, headaches, exhaustion and weight loss. Excessive homework can also result in poor eating habits, with families choosing fast food as a faster alternative. students who have large amounts of homework have less time to spend with their families and friends. This can leave them feeling isolated and without a support system. For older students, balancing homework and part-time work makes it harder to balance school and other tasks.

Without time to socialize and relax, students can become increasingly stressed, impacting life at school and at home.

Conclusion: homework caused stress to millions of students across the world and it is unpleasant, stressful and unhealthy and needs to be shut down.



Time and Effort Show Love of Soccer



By Tiana Righetti
Tusker Tribune Staff

Most people think that soccer is a "dumb" or "unathletic" sport, but if you play it at an older age where it's more serious, it isn't just a couple of people kicking a soccer ball around a big field.

Soccer takes effort, it takes time, it takes toughness, it takes skills, if you're serious with soccer, you will understand about what I'm talking about. It's a full 90 minutes, for me no break, minus a 10-minute halftime. It takes energy, persistence, and stamina. With soccer you need to multi-task: you need to know what/who's around you, where you're go-



ing to go next, and how you're going to get the ball. A lot of people have asked me why I *have* to put so much time into soccer. But that's the thing, I have to put time into it because I need to get better and improve. But it's not even that I *have* to do it, it's because I *want* to do it. You need to be **driven**, you need to be able to take **risks**.

There are some things I have learned from playing soccer my whole life—always go above and beyond, if you have a decision to push yourself harder than you were told by your coach (or anyone), push yourself harder.

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When the Nightmare Becomes Real



By Emma Friedberg
Tusker Tribune Staff

Editor's Note: This is a fictional creative writing piece based on actual events.

The running, the screaming. It fills me up until I'm about to burst. The diner, the people who died. Will I die? I see a building in the distance. Hotel Mumbai. A nice vacation turned into a disaster at the blink of an eye. As I get to the doors, I stumble in with the crowd. Will I be okay?

As the doors close, I feel a wave of relief flash over me. Someone asks, "What happened?"

"T-the diner blew up." I say out of breath and in utter shock. I look back and see him, his friends. I scream and run and block out all noise around me. I turn behind me and see a man lying in a pool of blood. I keep running and follow a guy who works here.

"Shhhhh. Everything is going to be alright," he whispers. I nod and stay silent knowing my life is at stake. I hear people's screams and the pounding footsteps. Suddenly, everything goes



quiet. The lights turn off and I am surrounded in complete darkness. I think of my family and how I will see them, trying to stay positive. I think to myself about how I will be okay but in the back of my head I question everything. I hear more gunshots and screams but I don't see anything.

Footsteps are closer and my eyes begin to tear up. Tears run down my face. I cover my mouth while little weeping noises come from my mouth. I curl up in a ball, fearing for my life. I have heard of terrorist attacks in the news but I never thought I would ever be caught in one.

I quietly move closer and try to find someone. I move my arm around me until I feel an arm. I huddle into them and silently cry into their shoulder. Footsteps come closer and I feel a shiver down my spine. In the distance I hear sirens. A wave of safety comes over me. The lights turn on and I open the door. I look down and see the terrorists on the floor being pinned down by police officers. I run outside in the fresh air with a big grin on my face knowing I'm safe. *I survived, I think to myself.*

Overdue Student



7th grader Sam Seagrist found himself in the "return library books" basket—one of several baskets positioned around SMS that make it easier for students to return books to the library. How much is the overdue fine on Sam?

Soccer

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Soccer gives me lessons. If you're going through really rough and hard times, don't stop, just keep going and keep your head up, knowing it will end soon. You just need to keep going.

"Soccer is the beautiful game"- Pele. You have two teams, 22 people on the whole field, two teams competing for the win, you don't stop for a full 90 minutes, but when you step off that field... you leave everything on it. If you play soccer and you lose or win, your coach must have said, "leave everything on the field".

For me, soccer is also a bond. You win and

lose as a team; you don't just blame it on one person because they didn't have a good game.

When one of my teammates is having a bad game, I help them out, I don't just leave them hanging. If someone on my team is in a fight, or trying to fight of a defender, I back them up no matter how big that defender is.

if someone from the other team is trying hurt one of my friends, I don't care, I will go and truck them (I have) and I will back my teammates up. My soccer team is a second family to me, but I know that if I do ever do that to the other team, I will leave it all on the field.

