A Somers High School Counseling Resource:

Specialized College Support Programs for Students with Learning Differences

Dear Students, Parents and Guardians,

This document is intended to serve as a guide for Somers High School students and parents who are beginning the search for college programs that offer specialized supports for students with unique learning needs. This is not a comprehensive list, but a selection of prominent support programs at over 60 college campuses.

This list is comprised of programs that offer different levels academic, social, employment and independent living services. The range of student needs supported and services offered can vary greatly, as can the costs associated. In addition to the learning needs targeted and costs, the information provided includes college location, total student population, and application procedures.

We will continue to build and update this list as programs are added or changed. Recommendations to this list are welcomed. SHS offers special thanks to Stephen Carroll, counseling intern, who was instrumental in assembling this resource.

Sincerely,

The SHS Counseling Team

Name of School State & Size	Name of Program Program Size	*Supports Offered	Type of Student	Cost ('19-'20) Program Fee	How to Apply
Adelphi University Garden City, New York 5,300 Students	Learning Resource Program	Academic & Social Supports	Learning Disabilities & ADHD	$9,460 per year	Apply to Program *upon acceptance to College*
Adelphi University Garden City, New York 5,300 Students	Bridges to Adelphi	Vocational Support Services & Social Support Services	Autism Spectrum Disorder	$6,560 per year	Apply to Program *upon acceptance to College*
American University Washington DC 7,500 Students	Learning Services Program (Freshman Program)	Academic Supports	Psychological Disorders, Learning Disabilities & ADHD	$4,700 (Just 1st Year)	Apply to Program *upon acceptance to College*
Appalachian State University Boone, North Carolina 16,000 Students	As-U-R Program	Academic Supports	Learning Disabilities & ADHD	No Program Fee	Apply to Program *upon acceptance to College*
Arkansas University Fayetteville, Arkansas 22,000 Students	Autism Support Program	Academic, Independent Living & Social Services	Autism Spectrum Disorder	$10,000 per year	Apply to Program *upon acceptance to College*
Auburn University Auburn, Alabama 22,000 Students	Supporting Knowledge, Independence and Life-Long Learning (SKILL)	Academic, Social & Emotional Supports	Learning Disabilities & ADHD	$2,400 per year	Apply to Program *Simultaneously apply to College*
Austin Peay State University Clarksville, Tennessee 9,000 Students	FSL Program	Independence, Academics & Social Services	Autism Spectrum Disorder	$5,000 per year	Apply to Program *upon acceptance to College*
Beacon College *for students with learning disabilities & ADHD* Leesburg, Florida 300 Students	Empowering Students with Learning Disabilities and ADHD	Academic & Social Supports	Learning Disabilities & ADHD	No Program Fee	Apply to the School
Bellevue College Bellevue, Washington 15,000 Students	Autism Spectrum Navigators	Academic & Social Supports	Autism Spectrum Disorder	No Program Fee	Fill out Autism Spectrum Navigators form
Castleton University Castleton, Vermont 2,000 Students	College Steps Program	Academic, Social & Vocational Training Services	Autism Spectrum Disorder	$11,500-$20,400 per year; depending on service	Apply to Program *upon acceptance to College*

