



ORTHOPAEDIC SURGEON AND BUSINESSMAN

MEET **ALAN W. MARKMAN, MD**, FSHS CLASS OF 1971, FOUNDING PARTNER OF TRIA AND SPECIALIST IN SPORTS MEDICINE.

Alan W. Markman, MD

Alan Markman began garnering the attention of Eastern American schools at an early age. Despite being offered a scholarship to attend grades 9-12 at highly selective Deerfield Academy in Massachusetts, he declined, thinking it best to remain in Faribault near his ailing mother.

While at FHS, Markman experienced many successes in football (1960's All-Decade Team, 1970 MVP), basketball, and track, all while maintaining straight A's. He graduated valedictorian of the class of 1971.

Because of his outstanding academic and athletic abilities, another Eastern school expressed interest in Al. This time, an Ivy League institution—Dartmouth College.

While Al originally entertained thoughts of becoming an architect, he was impressed with the care his mother received at the Mayo Clinic. He credits his mother's illness with his decision to pursue a career in medicine. Sadly, Doris Markman succumbed to Hodgkins Disease during Al's freshman year at Dartmouth.

Continuing to balance academics and athletics, Al served as president of Alpha Chi Alpha as well as the Interfraternity Council. He was elected to the Green Key Society, a student service organization, and received several Dartmouth football awards. Graduating Magna Cum Laude in 1975 with a B.A. in Biology, Al delivered the Class Day graduation address to the Dartmouth College class of 1975.

From Dartmouth, Markman moved on to the University of Michigan for medical school. Instead of playing football, Al's athletic passions turned to Big Ten rugby. His success and love for the sport were instrumental in bringing rugby to Faribault as he helped establish the Faribault Boksprings team.

The next five years were spent learning orthopedic surgery technique at the University of MN hospitals.

Al's fellowship training in sports medicine and surgery was completed at the Orthopaedic & Fracture Clinic in Eugene, OR. Thus ended his 14 years of post-high school education to become an orthopaedic surgeon.

After working at Orthopedic Consultants, then opening the Minneapolis Sports Medicine Center, Dr. Markman became a founding partner of the TRIA Orthopaedic Center in Bloomington, MN. TRIA was formed by creating a partnership between the Orthopaedic Center, Park Nicollet Health Services, and U of MN Dept. of Orthopaedic Surgery. Examples of TRIA's forward-thinking endeavors include Minnesota's first walk-in orthopaedic Urgent Care Clinic, the Sport Concussion Program, and the TRIA/Hilton Recovery Program.

Professional athletes are no strangers to this surgeon. NFL quarterback Rich Gannon found his career revived when Al repaired his rotator cuff and dislocated throwing shoulder. Gannon went on to pass for 4,689 yards and lead the Raiders to the 2003 Super Bowl.

Whether it's climbing to the top of Mt. Kilimanjaro in Tanzania to raise money for the Ronald McDonald House, volunteering countless hours, working with athletes of all ages and abilities, or sharing his expertise with Faribault residents, Al has demonstrated a strong professional work ethic. His extraordinary service in sports medicine has been honored by Gustavus Adolphus College, Bethel University, the Vikings, and other athletic associations.

Reflecting on his decades in medicine, Al remarked, "Throughout my career, it has been both a highlight and a blessing to remain academically involved as a teacher to residents, fellows, and others. Being an educator made me a better clinician."

Dr. Al Markman has excelled in the areas of medicine, sports, and business - and for that, his many patients are incredibly grateful.