



North Arlington Public Schools

Office of the Superintendent

Stephen M. Yurchak, Ed.D.
Superintendent of Schools

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LIKE: A Documentary About the Impact of Social Media on Our Lives

October 18, 2019

Dear Community Members,

Earlier this year, the North Arlington Municipal Alliance and North Arlington Board of Education partnered to identify several key topics that we would like to review and bring further awareness to our student population and community. The three main themes identified include the following: Social Media/Technology Usage, Harassment, Intimidation and Bullying (HIB), and Drug/Alcohol Prevention.

The first topic, Social Media/Technology Usage, has played such a large role in the lives of so many teens and families. Although there are many positive attributes to social media/technology, there can be damaging effects as well. Our goal is to bring attention to some of the actions or decisions that can be overlooked so that these resources can be used in a healthy manner. Our hope is that these efforts will contribute to a further reduction of HIB-related cases and limit hurtful comments being made.

To provide our children and community with information on the first of these three important topics, please see the upcoming presentations below:

Presenters: North Arlington Municipal Alliance and North Arlington Board of Education

Topic: *LIKE: A Documentary About the Impact of Social Media on Our Lives*

Website: <https://www.thelikemovie.com/>

About the Film: *LIKE is an IndieFlix Original documentary that explores the impact of social media on our lives. Technology is a tool. It's here to stay and social platforms are a place to connect, share and care, but what's really happening? Are we addicted? How do we stop? Where do we start? What do we need to know? By understanding the effects of technology and social media on the brain, on our lives and on our civilization, we can learn how to navigate it more safely together.*

Our goal for this film is to inspire people of all ages, especially kids, to self regulate. It's not about blame. It's about looking in the mirror and empowering ourselves to create balance in our lives and to learn to be there for each other.

Date: Monday – October 28, 2019

Students/Staff Only

Location/Time: North Arlington High School (Grades 7, 8 &9) 8:30 a.m. – 9:30 a.m.

Location/Time: North Arlington High School (Grades 10, 11 &12) 9:45 a.m. – 10:40 a.m.

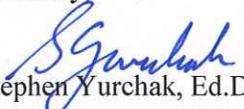
Parents/Community Members/Children 10 years old + are also welcome

Location/Time: North Arlington High School's Gymnasium (6:30 p.m. – 7:30 p.m.)

We ask that all parents and interested members of the community attend this very important presentation on the evening of October 28, 2019 to promote the healthy use of social media/technology.

Thank you for your continued support and we look forward to seeing you.

Sincerely,


Stephen Yurchak, Ed.D.
Superintendent of Schools

Att: (1)

IndieFlix
AN ORIGINAL PRODUCTION



LIKE

A DOCUMENTARY ABOUT THE IMPACT OF SOCIAL MEDIA ON OUR LIVES

EXECUTIVE PRODUCER, PRODUCER, DIRECTOR
SCILLA ANDREEN

PRODUCER, EDITOR, DIRECTOR OF PHOTOGRAPHY
IAN ANDREEN

EXECUTIVE PRODUCER
MEI LING ANDREEN

COMPOSER
DAN GIESCHEN

DATE & TIME

Monday, October 28, 2019
6:30 PM

LOCATION

North Arlington High School Gymnasium
222 Ridge Road
North Arlington, NJ 07031

IndieFlix



INDIEFLIX
FOUNDATION

TheLikeMovie.com