



**Calling all Future Patriots!  
We invite you to join us at the**

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# **BECKMAN ATHLETICS OPEN HOUSE**

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**Wednesday, May 8th  
6:00 - 7:30pm  
Main Gym &  
Program Breakout Sessions**

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- ★ **Meet our Coaches!**
- ★ **Get Information regarding the mandatory Athletic Clearance for ALL Beckman Athletes!**
- ★ **Visit Program Booster Club tables for additional information!**
- ★ **Ask Questions!**



# BECKMAN ATHLETICS OPEN HOUSE

Wednesday, May 8th, 2024 / 6:00pm - 7:30pm

## WELCOME!

Hello Patriot Families!

We are looking forward to seeing all of you at our Beckman High School Athletics Open House: **Wednesday, May 8th 2024 from 6:00pm-7:30pm.**

Our goal is for this night to be informative for new athletes AND to assist with completing the Athletic Clearance process.

### BECKMAN HIGH SCHOOL ATHLETICS OPEN HOUSE SCHEDULE

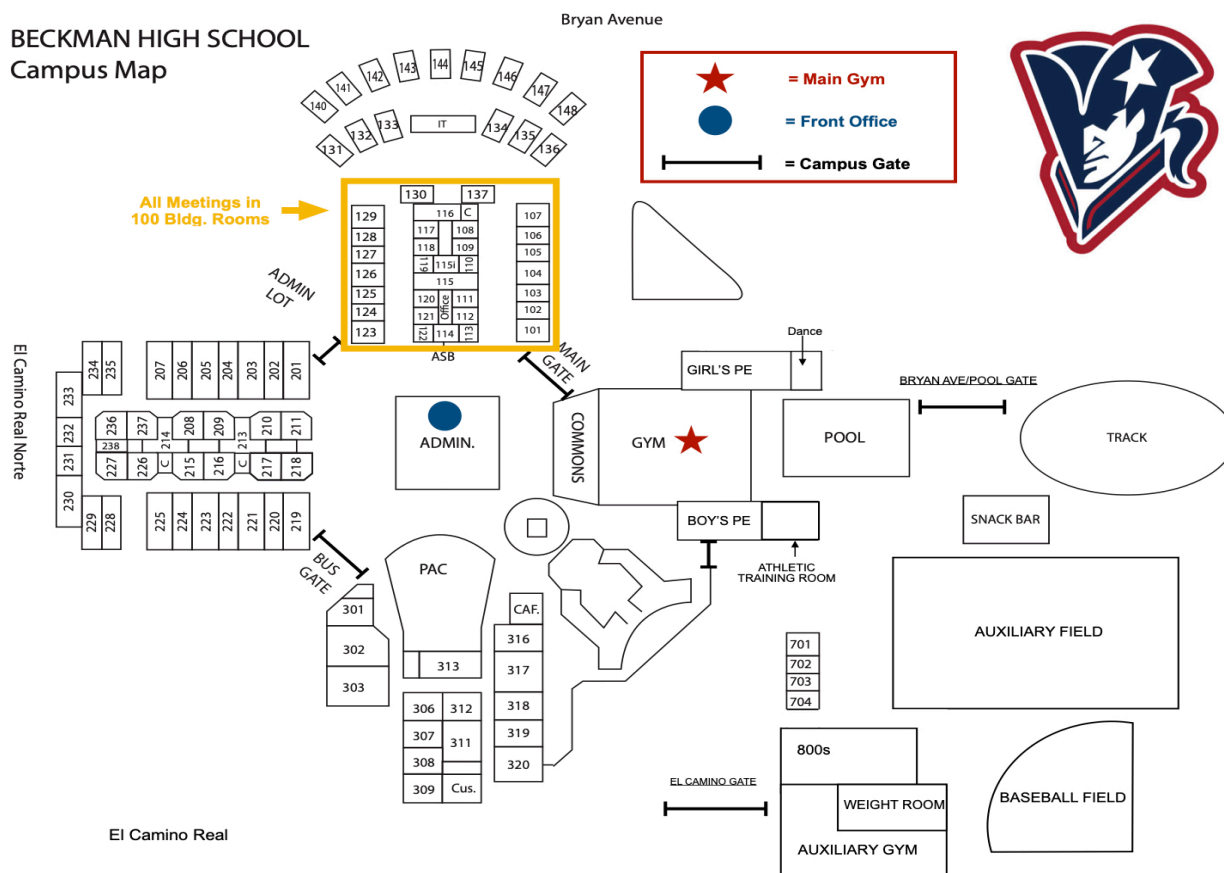
6:00-6:25pm: Welcome & Athletic Clearance Overview in MAIN GYM

