

Physical Education Rubric

KINDERGARTEN

Report Card Indicator	November	March	June
Demonstrates an interest and effort in physical education and participates actively	4. Student vigorously participates and models interest and effort. 3. Student participates regularly with good interest and effort in all activities and games, with little redirection. 2. Student applies interest and effort while participating in P.E. activities, yet at times needs redirection. 1. Student often avoids participation in P.E. activities.	4. Student vigorously participates and models interest and effort. 3. Student participates regularly with good interest and effort in all activities and games. 2. Student applies interest and effort while participating in P.E. activities, yet at times needs redirection. 1. Student often avoids participation in P.E. activities.	4. Student vigorously participates and models interest and effort. 3. Student participates regularly with good interest and effort in all activities and games. 2. Student applies interest and effort while participating in P.E. activities, yet at times needs redirection. 1. Student often avoids participation in P.E. activities.
Demonstrates age appropriate physical fitness (endurance, strength)	4. Student demonstrates an exemplary level of age appropriate strength and endurance.	4. Student demonstrates an exemplary level of age appropriate strength and endurance.	4. Student demonstrates an exemplary level of age appropriate strength and endurance.

	<p>3. Student demonstrates age appropriate proficiency in strength and endurance.</p> <p>2. Student is developing age appropriate strength and endurance.</p> <p>1. Student has difficulty performing age appropriate strength and endurance, and has difficulty participating for the entire period.</p>	<p>3. Student demonstrates age appropriate proficiency in strength and endurance, in all activities.</p> <p>2. Student is developing age appropriate strength and endurance.</p> <p>1. Student has difficulty performing age appropriate strength and endurance, and has difficulty participating for the entire period.</p>	<p>3. Student demonstrates age appropriate proficiency in strength and endurance, in all activities.</p> <p>2. Student is developing age appropriate strength and endurance.</p> <p>1. Student has difficulty performing age appropriate strength and endurance, and has difficulty participating for the entire period.</p>
<p>Demonstrates competency in a variety of loco motor skills (running, jumping, skipping, balance):</p>	<p>4. Student successfully executes all four loco motor skills at an age appropriate level.</p> <p>3. Student can execute, after demonstration, three of four loco motor skills at an age appropriate level. (skipping is developing)</p> <p>2. Student is developing the proper mechanics of all four loco motor skills.</p>	<p>4. Student successfully executes all four loco motor skills at an age appropriate level.</p> <p>3. Student can execute, after demonstration, all four loco motor skills at an age appropriate level.</p> <p>2. Student is developing the proper mechanics of all four loco motor skills.</p> <p>1. Student has immature mechanics and has difficulty</p>	<p>4. Student successfully executes all four loco motor skills at an age appropriate level.</p> <p>3. Student can execute, after demonstration, all four loco motor skills at an age appropriate level.</p> <p>2. Student is developing the proper mechanics of all four loco motor skills.</p> <p>1. Student has immature mechanics and has difficulty understanding and executing all four loco motor skills.</p>

	1. Student has immature mechanics and has difficulty understanding and executing all four loco motor skills.	understanding and executing all four loco motor skills.	
Demonstrates competence in manipulative skills (throwing, catching, kicking):	<p>4. Student successfully tracks ball and executes skill at age appropriate level.</p> <p>3. Student can track ball and execute the skill, with practice and using a 6” ball or larger, at age appropriate level.</p> <p>2. Student is developing the proper mechanics for tracking ball and executing skill.</p> <p>1. Student uses immature mechanics for age level and needs assistance in tracking ball and executing skills.</p>	<p>4. Student successfully tracks ball and executes skill at age appropriate level.</p> <p>3. Student can track ball and execute the skill, after demonstration, using a variety of objects at an age appropriate level.</p> <p>2. Student is developing the proper mechanics for tracking ball and executing skill.</p> <p>1. Student uses immature mechanics for age level and needs assistance in tracking ball and executing skills.</p>	<p>4. Student successfully tracks ball and executes skill at age appropriate level.</p> <p>3. Student can track ball and execute the skill, after demonstration, using a variety of objects at an age appropriate level.</p> <p>2. Student is developing the proper mechanics for tracking ball and executing skill.</p> <p>1. Student uses immature mechanics for age level and needs assistance in tracking ball and executing skills.</p>
Demonstrates self-control and moves safely:	4. Student always moves safely in the gym, in a very coordinated fashion	4. Student always moves safely in the gym, in a very coordinated	4. Student always moves safely in the gym, in a very coordinated fashion and exhibits exemplary behavior.

	<p>and exhibits exemplary behavior.</p> <p>3. Student moves safely in the gym, is in control of movements and exhibits appropriate behavior in all situations.</p> <p>2. Student regularly moves safely in the gym, with control of movements and behavior.</p> <p>1. Student has difficulty moving safely in the gym, and is not always in control of movements and behavior.</p>	<p>fashion and exhibits exemplary behavior.</p> <p>3. Student moves safely in the gym, is in good control of movements and exhibits appropriate behavior in all situations.</p> <p>2. Student regularly moves safely in the gym, with control of movements and behavior.</p> <p>1. Student has difficulty moving safely in the gym, and is not always in control of movements and behavior.</p>	<p>3. Student moves safely in the gym, is in good control of movements and exhibits appropriate behavior in all situations.</p> <p>2. Student regularly moves safely in the gym, with control of movements and behavior.</p> <p>1. Student has difficulty moving safely in the gym, and is not always in control of movements and behavior.</p>
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*The above indicates what a child needs to achieve in order to receive a 3 on their report card.