TPRS "Monthly Minute" Odessa High School

Important Dates To Remember>>>>>

EOC TESTING- December 4th-8th

FINAL EXAMS---December 11TH & 19^{TH (See Pg. 4)}

EARLY RELEASE- December 19th

REPORTS CARDS - JANUARY 7TH

December 20-January 3rd- WINTER BREAK!

STUDENTS WILL RETURN ON JANUARY 4[™], 2023







DECEMBER 2023

"YOU ARE ALMOST DONE FOR THIS YEAR!"

Take a look at your grades. If you need a printout of your grades go by your TPRS office. If you feel that you need some help in some of your classes, and you need additional tutoring, please contact your TPRS offices on campus. We will schedule a time for you and the tutor to meet in person or via zoom meetings. There is no charge for tutoring. YES, IT IS FREE!

Also, if you have more than 8 absences in a period, you have lost your credit! Please, visit your corral to get on your attendance contract to make up those hours. We will be calling you in to provide a copy of your contract to RM 213, Ms. Gonzalez.

FREE CHILDCARE and TRANSPORTATION--If you plan to use

TPRS Free Childcare Services or need bussing give us a call. If you need more information about the childcare center call Sylvia Duran at 456-6971.



IN THE NEWS! Odessa TPRS students attended the ECISD Teen Parent Related Services 2nd Annual Health Education Resource Fair on November 14th, hosted at American Legion in Odessa, TX. Community Agencies and Partners of the program united to provide a wealth of information to students and families. All were welcomed with information as to how they provide support to teen parents as they continue with their goal of high school graduation. Students were gifted with

information, a meal, and prizes.

It was a great opportunity for our students to visit with agencies and individuals which provide abundant support "behind



the curtain" services to our students at all campuses. It was a great event for our team.





Remember to have fun baking with the little ones this holiday season! Below is one of our favorite recipes.

SIMPLE CHRISTMAS CUT-OUT COOKIES



Feel free to visit <u>here for the full</u> <u>recipe</u> if you wish to print. You can also visit the <u>WILTON BLOG</u> site to see more fun and inviting recipes for you and your family during this holiday season! ENJOY!

SENIOR SECTION!!-





ACCESSLife is the application designed with ECISD students in mind. Students can learn about college and career from regional career experts. They have access to hundreds of videos and information to help students make decisions about their careers. This application was made possible with the collaboration of our community partners ACCESS4Success, CTE and AVID. You can download the ACCESSLife App from the Google Play Store or the Apple Store. *****ALL.

SENIORS NEED TO FILL OUT FAFSA/TASFA FOR GRADUATION. CONTACT YOUR COUNSELOR, MS. DANGERFIELD, TO SET UP AN APPOINTMENT AND GET THAT DONE! 432-456-5851.

If you feel that you are needing some help in your classes, we have tutoring resources for you.

- <u>Odessa College Tutoring</u>- Available Sunday through Monday and evening hours
- AVID tutoring by appointment.
- <u>AIR Tutors</u>- online tutoring by appointment

There is <u>NO REASON FOR YOU NOT TO BE PASSING YOUR CLASSES</u>. Call our office to discuss. Do not wait until you are failing your semester!

Odessa HS Final Exam Schedule Fall 2023 *Two exams each day include both subjective & objective material. NON-TEST DAYS Monday, Dec. 11th Last day for 6 weeks grades. Tuesday, December 12th and Wednesday, December 13th are Final Exam Review Days Friday , Dec. 15th Thursday, Dec. 14th 8:35–10:35am Period 3 Exam 8:35–10:35am Period 1 Exam 10:40–12:40pm Period 2 Exam 10:40–12:40pm Period 6 Exam 12:40-1:00pm Grab & Go Lunch 12:40-1:00pm Grab & Go Lunch (Teacher Duty/Clear Your Areas) (Teacher Duty/Clear Your Areas) 1:05pm Buses leave 1:05pm Buses leave All students must clear the building All students must clear the building by 1:05pm unless staying for by 1:05pm unless staying for tutorials or makeup exams. tutorials or makeup exams. Monday, Dec. 18th Tuesday, Dec. 19th 8:35–10:35am Period 7 Exam 8:35–10:35am Period 4 Exam 10:40–12:40pm Period 8 Exam 10:40–12:40pm Period 5 Exam 12:40-1:00pm Grab & Go Lunch 12:40-1:00pm Grab & Go Lunch (Teacher Duty/Clear Your Areas) (Teacher Duty/Clear Your Areas) 1:05pm Buses leave 1:05pm Buses leave All students must clear the building All students must clear the building by 1:05pm unless staying for by 1:05pm unless staying for tutorials or makeup exams. tutorials or makeup exams. EXPECTATIONS FOR FINAL EXAMS: Students must stay the entire class period during final exams. Students who remain on campus and do not have a final exam must