Centenary University Hackettstown, New Jersey 1,600 Students	Academic Bridges to Learning Effectiveness (Project ABLE)	Academic, Social, Independent & Self-Advocacy Supports	Learning Disabilities, Psychological & Neurological Disabilities	$2,760 per year	Apply to Program *upon acceptance to College*
College of Charleston Charleston, South Carolina 11,000 Students	REACH Program (Certificate Program)	Academic, Social, Independent Living & Career Development Supports	Learning Disabilities	$3,300 per year	Apply to Program Directly
Concordia College Bronxville, New York 1,000 Students	Concordia Connection Program	Academic Supports	Learning Disabilities	$6,000 per year	Apply to Program *upon acceptance to College*
Curry College Milton, Massachusetts 3,000 Students	Program for Advancement of Learning (PAL)	Academic Supports	Learning Disabilities, Executive Functioning Disorders & ADHD	$10,800 per year	Apply to Program *upon acceptance to College*
Dean College Franklin, Massachusetts 1,500 Students	Arch Learning Community	Academic Supports	Learning Disabilities, ADHD, Asperger's, Dyslexia, Sensory Processing & Executive Functioning Disorder	$7,200 per year	Apply to Program *upon acceptance to College*
Defiance College Defiance, Ohio 1,000 Students	ASD Affinity Program	Academic, Social, Personal & Residential Support	Autism Spectrum Disorder	$12,000 per year	Apply to Program *upon acceptance to College*
Drexel University Philadelphia, Pennsylvania 16,500 Students	Autism Support Program	Academic, Social Competency, Self-Advocacy, Interpersonal Skills, Independent Living & Social Integration	Autism Spectrum Disorder	No Program Fee	Apply to Program *upon acceptance to College*
East Carolina University Greenville, North Carolina 22,000 Students	Supporting Transition and Education through Planning and Partnerships (STEPP)	Academic, Social & Life Skills Supports	Learning Disabilities	No Program Fee	Apply Directly to Program
Eastern Illinois University Charleston, Illinois 7,000 Students	STEP Program	Academic, Social & Daily-Living Skills	Autism Spectrum Disorder	$6,000 per year	Provide Documentation to Disabilities Services Office
Eastern University Saint Davids, Pennsylvania 2,000 Students	CSP Program	Academic, Social, Daily Life Skills & Cultural Supports	Autism Spectrum Disorder	$8,000 per year	Apply to Program *upon acceptance to College*
Fairleigh Dickinson University Hackensack, New Jersey 3,700 Students	Regional Center for Learning Disabilities	Metacognitive Strategies & Academic Performance Supports	Language Based Learning Disabilities	No Program Fee	Apply to Program *upon acceptance to College*

School	Program	Supports	Disability	Fee	Application
Fairleigh Dickinson University Hackensack, New Jersey 3,700 Students	COMPASS Program	Academic, Social & Ability to Live in Semi-Independent Setting Supports	Autism Spectrum Disorder & Asperger Syndrome	$7,000 per year	Apply to Program *upon acceptance to College*
George Mason University Fairfax, Virginia 22,000 Students	Learning into Future Environments Program (LIFE) (Certificate Program)	Academic, Social, Employment & Residential Living Supports	Learning Disabilities & Intellectual Development Disorder	No Program Fee	Apply to Program Directly
Guilford College Greensboro, North Carolina 1,800 Students	ARC Program	Academic Supports	Learning Disabilities	No Program Fee	ARC Registration Form
Hofstra University Hempstead, New York 7,000 Students	The Program for Academic Learning Skills (PALS)	Academic Supports	Learning Disabilities & ADHD	$14,050 Onetime Fee	Apply to Hofstra and "check" the "PALS" Box
Iona College New Rochelle, New York 3,000 Students	College Assistance Program	Academic Supports	Learning Disabilities	$4,000 per year + $1,253 per credit (First semester only)	Apply to Program *upon acceptance to College*
King's College Wilkes-Barre, Pennsylvania 2,200 Students	First Year Academic Studies Program	Academic Supports	Learning Disabilities	$2,780 (1st Year); $1,060 (2nd Year); No Fee for 3rd and 4th Year	Apply to Program *upon acceptance to College*
Landmark College *for students who learn differently* Putney, Vermont 500 Students	Integrated Approaches for LDs including Dyslexia, ADHD, ASD	Academic & Social Supports	Learning Disabilities, Dyslexia, ADHD & Autism Spectrum Disorder	No Program Fee	Apply to the School
Lesley University Cambridge, Massachusetts 2,000 Students	The Threshold Program	Academic & Social Supports	Learning Disabilities	$61,480 (Includes Program Fee)	Apply to Program Directly
Lesley University Cambridge, Massachusetts 2,000 Students	Bridge Year (Post-Graduate)	Academic & Social-continue to live on campus and work in internships. Typically, students enroll in Bridge Year if they need additional support before entering transition year	Learning Disabilities	$51,860 (Includes Program Fee)	Apply to Program Directly
Lesley University Cambridge, Massachusetts 2,000 Students	Transition Year (Post-Graduate)	Academic & Social-10-month program where students live off campus in an apartment and work toward getting paid employment	Learning Disabilities	$54,890 (Includes Program Fee)	Apply to Program Directly