6:30-6:45pm: 1st Round of Program Breakout Sessions (See Room assignments below)

6:50-7:05pm: 2nd Round of Program Breakout Sessions (See Room assignments below)

7:10-7:25pm: 3rd Round of Program Breakout Sessions (See Room assignments below)

BECKMAN HIGH SCHOOL  
Campus Map







# BECKMAN ATHLETICS OPEN HOUSE

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## ROOM ASSIGNMENTS FOR PROGRAM BREAKOUT SESSIONS

FALL SPORTS			
SPORT	COACH	EMAIL	ROOM NUMBER
Cross Country-B	Corey Schuld	<a href="mailto:cschuld@orangeusd.org">cschuld@orangeusd.org</a>	102
Cross Country-G	Corey Schuld	<a href="mailto:cschuld@orangeusd.org">cschuld@orangeusd.org</a>	102
Flag Football	Pierre Sanjurjo	<a href="mailto:beckmangirlsflagfootball@gmail.com">beckmangirlsflagfootball@gmail.com</a>	112
Football	Marcello Giuliano	<a href="mailto:mgiuliano@tustin.k12.ca.us">mgiuliano@tustin.k12.ca.us</a>	101
Golf-Girls	Cheyne Blair	<a href="mailto:cblair@tustin.k12.ca.us">cblair@tustin.k12.ca.us</a>	123
Tennis-Girls	Nick Friendt	<a href="mailto:nfriendt@tustin.k12.ca.us">nfriendt@tustin.k12.ca.us</a>	120
Volleyball-Girls	Darin McBain	<a href="mailto:darinmcbain@gmail.com">darinmcbain@gmail.com</a>	113
Water Polo-Boys	Tijmen Egtberts	<a href="mailto:tegtberts@tustin.k12.ca.us">tegtberts@tustin.k12.ca.us</a>	109
WINTER SPORTS			
SPORT	COACH	EMAIL	ROOM NUMBER
Basketball-Boys	Lucas Armstrong	<a href="mailto:lucarmstrong5@gmail.com">lucarmstrong5@gmail.com</a>	103
Basketball-Girls	Jason Edgmond	<a href="mailto:jedgmond@tustin.k12.ca.us">jedgmond@tustin.k12.ca.us</a>	111
Soccer-Boys	Jose Gonzalez	<a href="mailto:jgonzalez10121@gmail.com">jgonzalez10121@gmail.com</a>	105
Soccer-Girls	Kennedy Heywood	<a href="mailto:kennedyhywd@gmail.com">kennedyhywd@gmail.com</a>	110
Water Polo-Girls	Duje Grubisic	<a href="mailto:dujepatriotwp@gmail.com">dujepatriotwp@gmail.com</a>	106
Wrestling-Girls	TBD	<a href="mailto:bhspatriotwrestling@gmail.com">bhspatriotwrestling@gmail.com</a>	104
Wrestling-Boys	TBD	<a href="mailto:bhspatriotwrestling@gmail.com">bhspatriotwrestling@gmail.com</a>	104
SPRING SPORTS			
SPORT	COACH	EMAIL	ROOM NUMBER
Baseball	Kevin Lavalley	<a href="mailto:klavalle@tustin.k12.ca.us">klavalle@tustin.k12.ca.us</a>	124
Golf-Boys	Cheyne Blair	<a href="mailto:cblair@tustin.k12.ca.us">cblair@tustin.k12.ca.us</a>	123
Lacrosse-Boys	Chad Cole	<a href="mailto:chadecole35@gmail.com">chadecole35@gmail.com</a>	122
Lacrosse-Girls	Mandi Willis	<a href="mailto:mandiwillis4@gmail.com">mandiwillis4@gmail.com</a>	125
Softball	Lou Simon	<a href="mailto:lsimonsays31@gmail.com">lsimonsays31@gmail.com</a>	121
Swimming-Boys	TJ Prendergast	<a href="mailto:tprendergast@tustin.k12.ca.us">tprendergast@tustin.k12.ca.us</a>	116
Swimming-Girls	TJ Prendergast	<a href="mailto:tprendergast@tustin.k12.ca.us">tprendergast@tustin.k12.ca.us</a>	116
Tennis-Boys	Nick Friendt	<a href="mailto:nfriendt@tustin.k12.ca.us">nfriendt@tustin.k12.ca.us</a>	120
Track/Field-Boys	Gary Moore	<a href="mailto:gmoore@tustin.k12.ca.us">gmoore@tustin.k12.ca.us</a>	115
Track/Field-Girls	Gary Moore	<a href="mailto:gmooore@tustin.k12.ca.us">gmooore@tustin.k12.ca.us</a>	115
Volleyball-Boys	Darin McBain	<a href="mailto:darinmcbain@gmail.com">darinmcbain@gmail.com</a>	113