- report to the auditorium.
- There are NO early final exams (only taken during scheduled time)
- TEACHER Expectations:
 - On campus during teacher hours 8:15 4:15.
 - Teacher lunch from 1:05 2:05 each day.

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READING ALOUD TO BABIES



Just in time for Christmas! You can win a basket full of books and gifts for you and your baby!

Remember to turn in a picture of you reading to your child to one of your TPRS staff. Your pic will be entered into a the December 2023 drawing for the Early Literacy gift basket. The drawing will be held on Thursday, December 14th, 2023. Through the support of ECISD's Education Foundation and funding from the Donors Choose projects, we have gifted over 2000 new children's books to over 350 parents.





<u>From our TPRS OHS staff,</u>

<u>We wish you and your family a time of rest and</u> peace. We pray that you and your family will be blessed during this holiday. We hope that you will be excited to start the new year 2024 with a boost of energy and ready to finish the year successfully. You are always on our minds and in our hearts.

<u>Merry Christmas Kiddos!</u>

Partner Agency Information:

For information on "PURPLE CRYING" see link <u>HERE.</u>

The Letters in **PURPLE** Stand for



CRYING

Your baby may

cry more each

week, the most

in month 2,

then less in

months 3-5





Crying can come and go and you don't know why RESISTS SOOTHING Your baby may not stop crying

no matter what

you try

PAIN-LIKE FACE

A crying baby may look like they are in pain, even when they are not



LONG LASTING

Crying can last as much as 5 hours a day, or more



Your baby

may cry more in the late afternoon and evening

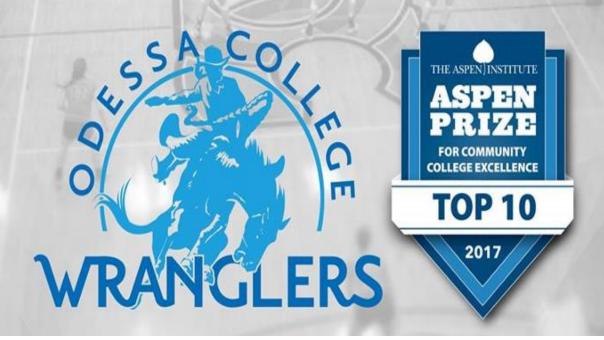




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Get in FREE with your **CISD** ID!

ECISD students, faculty and staff can get into all Odessa College Athletic events free!





Earn Baby Bucks to redeem for new baby items from clothing to car seats and strollers, just by attending classes!



Classes are taught by qualified instructors, with topics such as:

Infant Choking, First Aid

Labor and Delivery

· Car Seat Safety

Breastfeeding/Dad University

and CPR

- Nutrition
- Home Safety
- SIDS and Abusive Head Trauma Prevention
- Raising Emotionally Healthy Children
- Mother and Newborn Baby Care

free pregnancy classes and education

Call for class or appointment* times in your area!

Midland

432.683.6072 2101 W. Wall Street Midland, TX 79701

Odessa

432.617.8378 802 N. Washington Odessa, TX 79761



Andrews

432.523.2859 1412 NE Mustang Drive Andrews, TX 79714

Big Spring

432.606.5041 1801 S. Main Street Big Spring, TX 79720

*Parenting education is available by appointment; call for details.



