Help From Home

Ways you can help RMHGHV

Provide dinner for our Families
1. Sponsor a dinner that our staff will make in the House; you pick the recipe! Visit: bit.ly/SponsorMeal
2. You pick a day to provide a meal and either drop off commercially prepared food or up to two adults can cook in our kitchen (as safety precautions allow). Visit: bit.ly/MealVolunteers

Make Snack Bags
Fill up bags (brown paper, plastic storage bags, take out containers) with 4 non-perishable snacks (chips, cookies, fruit cup, granola bars) and a drink. Decorate the outside or add a home-made card and call to schedule a time to drop-off.

Use Amazon to order our Wish List items
From the comfort of your own home, order anything from our Wish List and it will be delivered directly to our door! Our lists include everyday items needed most, snacks, and items to make our families more comfortable. Visit: bit.ly/RMHGVSmiile
For our Holiday Season of Giving Wish List Visit: bit.ly/RMHSeasonofGiving

Sponsor a Family
Make a donation to cover the suggested family contribution of $15 per night for:
  1 Night = $15
  1 Week = $105
  1 Month = $450
Visit: bit.ly/DonateNowRMH

Assemble Personal Care Kits
When guests check into the House, they need all of the comforts of home. Consider making a little kit to help them feel more like themselves. Items that families need include toothbrush, toothpaste, shampoo, soap, lotion, Q-tips, nail files, and whatever else you think may brighten someone’s day!

Break out the Sewing Machine
Make wearable masks, blankets, or a something special to snuggle with! If you like to knit or crochet: we love blankets and hats for our preemie babies.

Collect Pull Tabs
Collect the pull tabs from aluminum cans, drop them off at the House and we will bring them to a local recycling center where they are exchanged for money at the current market value per pound of aluminum.

Make homemade Drawings or Cards
Spend some time making homemade cards for families to help cheer them up!

Collect Pull Tabs
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The Gift of Sharing
Consider asking for donations in lieu of gifts for special occasions such as birthdays, religious occasions, or holidays!

Host a Gift Card Drive Within your Community
Families can benefit from gift cards that will help them when they need it most.
  - Amazon, Target, or Walmart
  - Groceries, Panera, or Gas
  - Bank cards (Visa/Mastercard)

Make homemade Drawings or Cards
Consider asking for donations in lieu of gifts for special occasions such as birthdays, religious occasions, or holidays!

Share your donation on Social Media!
  - @rmhghv
  - @rmh_hudson_valley
  - @RMHoftheGHV

All items can be shipped to: RMHGHV
80 Woods Road | P.O. Box 299
Valhalla, NY 10595

Drop off hours: 3:00 p.m. - 4:00 p.m. daily
Please call ahead to schedule: 914.493.6455

REady To DELIVER your GENEROUS GIFTS?