College	Program	Supports	Disabilities Served	Cost	Application
Limestone College Gaffney, South Carolina 3,000 Students	Program for Alternative Learning Styles (PALS)	Academic Supports	Learning Disabilities & ADHD	$5,000 per year	Apply to Program *upon acceptance to College*
Long Island University Brookville, New York 16,000 Students	Academic Resource Program (ARP)	Academic, Social, Problem-Solving & Strategic Skills Supports	Learning Disabilities & ADHD	$4,000 per year	Apply to Program *upon acceptance to College*
Loras College Dubuque, Iowa 1,600 Students	Enhanced Program	Academic Supports	Learning Disabilities & ADHD	$5,382 per year	Apply to Program *Simultaneously apply to College*
Loras College Dubuque, Iowa 1,600 Students	Autism Specific Program (ARCH)	Academic, Social & Emotional Supports	Autism Spectrum Disorder	$5,644 per year	Apply to Program *Simultaneously apply to College*
Lynn University Boca Raton, Florida 2,000 Students	Institute for Achievement and Learning (IAL)	Academic, Assistive Technology & Learning Strategies Supports	Learning Disabilities	$11,750 per year	Apply to Program *upon acceptance to College*
Manhattanville College Purchase, New York 2,000 Students	Valiant Learning Support Program (VLSP)	Academic & Social Supports	Learning Disabilities	$3,600 per year	Apply to Program *upon acceptance to College*
Manhattanville College Purchase, New York 2,000 Students	The Pathways and Connections Program (PAC)	Executive Functioning, Social & Transitional Skills Supports	Autism Spectrum Disorder	$3,600 per year	Apply to Program *upon acceptance to College*
Marist College Poughkeepsie, New York 5,200 Students	Learning Disabilities Support Program	Academic & Social Supports	Learning Disabilities, ADHD, Psychiatric Disabilities & Speech Disorders	$5,000 per year	Apply to Program *upon acceptance to College*
Marshall University Huntington, West Virginia 9,000 Students	West Virginia Autism Training Center (WV ATC)	Academic & Social Supports	Autism Spectrum Disorder	$9,000 per year	Apply to Program *upon acceptance to College*
Marymount Manhattan College New York, New York 2,000 Students	Academic Access Program	Academic Supports	Learning Disabilities, Dyslexia & ADHD	$6,000 per year	Apply to Program *upon acceptance to College*
McDaniel College Westminster, Maryland 1,600 Students	Providing Academic Support for Success (PASS)	Academic- Learn with fellow students through group academic support sessions (3 evenings a week)	Learning Disabilities, ADHD, Autism Spectrum Disorder & Psychological Disabilities	$1,300 per year	Apply to Program *upon acceptance to College*
McDaniel College Westminster, Maryland 1,600 Students	Mentorship Advantage Program (MAP)	Academic & Social- interactive workshops used to enhance students' skills in areas such as socialization, organization, assistive technology, time management.	Learning Disabilities, ADHD, Autism Spectrum Disorder & Psychological Disabilities	$1,300 per year	Apply to Program *upon acceptance to College*