Resources

Crisis Phone Numbers:

911 for Immediate Crisis

Permian Basin Community Center Crisis Line

- 24/7 Crisis Intervention/Suicide Prevention
- 1-844-420-3964

The Crisis Center

- 24/7 Crisis Intervention/Suicide Prevention
- 1-866-627-4747

Crisis Text Line

- If you are in crisis, reach out for help. Text HOME to 741741.
- 24/7 Crisis Intervention/Suicide Prevention
- <u>Crisis Text Line Website</u>

National Suicide Prevention Lifeline

- 1-800-273-8255
- suicidepreventionlifeline.org

Baby Steps Tours

One of the most important things to do before your delivery date is to take a Baby Steps Tour at the MCH Center for Women & Infants. Baby Steps Tours give you a chance to become familiar with our amenities and services, ask important questions and get to know our staff before your baby's arrival.

The tours take place on the dates and times listed below, no appointment needed, just meet us in the lobby on the 1st floor of the CWI and the tour will begin promptly, at the times scheduled.

Saturday, March 25, 2023 at 10 AM Tuesday, April 11, 2023 at 7 PM Saturday, April 22, 2023 at 10 AM Saturday, May 6, 2023 at 10 AM Tuesday, May 9, 2023 at 7 PM Saturday, June 3, 2023 at 10 AM Tuesday, June 13, 2023 at 7 PM Saturday, July 1, 2023 at 10 AM Tuesday, July 11, 2023 at 7 PM Tuesday, August 8, 2023 at 7 PM Saturday, August 26, 2023 at 10 AM Tuesday, September 12, 2023 at 7 PM Saturday, September 23, 2023 at 10 AM Tuesday, October 10, 2023 at 7 PM Saturday, October 21, 2023 at 10 AM Saturday, November 4, 2023 at 10 AM Tuesday, November 14, 2023 at 7 PM Saturday, December 2, 2023 at 10 AM Tuesday, December 12, 2023 at 7 PM



TPRS FAMILY MEETINGS 2023-2024

All of our meetings will involve discussion topics and activities. We want to provide an interactive opportunity for you and your child to learn about parenting and allow an opportunity for questions that you or your child may have about this journey. Our speakers will engage our attendants in discussions, games, activities that will help our teen parents and families understand important facets of being a parent.

All meetings will provide refreshments and snacks.

Topics will include:

Pregnancy Basics

Nutrition

Birthing

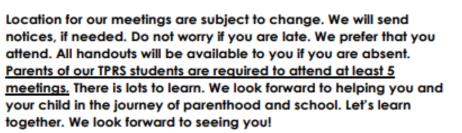
SIDS and Newborn Handling

Bonding and Infant Play

Post-Partum Depression

....and so much more!

Meeting Time 5:30-6:30PM Odessa College, Gregory D. Williams Hall



August 31, 2023 September 28th, 2023 October 26th, 2023 November/December- No Meeting. January 25th, 2024 February 29th, 2024 March 21st, 2024 April/May-No Meeting.



Door Prizes will be given.

<u>Teen Parent Related</u> <u>Services Include:</u>



Odessa High School Home of the Bronchos

- * Counseling Services
- *Tutoring, Academic/Attendance Review
- *Health Services
- * Truancy Intervention
- * Free Child Care Services and Bussing to/from school
- *Homebound Education and Services
- *Dropout Recovery
- *Credit Recovery/Acceleration through online education

TEEN PARENT RELATED SERVICES (TPRS) STAFF:

- Odessa High School: 456-0029
- Connie Flores, Case Worker: 456-5271
- Marisela Gonzalez, Specialist: 456-5854
- Erica Dangerfield, TPRS Counselor: 456-5851
- Marisa Molina, OHS Nurse, 456-5253



Rose Valderaz, Coordinator: 456-8552

Kimberly Bryer, TPRS Homebound Teacher: 456-1006

Hortencia Del Bosque, TPRS Homebound Teacher: 456-8524