

# Bronxville Union Free School District

## Food and Nutrition News

April 2024

### What's Happening in Your Schools?

Welcome back to the Spring food and nutrition newsletter! We are excited for warm weather around the corner and for Spring produce to come back into season and into our meals. Check out the menus [here](#). Below are a few examples of the delicious food we are serving our students & staff.



Top Right: Breakfast Sandwiches (breakfast options now vary daily). Middle Right: Chicken Fajita Bar. Bottom Right: Grab & Go options that change daily. Top Left: Homemade French Toast Breakfast for Lunch Bar. Bottom Left: Falafel Bar.

## March- Plant Power

Another successful Discovery Kitchen Event led by our Resident Dietitian. March's theme was "Plant Power" as well as National Nutrition Month so our team highlighted ways to incorporate plant-based foods and proteins into meals and snacks. Students were able to taste a **black bean and corn salsa**. Try it at home!