McDaniel College Westminster, Maryland 1,600 Students	Academic Skills Program (ASP) *Includes MAP & PASS	Academic- weekly one-on-one sessions with academic counselor to provide help in academics & organization	Learning Disabilities, ADHD, Autism Spectrum Disorder & Psychological Disabilities	$5,600 per year	Apply to Program *upon acceptance to College*
Mercyhurst University Erie, Pennsylvania 2,500 Students	AIM Program	Social Skills, Independent Skill Development & Academic Supports	Autism Spectrum Disorder	Enrollment Fee of $1,500; $6,500 (1st year); $5,350 (Each year after)	Apply to Program *upon acceptance to College*
Michigan State University East Lansing, Michigan 40,000 Students	Resource Center for Persons with Disabilities (RCPD)	Academic, Social, Career & Employment Supports	Autism Spectrum Disorder, Deaf, Learning Disabilities, ADHD, Mobility Disabilities & Psychiatric Disabilities	No Program Fee	Apply to Program *upon acceptance to College*
Michigan State University East Lansing, Michigan 40,000 Students	Stern Tutoring and Alternative Techniques for Education (STATE)	Academic & Social Supports	Learning Disabilities & ADHD	No Program Fee	Apply to Program *upon acceptance to College*
Misericordia University Dallas, Pennsylvania 2,500 Students	Alternative Learners Project (ALP)	Academic Supports	Learning Disabilities	$4,200 per year	Apply to Program *upon acceptance to College*
Mitchell College New London, Connecticut 800 Students	The Bentsen Learning Center	Academic & Self-Advocacy Supports	Learning Disabilities & ADHD	$2,500- $7,600 per year; depending on service	Apply to Program *upon acceptance to College*
Mount St. Joseph University Cincinnati, Ohio 1,500 Students	Project EXCEL	Academic Supports	Learning Disabilities & ADHD	$3,600 per year	Apply to Program *upon acceptance to College*
Muskingum University New Concord, Ohio 1,500 Students	PLUS Program	Academic & Success Oriented Supports	Learning Disabilities	$2,900- $8,800 per year; depending on service	Apply to Program *upon acceptance to College*
New York Institute of Technology Glen Head, New York 4,000 Students	Vocational Independence Program (VIP) (Certificate Program)	Academic, Social, Independent Living & Career Supports	Learning Disabilities & Autism Spectrum Disorder	$67,290 (includes Program Fee)	Apply to Program Directly
Nicholls State University Thibodaux, Louisiana 5,300 Students	Louisiana Center for Dyslexia	Academic, Support System, Assigned Coordinator & Special Technology Assistance	Dyslexia	$1,050 per year	Apply to Program *upon acceptance to College*
Northeastern University Boston, Massachusetts 14,000 Students	Learning Disabilities Program	Academic Supports	Learning Disabilities & ADHD	$5,800 per year	Apply to Program *upon acceptance to College*

Nova Southeastern University Fort Lauderdale, Florida 5,000 Students	Access Plus Support Program	Academic, Independent Living & Social Supports	Autism Spectrum Disorder	$17,640 per year	Apply to Program *upon acceptance to College*
Pace University New York, New York 9,000 Students	OASIS Program	Academic & Social Supports	Autism Spectrum Disorder	$6,700 per year	Apply to Program *upon acceptance to College*
Rochester Institute of Technology Rochester, New York 13,000 Students	Spectrum Support Program	Academic, Social, Self-Care, Self-Advocacy, Executive Functioning & Career Preparation Supports	Autism Spectrum Disorder	$3,000- $4,000 per year depending on service	Apply to Program *upon acceptance to College*
Rutgers University New Brunswick, New Jersey 35,000 Students	College Support Program for Students on the Autism Spectrum (CSP)	Academic, Social, Executive Functioning, Self-Care, Self-Advocacy & Career Preparation Supports	Autism Spectrum Disorder	$7,000 per year	Apply to Program *upon acceptance to College*
Southern Illinois University Carbondale, Illinois 13,000 Students	Achieve Program	Academic Supports	ADD, ADHD, Dyslexia, Asperger's Syndrome & Processing Disorders	$4,000- $6,400 per year; depending on service	Apply to Program *upon acceptance to College*
Southern Vermont College Bennington, Vermont 500 Students	College Steps Program	Academic, Social & Vocational Training Services	Autism Spectrum Disorder	$11,500- $20,400 per year, depending on service	Apply to Program *upon acceptance to College*
St. Joseph's University Philadelphia, Pennsylvania 5,300 Students	ASPIRE Program	Academic, Social, Life Skills & Supported Employment	Autism Spectrum Disorder	$6,000 per year (1st & 2nd year); $5,000 per year (3rd & 4th year)	Apply to Program *upon acceptance to College*
St. Thomas Aquinas College Sparkill, New York 1,200 Students	Pathways Program	Academic Supports	Learning Disabilities & ADHD	$3,900 per year	Apply to Program *upon acceptance to College*
University of Alabama Tuscaloosa, Alabama 31,000 Students	ASD College Transition and Support Program (UA-ACTS)	Academic, Social, Self-Advocacy & Daily Living Supports	Autism Spectrum Disorder	$7,200 per year	Apply to Program *upon acceptance to College*
University of Arizona Tucson, Arizona 35,000 Students	Strategic Alternative Learning Techniques (SALT)	Academic Supports	Learning Disabilities	$5,600 per year	Apply to Program *upon acceptance to College*
University of Connecticut Storrs, Connecticut 20,000 Students	Beyond Access (BA)	Academic & Social Supports	Learning Disabilities & ADHD	$3,600- $7,200 per year depending on service	Apply to Program *upon acceptance to College*

