

Adolescent Substance Use

Outpatient Group

February Virtual Group

Duration:

The group meets for six consecutive weeks. Attendance each week is expected.

Start dates are based on number of participants. Please contact Christine Gill for more information.



This group is for adolescents ages 13 to 17 years old currently enrolled in the Jefferson County School District wanting to learn skills to aide in recovery of substance use and mental health related issues.

Each week you will learn and use skills to:

- Increase positive social support
- Develop refusal skills
- Explore values
- Create a relapse prevention plan

Please note, a parent/guardian is required to attend first and last group sessions.

**Talk to clinician Christine Gill regarding a referral
ChristineGI@jcmh.org or 720-462-9224**