

The Tusker Tribune

The Student Newspaper of Somers Middle School



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Fall 2019

Time In Between Classes Has Decreased



**By Natalia Tellez
Tusker Tribune Staff**

Recently many people have noticed that the passing time given to students in between each class has been cut down even more and now are only allowed two minutes to get from one to class to another.

This is because Somers Middle School follows the New York State rules for time students need to attend each day and since our school needed a few more minutes, they decided the best solution would be to make time shorter in between the middle periods of the day including periods four, five, six, and seven.

I agree there is not much else that the school could have done to meet the requirement, but the small change made does affect the students. The shorter passing time especially hurts the six graders who are just getting used to having an eight period schedule and to where all their classes are, which stairs are quicker, and so on.

The new change also affects the seventh graders because in my opinion their classes and schedule are the ones more all over the

school then the other two grades. Many of my friends and I all have a different class each period on different floors each time.

I happen to not be able to go from class to class in the same floor the whole entire day. This shows that seventh graders have a harder time getting to class on time and might be marked tardy multiple times due to the fact of a shorter time. Not only that but because time between classes is only two minutes many students have said that they don't have enough time to go to their lockers and grab the materials needed for class



and therefore have to carry much more binders and books than should be necessary.

Some even take their whole entire notebooks for the classes before lunch and then for the ones afterwards. This can end up adding up to having to carry around supplies from up to five classes all the time Overall, I understand that the school had to make the passing time in between periods a little bit shorter but I also know it does make it harder for students.

School Lunches—A La Carte Would Be Great!



**By Sofia Calandrucci
Tusker Tribune Staff**

Are you thrilled about or school lunches? Let's be the class of 2022 that makes a difference.

I feel that we should have the right to buy anything at lunch we want. If we don't want fruit, we shouldn't have to buy fruit. If we just want French fries, we should be able to just buy french-fries.

It's our money so we should choose the food we want to put in our bodies. The students here in



Somers Middle School feel that our lunches should taste and look better.

Right now, what we can buy at lunch is a regular lunch and a drink. Water costs more than milk, which makes no sense. Most people at our age drinks water more than milk.

Milk is free and comes with our lunch. But water isn't

free. Fruit comes with our lunch and we have to take it. Why?

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What is Cotard Delusion?



By Layla O'Neill
Tusker Tribune Staff

Cotard Delusion. Nobody you might remotely know has it—unless you do have that one friend. I'm sure you're confused on what Cotard Delusion is. I can understand why. This rare mental disease is when a person believes they are dead and can let them think they are immortal. Sadly, a lot of people can think this when they have the disease—which lead to natural death.

A girl who once had this disease had starved herself because since she wasn't alive, she thought she didn't need food. Another thing that people think when they have it is that they have the desire to be around people like them—dead people.

A girl said that after school, she felt the need to go to the graveyard nearby. She then decided to go one day and felt at ease.

This disease was first discovered in 1882! The disease was first recorded after a man named Charles Bonnet. This man is connected to a syndrome because of what happened to him.. This is called Charles Bonnet syndrome or Visual Release Hallucinations (VRH). This is the same type of disease as Cotards Delusion since they both have something to do with the visual arts, with mental states intertwined.

VRH was first recorded/found in 1760, which was the earliest case I could find while writing this article.

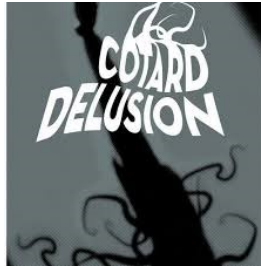
Some other people with Cotard Delusion have similar experiances and

different lives. The people who I'm about to list may have some fairly interesting, or downright creepy things happen:

1) a doctor has had a patient who hasn't eaten gone to the bathroom, and hasn't slept in years. The doctor recorded the case of a 46-year-old woman who has Cotards Delusion and who hasn't slept in years. A lot of the time people die of starvation or something the body would need to supply to make sure you're not taking your last breath. So, she claims that all her organs have rotted and she has no blood. Luckily, the doctors prescribed her a medicine to take for 10 months, and it has eased her thoughts on being dead.

2) A man believed his children are dead sheep and he and his wife are dead dogs. What I'm about to tell you is one of the most interesting yet weird cases people have recorded. Iranian doctors recorded a man who told them he was dead. Now, not only did he say he was dead, but he also told them how his family all died but was saved by God even during death. He was treated with electro-convulsive therapy and got rid of of his major symptoms.

These people as you read have the same kind of experience regarding being dead and thinking they are immortal in some sort of way. This disease is very rare, can be treated, and thankfully, isn't that common. So enjoy living with your eyes open in the face of reality.



The Tusker Tribune
of Somers Middle
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NEWSPAPER CLUB



TUSKER TRIBUNE

The Tusker Tribune is the online Somers Middle School Student Newspaper. It is published weekly (except during school vacations) on the Somers Middle School Website. It is entirely student-written by 6th, 7th and 8th grade students from:

Somers Middle School, 250 Route 202, Somers, NY, USA.

Any SMS student is eligible to write stories. If interested, please e-mail Advisor Dean Pappas at

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Lunch

From Page 1

What if we don't like the choices of fruit that are offered? What if we don't want to eat fruit?

When we are forced to buy fruit, we don't eat it and it goes in the garbage. If we buy something else and we just want one part of it, the other part goes in the garbage.

I recently took a survey about school lunches. The majority of teachers and students said they didn't like our school lunches. I took a survey of 6th, 7th and 8th graders and most of the people said it wasn't good. When they get their lunch, it is cold, and it smells bad, it tastes rubbery, and it just isn't appetizing.

I also asked the students of SMS what they wanted to see changed in our cafeteria. Most people said to make our food warm, organic, fresh, and offer more of a variety of food choices.

Other students feel we should have fundraisers to raise money for our school to make the school have better food and other things that should get upgraded in our school and use the money to get food from restaurants.

Our class would work with parents, PTA, teachers, sports teams, classmates, to raise money to make the food in our school better, because our class is being IB learners and being communicators, thinkers, and open minded.

Our learning target of this project is to try and educate the school on how to make our school lunches better.