University of Denver Denver, Colorado 6,000 Students	Learning Effectiveness Program (LEP)	Academic, Social & Executive Functioning	Learning Disabilities, ADHD & Autism Spectrum Disorder	$2,700 per year	Apply to Program *upon acceptance to College*
Ursuline College Pepper Pike, Ohio 800 Students	FOCUS Program	Academic Supports	Learning Disabilities	$800- $4,000 per year; depending on service	Apply to Program *upon acceptance to College*
Western Kentucky University Bowling Green, Kentucky 15,000 Students	KAP Circle of Support	Academic, Social & Independent Supports	Autism Spectrum Disorder	$5,000 per year	Apply to Program *upon acceptance to College*
Westminster College New Wilmington, Pennsylvania 1,200 Students	Learning Differences Program (LDP)	Academic Supports	Learning Disabilities	$5,000 per year	Apply to Program *upon acceptance to College*
Wright State University Dayton, Ohio 12,000 Students	RASE Program	Academic, Self-Advocacy, Social, Resiliency & Technology Supports	Autism Spectrum Disorder	$1,500 (1st Year); $600 per year after 1st	Apply to Program *upon acceptance to College*
Xavier University Cincinnati, Ohio 5,000 Students	Disability Services	Academic Supports	Learning Disabilities	No Program Fee	Apply to Program *upon acceptance to College*
Xavier University Cincinnati, Ohio 5,000 Students	X-Path Program	Academic, Social & Self-Advocacy Supports	Autism Spectrum Disorder	$3,000 per year	Apply to Program *upon acceptance to College*

*Typical Academic Supports

- Academic Advising
    - Scheduled sessions (weekly/monthly)
    - Oversee entire academic program
        - Support with dropping and adding a class
        - Support with course selection and registration
    - Help students understand their strengths and weaknesses
    - Will help set short-term and long-term goals
    - Academic Advisors can serve as the primary contact person for parents or sponsors who have questions about the program
- Academic Growth
    - Determine student's goals
    - Studying & test-taking strategies
    - Reading Support
    - Writing Support
    - Executive Functioning
        - Planning
        - Time Management
        - Organization
- Academic Accommodations
    - Textbooks in alternate formats
    - Notetakers
    - Readers
    - Scribes
    - Testing accommodations
    - Use of adaptive equipment

*Typical Social Supports

- Transition into learning a new environment, making new friends and find their own community
- Structured living and learning environment that combines academics with social environments tailored to involving each student
- Early Orientation (Offered by some)
    - Move into campus earlier than other students to get acclimated with the campus and everyday life at the college without the rest of the student body being there
- Group Development
    - Group activities that engage students in the early orientation that help the student feel safe and welcome on campus

- Social Activities
    - Variety of different events to attract all ranges of students that promote friendship, relationship building and a safe environment to learn about oneself and others.
- Independent Living
    - Knowledge of campus environment
    - Knowledge of off-campus environment
    - Modes of transportation training
- Career Development
    - Make time for career development and training
    - Career Coaches
    - Identifying Strengths

**Not available in all colleges/universities but these are the most typical supports seen through programs