











## ACROSS THE SCHOOL - PASTORAL CARE

Staff Photo	Department	Name	Title	Staff Bio
<b>EDUCATIONAL PSYCHOLOGY</b>				
	Educational Psychology	Clare Lancaster	Educational Psychologist / Whole School Designated Safeguarding Lead	Clare joined TIS in August 2016, having moved from an Educational Psychologist post in Glasgow, Scotland. Clare has a BA (with first class honours) in Psychology from the University of Strathclyde, an MSc in Educational Psychology, and is recognised as a Chartered Psychologist by the British Psychological Society. She is registered with the British Psychological Society and with the Health and Care Professions Council, the regulatory body for Practitioner Psychologists in the U.K. Clare is a registered ASIST (Applied Suicide Intervention Skills Training) Master Trainer, safeTALK (Suicide Alertness For Everyone) Trainer, Video Interaction Guidance Practitioner, and Seasons for Growth (loss and bereavement group programme) Companion. She has a keen interest in Wellbeing, and approaches that support this, including Attachment, Nurture, Resilience and Growth Mindset. Clare is experienced in Cognitive Behavioural Therapy and can offer therapeutic intervention to a small number of students. Clare offers a range of parent workshops including Sleep, Growth Mindset, and Study Skills through the Parentwise programme. Outside of school, Clare enjoys wakeboarding, diving, and travelling.
<b>SCHOOL SOCIAL WORK</b>				
	School Social Work	Wendy Ang	School Social Worker	Wendy joined Tanglin in April 2022 after working with youths, adults, and their families as a Counsellor and Social Worker in various Social Service Agencies in Singapore since 2017. Wendy holds a Bachelor of Liberal Arts in Mass Communications from Oklahoma City University, a Singapore Association of Counselling accredited Postgraduate Diploma in Counselling Psychology from the College of Allied Educators and a Graduate Diploma in Social Work from the Singapore University of Social Sciences. Wendy is a Registered Social Worker with the Singapore Social Work Accreditation and Advisory Board (SWAAB) and has further trained in Cognitive Behavioural Therapy, Applied Suicide Intervention Skills Training (ASIST), Change Theory and Reality Therapy. Prior to her career switch, Wendy had worked in Healthcare, Travel, Financial Services and Education but find greatest fulfilment as a helping professional. As a new mother, she is particularly interested in growing in her parenting journey. Wendy was born and raised in tiny Singapore but is thankful to have visited many cities all over the world to experience and learn about different cultures and societies.
<b>PASTORAL / SAFEGUARDING SUPPORT</b>				
	Pastoral & Safeguarding Admin Support	Jaclyn Goh	Pastoral Administrative Executive	