I'm not saying you should come and play soccer, but you should find something like it.

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The Tusker Tribune is the online Somers Middle School Student Newspaper. It is published weekly (except during school vacations) on the Somers Middle School Website. It is entirely student-written by 6th, 7th and 8th grade students from: **Somers Middle School, 250 Route 202, Somers, NY, USA.** Any SMS student is eligible to write stories. If interested, please e-mail Co-editor Noah Volkman at volkman.noah@somersschools.org or Advisor Dean Pappas at DPappas@somersschools.org

Snow Shouldn't Ruin Recess



By Traian Stor
Tusker Tribune Staff

What is so bad with snow when it comes to recess? I mean, when there's actual snow in the courtyard?

We can't play with it without getting screamed at. So, what's the big deal? It's just snow. It's not like we are going to hurt each other. We are only having fun like the monitors probably did when they were kids.

And, I understand that they are more grown up and respect rules and act more like adults. But, what's so bad with snow? According to monitors... it's a safety hazard. They say, you could slip and fall and hurt yourself. Well, speak-



ing of ice... the entire ground is covered with salt. There is no ice! And the issue with snowballs. Well, they said that you could get hit in the head. And we kids are not that stupid to hit someone in the head.

And by the way, all the balls are deflated and there is nothing to do but talk and sit around. But if there is snow on the ground, what are they expecting us to do. Do nothing?!

And so, I find it unfair that there is nothing to do at recess. But again, when there's snow they yell at us when all we want to do is have fun. So please, the Somers Central School District. Please fix this problem with us not having any fun, because it is unfair toward us.

Remembering a Perfect Vacation



By Gabby DiFilippo
Tusker Tribune Staff

My experience in Italy was amazing. Everything was—the food, the style, the people. I enjoyed everything about Italy.

But what I enjoyed the most was my spectacular hotel! When I arrived in Sorrento, I looked and immediately saw the overlooking mountains and the dazzling blue sea. I arrived at my hotel, which was called Hotel Corallo.

When I first walked in, I noticed all the way in the back; there was a glass wall and roof overlooking the ocean (this hotel was on a cliff). There were marble arches throughout.

As I went into my suite, I noticed the first room and it was my mom and dad's room. This whole entire hotel was a coral theme, so every room reflected that.

My parents had a white and orange/



pinkish bed with a balcony right in front of their bed facing the ocean. We were also on the top floor, so we had a view of Sorrento and the teal-colored sea. When you walk back, there was the bathroom that had a beautiful jacuzzi tub with a huge window with the sea right there, and drawn on the walls were corals.

Next, down the hall, was my brothers' and my room. My room had a bed and a dresser and nightstand leading to the huge balcony that had a sun bed on it. It felt like a dream or like I was in heaven. My brothers' room was also like that and had a balcony looking at the mountains and beautiful town.

I will always remember going to sleep at night and watching the ships and cruises with all the music, so loud that I can hear it from my window, and falling asleep listening to the sea and remember the view of the mountains.

Lacrosse Has Numerous Benefits



By Rylie Mohan
Tusker Tribune Staff

Lacrosse benefits your body in a lot of ways. It's not just running and throwing a ball with a stick; it is an active sport. You need to

know the rules of lacrosse, it helps you get active and it is fun to play.

First, in lacrosse, you need to know the rules of lacrosse. You need to practice a lot and learn a lot. For example, you need to learn stick movement, the positions, how to carry the ball in your stick and a lot more. You must go to practice because you can learn a lot in one practice. You must be prepared for games because once you are on the field you are a big part



of the game.

Next, it helps you get active. When you practice you get better. If you don't practice, you won't be used to all the running and you will be out of breath fast. It is a sport to play if you want to run a round more because you run a lot in lacrosse.

Lastly, it is a fun sport to play. Lacrosse makes you be a part of a team and you can make new friends on the team. You learn how to be part of a team and how to interact with new people.

In conclusion lacrosse benefit your body in a lot of ways. If you are looking for a new sport to play where you can meet new friends and be part of a team, play lacrosse.