

Physical Education Rubric

2nd GRADE

Report Card Indicator	November	March	June
Demonstrates an interest and effort in physical education and participates actively	<p>4. Student demonstrates interest, team work and sportsmanship and teamwork in all P.E. activities.</p> <p>3. Student usually demonstrates interest and effort in all P.E. activities, with encouragement at times.</p> <p>2. Student demonstrates interest while participating in P.E. activities, yet at times needs encouragement and/or redirection.</p> <p>1. Student often lacks interest and effort and distracts others while participating in P.E. activities.</p>	<p>4. Student demonstrates interest, team work and sportsmanship and teamwork in all P.E. activities.</p> <p>3. Student usually demonstrates interest and effort in all P.E. activities.</p> <p>2. Student demonstrates interest while participating in P.E. activities, yet at times needs encouragement and/or redirection.</p> <p>1. Student often lacks interest and effort and distracts others while participating in P.E. activities.</p>	<p>4. Student demonstrates interest, team work and sportsmanship and teamwork in all P.E. activities.</p> <p>3. Student usually demonstrates interest and effort in all P.E. activities.</p> <p>2. Student demonstrates interest while participating in P.E. activities, yet at times needs encouragement and/or redirection.</p> <p>1. Student often lacks interest and effort and distracts others while participating in P.E. activities.</p>
Demonstrates age appropriate physical fitness (endurance,	4. Student demonstrates an exemplary level of age appropriate strength and	4. Student demonstrates an exemplary level of age appropriate strength and endurance in all P.E.	4. Student demonstrates an exemplary level of age appropriate strength and endurance in all P.E. activities.

<p>strength)</p>	<p>endurance.</p> <p>3. Student demonstrates age appropriate proficiency in strength and endurance in most areas (upper body, abdominal, trunk, lower body)</p> <p>2. Student is developing age appropriate strength and endurance.</p> <p>1. Student has difficulty performing age appropriate strength and endurance..</p>	<p>activities.</p> <p>3.Student demonstrates age appropriate proficiency in strength and endurance, in all activities.</p> <p>2. Student is developing age appropriate strength and endurance.</p> <p>1. Student has difficulty performing age appropriate strength and endurance..</p>	<p>3.Student demonstrates age appropriate proficiency in strength and endurance, in all activities.</p> <p>2. Student is developing age appropriate strength and endurance.</p> <p>1. Student has difficulty performing age appropriate strength and endurance..</p>
<p>Demonstrates competency in a variety of loco motor skills (running, jumping, skipping, balance):</p>	<p>4. Student consistently, accurately, and fluidly executes all four loco motor skills at an age appropriate level.</p> <p>3.Student can usually perform the four loco motor skills at an age appropriate level.</p> <p>2. Student is developing the proper mechanics of all four loco motor skills.</p> <p>1. Student has difficulty</p>	<p>4. Student consistently and accurately executes all four loco motor skills at an age appropriate level.</p> <p>3. Student can perform the four loco motor skills at an age appropriate level.</p> <p>2. Student is developing the proper mechanics of all four loco motor skills.</p> <p>1. Student has difficulty understanding and performing all four loco motor skills.</p>	<p>4. Student consistently and accurately executes all four loco motor skills at an age appropriate level.</p> <p>3. Student can perform the four loco motor skills at an age appropriate level.</p> <p>2. Student is developing the proper mechanics of all four loco motor skills.</p> <p>1. Student has difficulty understanding and performing all four loco motor skills.</p>

	understanding and performing all four loco motor skills.		
Demonstrates competence in manipulative skills (throwing, catching, kicking):	<p>4. Student consistently tracks ball and executes skill at age appropriate level with a variety of sizes of balls or objects.</p> <p>3. Student usually tracks ball and executes the skill at age appropriate level with a variety of sizes of balls or objects.</p> <p>2. Student demonstrates some mechanical errors, after demonstration, tracking the ball and executing the skill.</p> <p>1. Student needs assistance in tracking the ball and executing skills at age appropriate Level.</p>	<p>4. Student consistently tracks ball and executes skill at age appropriate level.</p> <p>3. Student usually tracks ball and executes the skill at age appropriate level.</p> <p>2. Student demonstrates some mechanical errors, after demonstration, tracking the ball and executing the skill.</p> <p>1. Student needs assistance in tracking the ball and executing skills at age appropriate level.</p>	<p>4. Student consistently tracks ball and executes skill at age appropriate level.</p> <p>3. Student usually tracks ball and executes the skill at age appropriate level.</p> <p>2. Student demonstrates some mechanical errors, after demonstration, tracking the ball and executing the skill.</p> <p>1. Student needs assistance in tracking the ball and executing skills at age appropriate level.</p>
Demonstrates self-control and moves safely:	4. Student always moves safely in the gym, in a very coordinated fashion	4. Student always moves safely in the gym, in a very coordinated fashion and exhibits exemplary	4. Student always moves safely in the gym, in a very coordinated fashion and exhibits exemplary behavior.

	<p>and exhibits exemplary behavior.</p> <p>3. Student usually moves safely in the gym, is in control of movements and exhibits appropriate behavior in most situations.</p> <p>2. Student regularly moves safely in the gym, with control of movements and behavior.</p> <p>1. Student has difficulty moving safely in the gym, and is not always in control of movements and behavior.</p>	<p>behavior.</p> <p>3. Student moves safely, is in good control of movements and exhibits appropriate behavior in all situations.</p> <p>2. Student regularly moves safely in the gym, with control of movements and behavior.</p> <p>1. Student has difficulty moving safely in the gym, and is not always in control of movements and behavior.</p>	<p>3. Student moves safely, is in good control of movements and exhibits appropriate behavior in all situations.</p> <p>2. Student regularly moves safely in the gym, with control of movements and behavior.</p> <p>1. Student has difficulty moving safely in the gym, and is not always in control of movements and behavior.</p>
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*The above indicates what a child needs to achieve in order to receive a 3 on their report card.