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<b>COUNSELLING</b>				
	Counselling	Claire Holmes	Head of School Counselling	Claire joined the TTS Counselling Team in August 2009, having worked previously as a Counsellor, Deputy Head of the Senior School (Pastoral) and a PE teacher at Chatsworth International School. Claire holds a degree in Education from The University of Warwick, UK and a Masters in Guidance and Counselling from James Cook University, Singapore. She also has a Graduate Diploma in Solution Focused Therapy and she is a qualified Parent Coach. Claire is a registered Mindfulness Stress Based Reduction teacher and runs the course for both parents and staff at Tanglin. She is trained to deliver the UK-based Mindfulness in School's programmes, Dot b and has also completed the Mindful Educators Essentials course with Mindful Schools. Claire is trained in Suicide Intervention having completed both the ASIST and SafeTALK courses. She is also a Virtues Project Facilitator and enjoys delivering parenting workshops. In addition to this, Claire has a Certificate in Sand play Therapy and Symbol Work and a certificate in Expressive Therapies both from the Expressive Therapies Institute of Australia. Through her strength-based approach Claire helps students to call on their innate strengths, believing that the resources and wisdom for change comes from within. She weaves both mindfulness and expressive work into her interventions alongside her Solution Focused modality. Claire is married with two children and loves to walk and run to keep healthy, she also practices yoga and meditation. She was born in England but has lived in Singapore since 1998. Claire is a Registered SAC Counsellor and member of the BACP.
	Counselling	Kevin Dunk	School Counsellor	Kevin is excited to be returning to Tanglin after 2 years away working at another international school here in Singapore, in what will be his ninth year living and working in Singapore. Kevin began his higher education journey by completing a BA (Hons) Degree in Film Studies at Sheffield Hallam University before going on to work for the British Film Institute in London. Having always had an interest in teaching, education and culture, Kevin then jumped at the opportunity to complete a TEFL Certificate in Thailand followed by a position teaching English in South Korea. Having decided that a career in education was for him, Kevin then returned to the UK and completed his PGCE and taught Film and Media Studies in London schools for a number of years, also completing his first Masters Degree in Visual Anthropology at Goldsmiths College during this time. Now with the international bug, Kevin joined Tanglin initially as a Film and Media specialist in 2014 and would continue to teach here until 2020. During his first spell at Tanglin, Kevin also worked as an Assistant Head of Year and an Acting Head of Year and undertook his internship with the Counselling Department while completing his Masters of Counselling Degree at Monash University. Kevin is delighted to be returning to his family, both figuratively and literally as his wife Tiem is a teacher in the Infant School and children Jake and Imogen are in Junior and Infant Schools.
	Counselling	Natasha (Tash) McCarroll	Lifeskills Specialist School Counsellor	Tash completed her Bachelor and Masters degrees at the University of Otago in New Zealand, in Physical Education. Tash started at Tanglin Trust School in August 2018 and has taught in International schools in Hong Kong, India and Ethiopia. Throughout her teaching career Tash has taught physical education, health, global issues and been a CAS and service coordinator. Tash has a daughter in the infant school who she enjoys travelling and exploring with.
	Counselling	Pippa Gresham	School Counsellor	Pippa joined the TTS Counselling Team in August 2014 whilst completing her practicum hours for her Masters in Counselling degree. On completion in February 2015, Pippa graduated with high distinction from Monash University, Singapore. She also holds a degree in English Literature from Durham University and a PGCE in English from Roehampton University, Surrey. She has participated in a Mindfulness Based Stress Reduction (MBSR) and holds a Certificate in Sandplay Therapy and Symbol Work and a Certificate in Expressive Therapy from the Expressive Therapies Institute of Australia. She also been ASIST trained and is a Trainer for the SafeTalk Programme, which are both suicide intervention qualifications. She is an advocate of wellbeing and welfare in schools and keenly believes in equipping young people with an armory of coping strategies to build resilience and connectivity within the community, which in turn, can lead to healthy and positive relationships for life. Pippa has worked at Tanglin since May 2007, as an English and Film Studies teacher as well as a Lifeskills teacher and was also a Head of Year from 2008 to 2013. She and her husband have three young children and she enjoys running... alone! As a child-expat herself, she has always enjoyed travelling and is proud to call Singapore home since 2006.

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	Counselling	Seunghee Chung	School Counsellor	Seunghee has a Master's Degree in Counselling and a Postgraduate certificate in Integrated Practice in Childhood and Youth. She has been working as a counsellor in other international schools in Singapore with various age groups from Infant School to Senior School. Prior to working as a counsellor, Seunghee worked in the strategy group of a large multinational and she holds Bachelor of Business Administration. Working with children and young people is her passion as well as a personal interest as a parent of three young Third Culture Kids, who are also the proud students of Tanglin Infant School. This encouraged her career switch and she is keen to support children and adolescent, helping them see their strengths and build confidence and resilience. Originally from South Korea, Seunghee has lived in Singapore for over 10 years and outside of school, she enjoys yoga and strength exercise.
<b>NURSING TEAM</b>				
	Health Centre	Laura Rentoul	Lead School Nurse	Laura obtained a BSc (Hons) in Nursing from Oxford Brookes University. Following that she embarked on a career in children's cancer care. After completing her PGdip in Teenage Cancer Care she worked for many years as a Teenage Cancer Nurse Specialist in the UK. In this role her passion for supporting children and young people both physically as well as supporting their mental and emotion needs became apparent. In 2019 she transferred to school nursing taking on roles in the boarding school setting in Scotland. She is now in the final stages of completing her MEd in Pastoral Care, Pupil Support and Guidance through the University of Aberdeen. Laura started as Lead Nurse at Tanglin in 2022 after relocating to Singapore with her family in 2021. As a child she grew up in Singapore and is Tanglin Alumni herself. She and her husband have 3 children who enjoy travelling and being outdoors. Laura enjoys playing tennis, running, and playing hockey when she can.
	Health Centre	Ho Lai Wah	Assistant Lead School Nurse	Lai Wah graduated from Nursing School and gained her RN certification in 1991. She undergoes further training in Paediatric Intensive Care, before joining the team of nurses in the Paediatric Intensive Care Unit. She has also worked as a school nurse in an international school in Singapore prior to joining Tanglin in 2021. Lai Wah enjoys sewing and baking during her free time. As for self-care, she enjoys watching light Korean and Chinese dramas for mental relaxation.
	Health Centre	Lesley Cowdy	School Nurse	Lesley achieved her Registered General Nurse (RGN) qualification from the Royal Berkshire Hospital in the UK. She worked in several hospitals, specialising in Accident and Emergency, High Dependency and Trauma Nursing before studying for and achieving a BSc in Trauma and Collaborative care. With the move to Singapore, she started working with children in Tanglin, and has enjoyed working in a school environment for the last 15 years. With 3 grown up children she now has time to pursue her interests in Reiki Healing, Hiking and socialising with friends.
	Health Centre	Susan Mesney	School Nurse	Sue attained her Registered Nursing Diploma from Kingston & Epsom College of Nursing (UK) and followed on to achieve a BS (Nursing) from University of Southern Queensland. She subsequently worked in the Operating Theatre and Wards in the Obstetrics and Gynaecology Department in KKWCH for two years and moved on to pursue Health Education work in the Private sector, followed by Sales and Marketing in the Pharmaceuticals Industry. She took an extended work break to attend to her growing family needs while doing voluntary work for the underprivileged children and communities in the region. She subsequently joined Tanglin Trust School as a school Nurse in 2017 and did the Singapore Nursing Board "Return to Nursing Course" in NUH. In her spare time, Sue loves to sing, karaoke, hike, cycle, travel and explore Nature around Singapore, Malaysia and the region and do the occasional bakes.