# BECKMAN ATHLETICS OPEN HOUSE

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## ATHLETIC CLEARANCE PROCESS

The 2024-25 Athletic Clearance process will OPEN JUNE 1st

**PLEASE SCHEDULE ATHLETIC PHYSICALS FOR JUNE 1st OR LATER.**

All athletes must be cleared EACH school year.

- **New athletes** need to sign-up and create an account at [www.athleticclearance.com](http://www.athleticclearance.com)
- **Returning athletes** must log-in to their existing account at [www.athleticclearance.com](http://www.athleticclearance.com)
  - Returning athletes should NOT create a new account.
  - Log-ins are case sensitive so please type name, email, and password exactly as it was set up for prior athletic clearances).

Once logged in, please start a “2024-2025 Athletic Clearance” for your athlete(s).

Continue through the process - answering questions, and providing online signatures.

One of the last steps in the online Athletic Clearance process is the upload of the Athletic Physical forms.

**The Athletic Physical Forms will be available for download on JUNE 1st, 2024 [HERE](#).**

**(PLEASE NOTE:** These are the ONLY Athletic Physical forms accepted)

### Directions for Athletic Physical Forms (5 Pages Total):

- **Part I - HISTORY FORM (2 pages):** To be filled out, hand-signed, and dated by parent and athlete.
- **Part II - PHYSICAL EXAMINATION FORM (1 Page):** To be filled out, hand-signed, STAMPED, and dated by **Physician** (MD, DO, NP or PA)
- **MEDICAL ELIGIBILITY FORM (1 Page):** To be filled out, hand-signed, STAMPED, and dated by **Physician** (MD, DO, NP or PA)
- **CONFIRMATION MESSAGE (1 Page):** To be filled out, hand-signed, and dated by parent and athlete (Please be sure to list any athletics programs you may participate in, even if you are unsure).



# BECKMAN ATHLETICS OPEN HOUSE

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## FREE ATHLETIC PHYSICALS

Beckman High School is excited to announce we are partnering with Exer Urgent Care to offer **Free Athletic Physicals** for our athletes through their Exer Sports & Schools Program!

### What this means for your student-athlete(s):

- A FREE Athletic Physical (which will not be processed through your insurance company or affect your annual doctor's appointments)
- A FREE Athletic Physical that will not expire until the end of the 2024-25 school year.
- The assurance of knowing your athlete will not require another Athletic Physical for a full school calendar year in order to practice and compete.

**FREE Athletic Physicals may be scheduled NOW. But please make sure you schedule Athletic Physicals for JUNE 1st or later, at the Exer Sports & Schools Page here:**

<https://exerurgentcare.com/exer-sports-schools/>

To take advantage of this opportunity:

### Sign up for an appointment

You must make an appointment in advance. Exer Urgent Care cannot accommodate walk-ins for these complimentary Athletic Physicals. If there are multiple student-athletes in the same family, please make an individual appointment for each athlete.

### Important

- The athlete(s) must bring a copy of the Beckman High School Athletic Physical forms (these are the only accepted forms and must be filled out by hand).
- A parent or guardian must accompany any student athlete to the Athletic Physical exam.
- Families are responsible for uploading the Athletic Physicals to their [www.athleticclearance.com](http://www.athleticclearance.com) account.
- Exer Urgent Care is not responsible for the uploading of Athletic Physical forms to [www.athleticclearance.com](http://www.athleticclearance.com) accounts.
- In consideration of other families, please be prompt for your appointment.
- Athletic Physicals should take approximately 15 minutes, but there may be a wait depending on flow of business and patient arrival times.