

WIND-CHILL FACTORS

- 30 DEGREES IS CHILLY AND GENERALLY UNCOMFORTABLE
- 15 TO 30 DEGREES IS COLD
- 0 TO 15 DEGREES IS VERY COLD
- -20 TO 0 DEGREES IS BITTER COLD WITH A SIGNIFICANT RISK OF FROSTBITE
- -20 TO -60 DEGREES IS EXTREME COLD AND FROSTBITE IS LIKELY
- -60 DEGREES IS FRIGID AND EXPOSED SKIN WILL FREEZE IN 1 MINUTE



SAFETY COMMITTEE

Dave Andrews
Instructional Coach
Representing Administration

Chad Broman
Summit Township
Elementary School Principal
Representing Managerial

Kristen Clouse
Human Resources Director
Representing Administration

Breit Cochran
Intermediate High School
Social Studies Teacher
Representing BEA

Anita English
Special Education Secretary
Representing PSEA/NEA/ESPA

Bob Plocki
Maintenance
Representing SEIU

Les Zang
Supervisor of Custodial
Maintenance
Representing Managerial

Ellen Scott
Recording Secretary

SAFE TRAVELS FOR WINTER DRIVING

- ✓ Check that your car is in good condition before bad weather hits. Ensure that you are well-equipped with a lasting battery, anti-freeze and good tires. Opt for snow tires or chains in the winter months.
- ✓ Keep seasonal emergency equipment in the car along with your regular emergency kit. Items such as sand, rock salt or kitty litter can be used for traction when needed. It is also wise to have an ice scraper, a small shovel and a spare blanket in your car.
- ✓ If possible, always avoid driving during heavy snowfall or ice storms.
- ✓ If you're forced to drive in bad conditions, drive as slowly as possible and be sure to inform family or a friend of your plans so the authorities may be alerted if you become lost or stuck.
- ✓ If you're stuck or your vehicle gets stalled, stay inside until help comes. Do not spin your tires; try rocking your vehicle. Light two flares and place them at a safe distance in front of and behind your car. If possible, unblock the exhaust pipe from snow. Be sure to open a window slightly for ventilation. Turn on the ignition for a few minutes each hour to use the heater; wrap yourself in clothes and blankets.
- ✓ If you skid, remove your foot from the gas or accelerator. If your rear wheels skid, steer in the direction you want to go. If your front wheels skid, shift to neutral and steer only when the car slows, pushing the accelerator gently.

DAYLIGHT SAVINGS TIME BEGINS SUNDAY, MARCH 10, 2024.

ACCIDENT REPORT 2ND QUARTER 2023-2024 SCHOOL YEAR

A TOTAL OF 22 INJURIES WERE REPORTED THROUGH THE 2ND QUARTER OF THE 2023-2024 SCHOOL YEAR WITH 4 OF THE INJURIES RESULTING IN "LOST TIME" FROM WORK.

THE FOLLOWING IS A BREAKDOWN OF THE NUMBER OF INJURIES PER EMPLOYEE CLASS:

- ADMINISTRATION: 1
- ATHLETICS: 1
- CUSTODIAN: 2
- PARAPROFESSIONAL: 2
- SCHOOL POLICE: 1
- TEACHER: 15

INJURED AT WORK?

HERE'S WHAT TO DO!

If you have an accident at work, immediately notify your building principal or supervisor. They will provide the appropriate forms to report your accident.

UPMC continues to be the district's Workers' Compensation provider for the 2023-2024 school year. Initial treatment for your injury, unless an emergency, should be sought at one of the recommended providers:

**MED EXPRESS URGENT CARE
(ANY LOCATION)**

OR

**CONCENTRA MEDICAL CENTER
15 FREEPORT ROAD, SUITE 100
PITTSBURGH, PA 15215**

Please note: FAST ER CARE is not an eligible provider for a Workers' Compensation Injury.