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	Health Centre	Lena Norr	School Nurse	Lena achieved a BSc in General Biology from University of California San Diego (UCSD) after which she attended New York University (NYU) for a BSc in Nursing. She has worked in a Women's Health Clinic, a Cardiology high dependency Unit, in Adult and Paediatric Health Clinics, in Travel Clinics and for the last 10 years in school Nursing. She is a PADI Certified Emergency First Aid Instructor trainer. Lena has worked in Sweden, USA, Germany and Hong Kong, she joined Tanglin in 2014. In her spare time, she enjoys spending time with her family, travelling, enjoying an active lifestyle, hiking and exploring nature.
	Health Centre	Carla Richardson	School Nurse	Carla achieved a BSc Registered Nurse (Adult) and BSc in Professional Studies in District Nursing at Northumbria University Newcastle. She then went onto qualifying as a Nurse Practitioner at St Martins University Carlisle and is nurse prescriber. She has been nursing for over 30 years, the last 15 years in Singapore. Carla joined Tangin in 2014. In her spare time, she enjoys cycling, fine dining and going to the cinema or theatre.
	Health Centre	Annabel Sayer	School Nurse	Annabel graduated with a BSc in Complementary medicine and completed her Post Graduate diploma in Adult nursing from King's College London. She began working at King's College Hospital in London in 2012 and widened her specialist nursing skills working with younger children and adolescents in 2017. Annabel enjoys bike riding and travelling with her family.
	Health Centre	Soh Bee Leng	School Nurse	Bee Leng joined Tanglin in Aug 2022 as a School Nurse. She stations in the Junior Health Centre. Bee Leng achieved a Bachelor in Health Sciences (Nursing), University of Sydney; thereafter she pursued a Masters in Nursing (Mental Health) with the University of Singapore. Bee Leng had been a hospital-based nurse with Singapore's public hospitals until 2018. Her roles were mainly in clinical nursing (Mental Health), teaching and administration. Bee Leng enjoys taking trail walks with friends. This led to her love for nature and capturing possible landscapes on her mobile cam. Now, the self-taught photographer is constantly learning and refining her shoots of the nature.
	Health Centre	Sarah Beacham	Health Care Assistant	Sarah Graduated from Derby University in 2001 with a Bachelor of Science (Hons) degree in Advanced Nursing Practice. She has practiced as a Registered Nurse in both England and Australia, predominantly in the Acute Hospital Setting. She has worked in multiple areas including medicine, surgery, emergency admissions and ICU. Her most recent position was as a Wound Care Consultant and a Stomal Therapist. She moved to Singapore August 2022 and has enjoyed spending time with her family and getting to know a new country.